



Approved Centre Name:  
Adult Mental Health Unit, Mayo University Hospital

The total number of persons that the centre can accommodate at any one time	32
The total number of persons that were admitted during the reporting period	445
The total number of persons who were secluded during the reporting period	25

### **Rules Governing the Use of Mechanical Means of Bodily Restraint**

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	n/a
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	n/a

**A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint**

N/A

**A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint**

N/A

**A statement about the compliance with the approved centre's own reduction policy**

N/A

### **Rules Governing the Use of Seclusion**



**Approved Centre Name:**  
**Adult Mental Health Unit, Mayo University Hospital**

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

<b>The total number of seclusion episodes</b>	<b>45</b>
<b>The shortest episode of seclusion</b>	<b>1hr</b>
<b>The longest episode of seclusion</b>	<b>17hrs</b>

**A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion**

There were 45 episodes of seclusion in the Adult Mental Health Unit in 2023.  
All of these episodes have been reviewed to identify learning to assist with the reduction of the use of seclusion.  
There is a Restrictive Practice Reduction plan in place for the Adult Mental Health Unit and a key implementations plan in place for 2023.

**A statement about the approved centre's compliance with the rules governing the use of seclusion**

Following the 2023 annual inspection by the Mental Health Commission Adult Mental Unit was deemed 'Compliant' with Section 69: The use of Seclusion.

**A statement about the compliance with the approved centre's own reduction policy**

The Adult Mental Health unit was compliant with the above policy.



**Approved Centre Name:**  
Adult Mental Health Unit, Mayo University Hospital

### **Code of Practice on the Use of Physical Restraint**

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

<b>The total number of persons who were physically restrained during the reporting period</b>	52
<b>The total number of episodes of physical restraint</b>	159
<b>The shortest episode of physical restraint</b>	>1min
<b>The longest episode of physical restraint</b>	10min

#### **A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint**

There were 159 episodes of physical restraint in the Adult Mental Health Unit in 2023. All of these episodes have been reviewed to identify learning to assist with the reduction of the use of physical restraint. There is a Restrictive Practice Reduction plan in place for the Adult Mental Health Unit and a key implementations plan in place for 2023.

#### **A statement about the approved centre's compliance with the code of practice on the use of physical restraint**

Following the 2023 annual inspection by the Mental Health Commission Adult Mental Unit was deemed 'Compliant' with the Code of Practice on the use of physical restraint.

#### **A statement about the compliance with the approved centre's own reduction policy**

The Adult Mental Health unit was compliant with the above policy.

**Signed by Registered Proprietor Nominee:** Steve Jackson

*\*If you don't have a Digital Signature, typing your name will be accepted as your signature.*