A Plan for a Fairer, Healthier Future 2025

HEALTH SERVICE EXECUTIVE

The plan for 2025

Public Health – Health Improvement in the Health Service Executive (HSE) has a new plan for working to make health better for everyone in Ireland. This plan focuses on fairness and making sure no one is left out. It's about helping people live healthier, happier lives, especially those who need the most support.

What the Plan Aims to Do

1. Leaving no one behind: This means making sure everyone has the same chance to live a healthy life, no matter their background, where they live, or what challenges they face.

2. Reaching the furthest behind first: Some people face bigger health problems or more barriers to care. The plan focuses on helping those who are most in need first.

3. Working together: The HSE will join forces with communities, schools, workplaces, and other groups to create better health for all. Everyone has a role to play in making this plan a success.

Key Actions in the Plan

- Fairer health outcomes: Address health gaps by focusing on problems in housing, education, and other issues that make it harder for some people to be healthy.

- Supporting healthier lives: Create environments that make it easier for everyone to eat well, be active, and prevent harm from tobacco, alcohol and drugs.

- Mental health support: Work to reduce suicide and improve mental health resources and community supports.

- Big picture issues: Work on problems like climate change and economic differences is important for protecting the health and well-being of future generations.

Why This Matters

Good health is a right for everyone, but not everyone has the same chance to achieve it. This plan aims to change that by focusing on fairness, prevention, and working together.

Commitment to Inclusion

The HSE believes that decisions about health should always include the people affected, and they are committed to listening to people's voices as the plan develops.

"Nothing for us, without us."

"Ní dhéanfar ní ar ár son, gan sinn"