



Approved Centre Name:  
Sliabh Mis

The total number of persons that the centre can accommodate at any one time	34
The total number of persons that were admitted during the reporting period	446
The total number of persons who were secluded during the reporting period	25

### **Rules Governing the Use of Mechanical Means of Bodily Restraint**

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	n/a
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	n/a

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

mechanical restraint is not used in Sliabh Mis. Crash mats and bed alarms are kept in stock and provided to those that are a falls risk to avoid the used of bed rails. There is also the option of using this equipment in conjunction with a "hi-low" bed frame in higher risk situations.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

N/A

#### **A statement about the compliance with the approved centre's own reduction policy**

N/A



Approved Centre Name:  
Sliabh Mis

## Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of seclusion episodes</b>	<b>51</b>
<b>The shortest episode of seclusion</b>	<b>50sec</b>
<b>The longest episode of seclusion</b>	<b>45hrs 45mins</b>

### **A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

Sliabh Mis operates a reduction policy. Staff are encouraged to utilise alternate means to deescalate a patient prior to the use of seclusion. 1:1 therapeutic time with staff is offered. Medication is offered and given if accepted. Board games and craft items are freely available for use on all wards. both indoor and outdoor exercise spaces are available to patients. Bluetooth speakers and headphones are also available for patients use as a means of providing therapeutic intervention. Auditing is completed post each episode as a means of learning for the staff. After action reviews are also utilised post serious incident to discuss areas for improvement and effective team work.

### **A statement about the approved centre's compliance with the rules governing the use of seclusion**

MDT based debriefings are completed with each individual within 2 working days of episodes of seclusion.  
MDT reviews of the seclusion are completed within five working days of each episode.  
Physical assessments are completed with patients consent within the specified timeframes.  
All episodes are for the minimal time possible with regular review taking place to ensure same.  
All staff have receive training in the use of PMCB and have completed HSE land training modules.  
Reports are compiled post reduction meeting and made available to staff for review.

### **A statement about the compliance with the approved centre's own reduction policy**

Reduction meeting take place at regular intervals. Each episode of seclusion is reviewed and learning outcomes are discussed. a report is compiled post each meeting highlighting learning outcomes and statistics regarding number of episodes, length of time and patient numbers. This report is made available on the ward for staff to review.



**Approved Centre Name:**  
Sliabh Mis

## **Code of Practice on the Use of Physical Restraint**

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	37
<b>The total number of episodes of physical restraint</b>	61
<b>The shortest episode of physical restraint</b>	1min
<b>The longest episode of physical restraint</b>	10min

### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

Sliabh Mis operates a reduction policy. Staff are encouraged to utilise alternate means to deescalate a patient prior to the use of restraint. 1:1 therapeutic time with staff is offered. Medication is offered and given if accepted. Board games and craft items are freely available for use on all wards. both indoor and outdoor exercise spaces are available to patients. Bluetooth speakers and headphones are also available for patients use as a means of providing therapeutic intervention. Auditing is completed post each episode as a means of learning for the staff. After action reviews are also utilised post serious incident to discuss areas for improvement and effective team work.

### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

MDT based debriefings are completed with each individual within 2 working days of episodes of seclusion.  
MDT reviews of the restraint are completed within five working days of each episode.  
Physical assessments are completed with patients consent within the specified timeframes.  
All episodes are for the minimal time possible with regular review taking place to ensure same.  
All staff have receive training in the use of PMCB and have completed HSE land training modules.  
Reports are compiled post reduction meeting and made available to staff for review.

### **A statement about the compliance with the approved centre's own reduction policy**

Reduction meeting take place at regular intervals. Each episode of restraint is reviewed and learning outcomes are discussed. A report is compiled post each meeting highlighting learning outcomes and statistics regarding number of episodes, length of time and patient numbers. This report is made available on the ward for staff to review.

**Signed by Registered Proprietor Nominee:** Vincent Goggin

*\*If you don't have a Digital Signature, typing your name will be accepted as your signature.*