



Approved Centre Name:  
St Catherine's Unit

<b>The total number of persons that the centre can accommodate at any one time</b>	<b>21</b>
<b>The total number of persons that were admitted during the reporting period</b>	<b>5</b>
<b>The total number of persons who were secluded during the reporting period</b>	<b>0</b>

### **Rules Governing the Use of Mechanical Means of Bodily Restraint**

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of persons who were mechanically restrained</b>	<b>&lt;5</b>
<b>The total number of episodes of mechanically restrained</b>	<b>2</b>
<b>The shortest episode of mechanically restraint</b>	<b>8hrs</b>
<b>The longest total episode of mechanically restraint</b>	<b>8hrs</b>
<b>The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others</b>	<b>&lt;5</b>

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

Only used for Part 4 of the Act for enduring risk  
MDT review for each prescribed  
Commencement of inclusion in South Lee Restrictive Practice Meetings.  
Referrals made to Physiotherapy using the agreed pathway  
Low profile beds ordered for trial and OT to source alarm pads and soft pads.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

Issues highlighted at the most recent MHC inspection in April 2 and as a result, several meetings have taken place between Consultant Psychiatrist, ADON, Compliance ADON, CNM2 and AHPs with the following actions formulated

Mechanical Restraint Register and mechanical restraint booklet currently devised and awaiting printing.  
Meeting to occur on July 25th to disseminate the relevant information and provide training.  
Policy in mechanical restraint currently being finalised to put forward for sign off

#### **A statement about the compliance with the approved centre's own reduction policy**

Alternatives to Mechanical Restraint are currently being explored during ICPs and risk assessments.  
Trauma Informed Care is now included in the delivery of PMCB training  
Falls Risk Assessment Carried out on all individuals  
Policy group to review and enhance current Reducing Restrictive Practice Policy to incorporate the reduction of mechanical restraint.



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### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of seclusion episodes</b>	<b>0</b>
<b>The shortest episode of seclusion</b>	<b>0</b>
<b>The longest episode of seclusion</b>	<b>0</b>

#### **A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

No seclusion in St Catherine's  
Staff are familiar to MHC Codes and Practices  
No local policy as there is no seclusion room

#### **A statement about the approved centre's compliance with the rules governing the use of seclusion**

No seclusion in St Catherine's  
Staff are familiar to MHC Codes and Practices  
No local policy as there is no seclusion room

#### **A statement about the compliance with the approved centre's own reduction policy**

No seclusion in St Catherine's  
Staff are familiar to MHC Codes and Practices  
No local policy as there is no seclusion room



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### **Code of Practice on the Use of Physical Restraint**

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	0
<b>The total number of episodes of physical restraint</b>	0
<b>The shortest episode of physical restraint</b>	n/a
<b>The longest episode of physical restraint</b>	n/a

#### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

No Physical Restraint in St Catherine's  
Staff training up to date in PMCB and Trauma Informed HSE LanD training  
SLMHS policy exists with governance committee forum RRP to review if there is restraint  
In practice, no restraint in the last year

#### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

No Physical Restraint in St Catherine's  
Staff training up to date in PMCB and Trauma Informed HSE LanD training  
SLMHS policy exists with governance committee forum RRP to review if there is restraint  
In practice, no restraint in the last year

#### **A statement about the compliance with the approved centre's own reduction policy**

No Physical Restraint in St Catherine's  
Staff training up to date in PMCB and Trauma Informed HSE LanD training  
SLMHS policy exists with governance committee forum RRP to review if there is restraint  
In practice, no restraint in the last year

**Signed by Registered Proprietor Nominee:** Deborah Harrington

*\*If you don't have a Digital Signature, typing your name will be accepted as your signature.*