

Approved Centre Name: Carraig Mor Centre

The total number of persons that the centre can accommodate at any one time	6
The total number of persons that were admitted during the reporting period	67
The total number of persons who were secluded during the reporting period	12

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	0
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of	0
mechanical means of bodily restraint for enduring risk of harm to self or others	

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

Carraig Mor Centre has not used mechanical means of bodily restraint and will continues to eliminate where possible the use of mechanical restraint.

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

N/A

A statement about the compliance with the approved centre's own reduction policy

Carraig Mor Centre is complaint with its own reduction ploicy and has not used mechanical means of bodily restraint.



Approved Centre Name: Carraig Mor Centre

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of seclusion episodes	28
The shortest episode of seclusion	1hr
The longest episode of seclusion	12hrs

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Carraig Mor Centre has reduced it use of seclusion and has only had one episode of seclusion in 2024 this a significant reduction to previous years which were 28 episodes of seclusion in 2023 and 17 episodes of seclusion in 2022.

All staff working in the approved centre are up to date with all in-person and online training required for the use of seclusion including Prevention and Management of Complex Bahaviour (PMCB), Positive Behaviour Support Informed Care, Trauma Informed Care and Human Rights Based approach.

A statement about the approved centre's compliance with the rules governing the use of seclusion

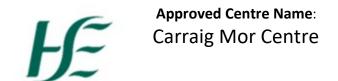
Carraig Mor Centre uses a comprehensive seclusion booklet to document all aspects of the seclusion process. This booklet was developed by staff and is completed by relevant staff to ensure compliance with the rules governing seclusion, this booklet is under review to ensure ongoing compliance and a robust audit schedule is in place to identify any non-compliances and monitor compliance with the rules governing seclusion.

A statement about the compliance with the approved centre's own reduction policy

The reducing restrictive practices governing group meets every 2 months to review any episodes of restrictive practice that have occurred within the approved centre.

This group takes an MDT approach to reducing restrictive practices.

The group completed the Reducing Restrictive Practices Colton Checklist in 2023. Quality Improvement Plans have been identified and will be completed in 2024 to further reduce the use of restrictive practices.



Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	23
The total number of episodes of physical restraint	53
The shortest episode of physical restraint	1min
The longest episode of physical restraint	10min

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

Carraig Mor Centre has reduced it use of restraint and has only had 5 episode of restraint in 2024 this a significant reduction to previous years which were 53 episodes in 2023 and 31 in 2022. All staff working in the approved centre are up to date with all in-person and online training required for the use of restraint including Prevention and Management of Complex Behavior (PMCB), Positive Behavior Support Informed Care, Trauma Informed Care and Human Rights Based approach.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

Carraig Mor Centre uses a comprehensive restraint booklet to document all aspects of the restraint process. This booklet was developed by staff and is

is completed by relevant staff to ensure compliance with the rules governing restraint, this booklet has been reviewed to ensure ongoing compliance and a robust audit schedule is in place to identify any non compliances and monitor compliance with the rules governing restraint.

A statement about the compliance with the approved centre's own reduction policy

The reducing restrictive practices governing group meets every 2 months to review any episodes of restrictive practice that have occurred within the approved centre.

This group takes an MDT approach to reducing restrictive practices.

The group completed the Reducing Restrictive Practices Colton Checklist in 2023. Quality Improvement Plans have been identified which will be completed in 2024 to further reduce the use of restrictive practices.

Signed by Registered Proprietor Nominee: Sinead O'Brien

*If you don't have a Digital Signature, typing your name will be accepted as your signature.