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| Start Date | **Location Details** | | **Morning/**  **Afternoon/ Evening** | | **In person/**  **Online**  **Delivery** | |
| Tuesday 7th January - 18th February | **Marie Keating Foundation**  Phone: 01 6283726  Email: fsullivan@mariekeating.ie | | Evening 6.15 – 9p.m | | Zoom | |
| 30th January 2025 | **Beaumont RCSI Cancer Centre, Dublin**  01 809 3000 | | Morning | | In person | |
| 31st January | **ARC Cancer Support Centre**  557/559 South Circular Road  Phone: 01 215 0250  Email: info@cancersupport.ie | | Friday 10am - 12:30pm | | In person | |
| 5th March 2025 | **Cois Nore Cancer Support** Centre  Kilkenny Education Centre  Callan road, Kilkenny  Phone: (056) 775 2222  Email: info@coisnore.ie | | Morning 10am-1pm | | In person | |
| 21st March 2025 | **Hope Cancer Support Centre**  Phone: (053) 923 8555  Email: info@hopesupportcentre.ie | | Morning | | In person | |
| Friday Feb 28th | **Mid Western Cancer Foundation**  University Hospital Limerick  Dooradoyle, Limerick  Phone:  Email: | | Afternoon | | In person | |
| March 28th | **St. Vincent’s University Hospital**  Elm Park  Dublin 4  Phone: 01221 5496  Email: janemccarthy@svhg.ie | | Mornings | | Online | |
| 29th April 2025 | **Purple House Cancer Support Centre**  2 Duncairn Terrace., Quinsborough Road,  Bray, Co. Wicklow A98 W6Y8  Phone: 012866966  Email: www.purplehouse.ie | | Mornings  10:30am -12:30pm | | in person | |
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