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| Start Date | **Location Details** | **Morning/****Afternoon/ Evening** | **In person/****Online****Delivery** |
| Tuesday 7th January - 18th February | **Marie Keating Foundation**Phone: 01 6283726Email: fsullivan@mariekeating.ie | Evening 6.15 – 9p.m | Zoom |
| 30th January 2025 | **Beaumont RCSI Cancer Centre, Dublin**01 809 3000 | Morning | In person |
| 31st January | **ARC Cancer Support Centre**557/559 South Circular RoadPhone: 01 215 0250Email: info@cancersupport.ie | Friday 10am - 12:30pm | In person |
| 5th March 2025 | **Cois Nore Cancer Support** CentreKilkenny Education CentreCallan road, KilkennyPhone: (056) 775 2222Email: info@coisnore.ie | Morning 10am-1pm | In person  |
| 21st March 2025 | **Hope Cancer Support Centre**Phone: (053) 923 8555Email: info@hopesupportcentre.ie  | Morning | In person |
| Friday Feb 28th | **Mid Western Cancer Foundation**University Hospital LimerickDooradoyle, LimerickPhone: Email:  | Afternoon | In person |
| March 28th | **St. Vincent’s University Hospital** Elm ParkDublin 4Phone: 01221 5496Email: janemccarthy@svhg.ie  | Mornings  | Online |
| 29th April 2025 | **Purple House Cancer Support Centre**2 Duncairn Terrace., Quinsborough Road, Bray, Co. Wicklow A98 W6Y8 Phone: 012866966Email: www.purplehouse.ie  | Mornings 10:30am -12:30pm  | in person |
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