



Approved Centre Name:  
Cappahard Lodge Ennis

The total number of persons that the centre can accommodate at any one time	32
The total number of persons that were admitted during the reporting period	9
The total number of persons who were secluded during the reporting period	0

### **Rules Governing the Use of Mechanical Means of Bodily Restraint**

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	n/a
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	n/a

#### **A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

In keeping with our restrictive practice reduction policy and strategy, our approved centre, at Cappahard Lodge has not used bed rails, cot sides or lap belts. Again this year, none of our residents or patients have been subjected to any episodes of mechanical restraint at Cappahard Lodge.

#### **A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

We have a policy on mechanical restraint, which is reviewed annually, and we adhere to the Rules Governing the Use of Mechanical Means of Bodily Restraint. However, this is non-applicable, as none of our residents or patients have been subjected to any episode of mechanical restraint while under our care at Cappahard Lodge.

#### **A statement about the compliance with the approved centre's own reduction policy**

There is a 100% compliance as no resident or patients has been subjected to any episodes of mechanical restraint, whilst under our care at Cappahard Lodge.



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### Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of seclusion episodes</b>	n/a
<b>The shortest episode of seclusion</b>	n/a
<b>The longest episode of seclusion</b>	n/a

#### **A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

In keeping with our restrictive practice reduction policy, our approved centre at Cappahard Lodge has no seclusion room and has subjected any of residents or patients to any episode of seclusion as per the MHC definition of seclusion.

Again this year, none of our residents or patients have been subjected to any episode of seclusion whilst under our care at Cappahard Lodge.

#### **A statement about the approved centre's compliance with the rules governing the use of seclusion**

We have a policy on seclusion, which is reviewed annually, and we adhere to the Rule Governing the Use of Seclusion. However, this is non-applicable, as none of our residents or patients have been subjected to any episode of seclusion while under our care at Cappahard Lodge.

#### **A statement about the compliance with the approved centre's own reduction policy**

There is a 100% compliance, as no resident or patients has been subjected to any episodes of seclusion whilst under our care at Cappahard Lodge.



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### **Code of Practice on the Use of Physical Restraint**

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	<5
<b>The total number of episodes of physical restraint</b>	3
<b>The shortest episode of physical restraint</b>	1min
<b>The longest episode of physical restraint</b>	4mins

#### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

While the aim of our restrictive practice reduction policy strategy is to eliminate and reduce physical restraint in our Approved Centre in Cappahard Lodge, there were three episodes where our residents were subject to physical restraint. So far in 2024, there has been no episode of physical restraint.

#### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

Our approved centre in Cappahard Lodge was compliant with the code of practice on use of physical restraint. Alternatives were considered. Each episode was initiated by a medical practitioner or the most senior nurse and was carried out for the shortest period necessary. The residents were explained the reasons for and the duration of the restraint. The resident was debriefed and it was reviewed by the MDT. The episodes were discussed at the quarterly MDT review and oversight committee meeting.

#### **A statement about the compliance with the approved centre's own reduction policy**

There was compliance with our restrictive practice reduction policy and strategy. All alternatives to physical restraint and any areas for improvement were considered. There was an immediate risk to self and/or others. Our approved centre at Cappahard strives to reduce and/or eliminate restraint. We have developed an open door policy, which the research has shown is some area assisted with reducing violence and aggression and risk to others which we hope will contribute to a reduction in restraint within our approved centre.

**Signed by Registered Proprietor Nominee:** Claire Collier

*\*If you don't have a Digital Signature, typing your name will be accepted as your signature.*