



Approved Centre Name:
Deerlodge

The total number of persons that the centre can accommodate at any one time	40
The total number of persons that were admitted during the reporting period	9
The total number of persons who were secluded during the reporting period	n/a

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	n/a
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	n/a

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

Mechanical restraint is not used in Deerlodge. Crash mats and bed alarms are kept in stock and provided to those that are a falls risk to avoid the used of bed rails. There is also the option of using this equipment in conjunction with a "hi-low" bed frame in higher risk situations.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

N/A



Approved Centre Name:
Deerlodge

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of seclusion episodes	n/a
The shortest episode of seclusion	n/a
The longest episode of seclusion	n/a

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

It is the policy of Deerlodge Approved Centre, Killarney, Co. Kerry that seclusion is **not** used

A statement about the approved centre's compliance with the rules governing the use of seclusion

It is the policy of Deerlodge Approved Centre, Killarney, Co. Kerry that seclusion is **not** used

A statement about the compliance with the approved centre's own reduction policy

It is the policy of Deerlodge Approved Centre, Killarney, Co. Kerry that seclusion is **not** used



Approved Centre Name:
Deerlodge

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	<5
The total number of episodes of physical restraint	5
The shortest episode of physical restraint	2mins
The longest episode of physical restraint	9mins

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

Deerlodge operates a reduction policy. Staff are encouraged to utilise alternate means to deescalate a patient prior to the use of restraint. 1:1 therapeutic time with staff is offered. Medication is offered and given if accepted. Board games and craft items are freely available for use on all wards. Both indoor and outdoor exercise spaces are available to patients. Use of Snoozalan room and sensory garden is encouraged by staff for residents. Gym and relaxation room are also available and use of same is encouraged. Bluetooth speakers and headphones are also available for patients use as a means of providing therapeutic intervention. Auditing is completed post each episode as a means of learning for the staff. After action reviews are also utilised post serious incident to discuss areas for improvement and effective team work.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

MDT based debriefings are completed with each individual within 2 working days of episodes of restraint.
MDT reviews of the restraint are completed within five working days of each episode.
Physical assessments are completed with patients consent within the specified timeframes.
All episodes are for the minimal time possible.
All staff have received training in the use of PMCB and have completed HSE land training modules.
Reports are compiled post reduction meeting and made available to staff for review.
Management within Deerlodge attend the reduction meeting in Sliabh Mis Acute approved centre quarterly.

A statement about the compliance with the approved centre's own reduction policy

A Reduction meeting takes place at regular intervals. Each episode of restraint is reviewed and learning outcomes are discussed. A report is compiled post each meeting highlighting learning outcomes and statistics regarding number of episodes, length of time and patient numbers. This report is made available on the ward for staff to review.

Signed by Registered Proprietor Nominee: Bernadette Fitzgerald

**If you don't have a Digital Signature, typing your name will be accepted as your signature.*