



Approved Centre Name:
Dept of Psychiatry, Roscommon

The total number of persons that the centre can accommodate at any one time	24
The total number of persons that were admitted during the reporting period	273
The total number of persons who were secluded during the reporting period	5

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	n/a
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	n/a

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

The DOP Roscommon does not use mechanical means of bodily restraint.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A

Rules Governing the Use of Seclusion



Approved Centre Name:
Dept of Psychiatry, Roscommon

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of seclusion episodes	13
The shortest episode of seclusion	14hrs
The longest episode of seclusion	67hrs

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

The total number of seclusions within the DOP Roscommon for the year 2023 was 13 episodes. Of the 13 episodes there are 5 individual service users secluded. One service user accounted for 6 episodes (just over 46% of the overall seclusions for the year 2023) of seclusion out of 13 for the year 2023.

A statement about the approved centre's compliance with the rules governing the use of seclusion

A multidisciplinary review and oversight committee reviews all seclusion episodes within the DOP Roscommon on a quarterly basis. Each episode of seclusion is reviewed in accordance with the relevant MHC documents and each episode is subject of a debrief process. This process promotes learning for all concerned and provides an opportunity for reflection. This learning informs practice and helps to identify antecedents which will assist in preventing further restrictive practices into the future. The service user is encouraged to participate in this process.

A statement about the compliance with the approved centre's own reduction policy

This multidisciplinary review and oversight committee seeks ways to improve practice and further reduce restrictive practices through Safewards promotion. Safewards is the model of care promoted by the DOP Roscommon as a prime driver in the reduction of restrictive practices. A local multidisciplinary implementation group oversees the implementation and monitors its effectiveness through regular meetings.

The review of Seclusion within the DOP Roscommon covering the 52 weeks of the year 2023. Showed that within the 52 week period there were a total of 13 episodes of Seclusion. This also showed an average of 0.25 Seclusion episodes per week for the year 2023 within the DOP Roscommon and that one individual patient accounted for just over 46% (6 episodes) of the total seclusions for the year 2023.



Approved Centre Name:
Dept of Psychiatry, Roscommon

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	8
The total number of episodes of physical restraint	20
The shortest episode of physical restraint	1min
The longest episode of physical restraint	12min

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

Over the course of 2023 a total of 8 individual patients were physically restrained within the DOP Roscommon. Of the 8 patients physically restrained 4 individual patients accounted for 70% of the physical restraint episodes.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

A multidisciplinary review and oversight committee reviews all physical restraint episodes within the DOP Roscommon on a quarterly basis. Each episode of physical restraint is reviewed in accordance with the relevant MHC documents and each episode is subject of a debrief process. This process promotes learning for all concerned and provides an opportunity for reflection. This learning informs practice and helps to identify antecedents which will assist in preventing further restrictive practices into the future. The service user is encouraged to participate in this process.

A statement about the compliance with the approved centre's own reduction policy

This multidisciplinary review and oversight committee seeks ways to improve practice and further reduce restrictive practices through Safewards promotion. Safewards is the model of care promoted by the DOP Roscommon as a prime driver in the reduction of restrictive practices. A local multidisciplinary implementation group oversees the implementation and monitors its effectiveness through regular meetings.

The review of Physical Restraint within the DOP Roscommon for the year 2023 covered the 52 weeks of the year 2023. Within this 52 week period there were a total of 20 episodes of Physical Restraint. The review of physical restraint showed an average of 0.38 Physical Restraint episodes per week for the year 2023 within the DOP Roscommon.

Signed by Registered Proprietor Nominee: Steve Jackson

**If you don't have a Digital Signature, typing your name will be accepted as your signature.*