

**Cavan Monaghan Mental Health Services
CH CDLMS**



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

The Management of Seclusion



Cavan Monaghan Mental Health Services

Is this document a:

Policy Procedure Protocol Guideline

Insert Service Name(s), Directorate and applicable Location(s):

Mental Health Services CH CDLMS, Cavan Monaghan Mental Health Services,

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|---|---|-------------------------------------|---------------|
| Title of PPPG Development Group: | CMMHS PPPG Development Group | | |
| Approved by: |  <hr/> Dr. Mutahir Gulzar, Executive Clinical Director On behalf of: Cavan Monaghan Mental Health Management Team  <hr/> Ms. Pauline Ackermann Nominated Approved Centre Registered Proprietor Cavan Monaghan Mental Health Service | | |
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| 12 | | None | Graham Malone |

1.0 POLICY STATEMENT

- 1.1 Cavan Monaghan Mental Health Service is committed to best professional and safe practice.
- 1.2 Cavan Monaghan Mental Health Service is committed to respecting the right of the person to dignity, bodily integrity, privacy and autonomy.
- 1.3 **Seclusion is Not Used in the Cavan Monaghan Mental Health Services.**

2.0 POLICY PURPOSE

- 2.1 The aim of Cavan Monaghan Mental Health service is to minimise the potential for threat of serious harm to persons by ensuring a high standard of care and by encouraging residents to find more effective ways of dealing with their strong emotions. If immediate threat of serious harm to persons does occur, then it is managed safely and effectively in such a way as to maintain both the safety of the residents and employees. The primary objective of the staff in relation to the management of unsafe behaviour must, at all times, be directed towards its prevention.
- 2.2 **Section 69. The Use of Seclusion**
 - (1) A person shall not place a patient in seclusion or apply mechanical means of bodily restraint to the patient unless such seclusion or restraint is determined, in accordance with the rules made under *subsection (2)*, to be necessary for the purposes of treatment or to prevent the patient from injuring himself or herself or others and unless the seclusion or restraint complies with such rules.
 - (2) The Commission shall make rules providing for the use of seclusion and mechanical means of bodily restraint on a patient. (3) A person who contravenes this section or a rule made under this section shall be guilty of an offence and shall be liable on summary conviction to a fine not exceeding £1,500.
 - (4) In this section “patient” includes—
 - (a) a child in respect of whom an order under *section 25* is in force, and
 - (b) a voluntary patient.

- 3.0 **SCOPE OF POLICY:** This policy applies to:-

- 3.1 All Medical and nursing staff Cavan Monaghan Mental Health Service.
- 3.2 All Residents/Service Users in the Cavan Monaghan Mental Health Services.
- 4.0 **This policy must be read in conjunction with:**
 - 4.1 CMMHS policy on mandatory training
 - 4.1.1 CMMHS Risk management Policy,
 - 4.1.2 Safety, health and welfare at work act 2005.
 - 4.1.3 CMMHS Risk Screen and Management Policy,
 - 4.1.4 CMMHS Maintenance of Records,
 - 4.1.5 CMMHS Development Management and updating of Individual care and treatment Plan.
 - 4.1.6 CMMHS Use of Physical restraint Policy
 - 4.2 Code of practice appointment to positions in the Civil and Public Service Recruitment of Agency Staff
 - 4.3 The Provision of Statutory and Mandatory Training for all Staff in the Cavan Monaghan Mental Health Service Mental Health Act 2001
 - 4.4 Mental Health Act 2001
 - 4.5 MHC Quality Framework Document and The Judgement Support Framework
 - 4.6 HSE Best Practice Guidance for Mental Health Service
 - 4.7 MHC Codes of practice on:
 - 4.7.1 Admission, Transfer and Discharge to and from an Approved Centre
 - 4.7.2 Admission of Children under the Mental Health Act 2001
 - 4.7.3 Addendum to Code of Practice relating to Admission of Children under the Mental Health Act 2001
 - 4.7.4 Mental Health Services on Notification of Deaths and Incident Reporting
 - 4.7.5 Guidance for Persons working in Mental Health Services with People with Intellectual Disabilities
 - 4.7.6 The use of ECT for Voluntary Patients
 - 4.7.7 The use of Physical Restraint
 - 4.8 MHC Rules governing:
 - 4.8.1 The use of ECT

- 4.8.2 The use of Seclusion & Mechanical means of Bodily Restraint
- 4.8.3 The use of Physical Restraint

5.0 ROLES AND RESPONSIBILITIES

- 5.1 The Registered Proprietor and Cavan Monaghan Mental Health Service Management Team are responsible for the implementation and ongoing review of this PPPG.
- 5.2 Heads of Discipline are responsible for the implementation of this PPPG within all their areas of responsibility.
- 5.3 Each Cavan Monaghan Mental Health Service employee is required to make themselves familiar with the content of this PPPG and are responsible for the implementation within their area.

6.0 PRODUCTION/CONSULTATION TRAIL

- 6.1 The draft policy was presented for comment and feedback to:
 - 6.1.1 Mental Health Quality & Patient Safety Committee
 - 6.1.2 Registered Proprietor Approved Centres
 - 6.1.3 Consultant Psychiatrists
 - 6.1.4 All Clinical Areas
 - 6.1.5 Draft PPPGs comments/feedback group
 - 6.1.6 Cavan Monaghan Area Mental Health Management Team
 - 6.1.7 PPPG Development Group
- 6.2 The complete policy is submitted to the management group and the registered proprietor of the approved centre for approval and signed off. It is then uploaded to the CMMHS policy portal for dissemination across the service.