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Feidhmeannacht na Seirbhíse Sláinte  
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Roinn Siciatrachta,  
Ospidéal Ollscoile,  
Bóthar Ciorclach,  
Leitir Ceanainn,  
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## Annual Report 2023

### Sligo Leitrim Mental Health Service Acute Mental Health Unit

#### *Code of Practice in the Use of Mechanical Restraint*

The total number of persons that the approved centre can accommodate at any one time	25
The total number of persons that were admitted during the reporting period	383
The total number of persons who were mechanically restrained during the reporting period	0
The total number of episodes of mechanical restraint	0
The shortest episode of mechanical restraint	N/A
The longest episode of mechanical restraint	N/A

Mechanical restraint was not used in the Acute Mental Health Unit, Sligo University Hospital in 2023.

Staff complete routine audits, risk mitigation, staff education and have implemented measures to minimise stimulation for patients admitted under the Mental Health Act 2001, such as provision of a designated low stimulus environment on arrival to the Unit.

The Oversight Committee of the Adult Mental Health Unit, Sligo University Hospital meet on a quarterly basis where mechanical restraint reduction continues to be explored.

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**Pauline Ackermann**  
**Nominee Proprietor/ General Manager**  
**Mental Health Service**  
**Community Healthcare Cavan, Donegal, Leitrim, Monaghan, Sligo**