



Approved Centre Name:
Acute Mental Health Unit, Cork

The total number of persons that the centre can accommodate at any one time	50
The total number of persons that were admitted during the reporting period	631
The total number of persons who were secluded during the reporting period	0

Rules Governing the Use of Mechanical Means of Bodily Restraint

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of persons who were mechanically restrained	0
The total number of episodes of mechanically restrained	n/a
The shortest episode of mechanically restraint	n/a
The longest total episode of mechanically restraint	n/a
The total number of persons who were mechanically restrained as a result of mechanical means of bodily restraint for enduring risk of harm to self or others	0

A statement about the effectiveness of the approved centre's actions to reduce and, where possible, eliminate mechanical means of bodily restraint

AMHU does not use mechanical restraint
Staff are familiar to MHC Codes and Practices

A statement about the approved centre's compliance with the rules governing the use of mechanical means of bodily restraint

Not applicable as AMHU does not use mechanical restraint
Staff are familiar to MHC Codes and Practices

A statement about the compliance with the approved centre's own reduction policy

AMHU does not carry out mechanical restraint
Staff are familiar to MHC Codes and Practices



Approved Centre Name:
Acute Mental Health Unit, Cork

Rules Governing the Use of Seclusion

Issued Pursuant to Section 69(2) of the Mental Health Act 2001-2018.

The total number of seclusion episodes	0
The shortest episode of seclusion	0
The longest episode of seclusion	0

A statement about the effectiveness of the approved centre's actions to reduce or, where possible, eliminate the use of seclusion

Not applicable as AMHU does not have a seclusion room
Staff are familiar to MHC Codes and Practices
No local policy as there is no seclusion room

A statement about the approved centre's compliance with the rules governing the use of seclusion

Not applicable as AMHU does not have a seclusion room
Staff are familiar to MHC Codes and Practices
No local policy as there is no seclusion room

A statement about the compliance with the approved centre's own reduction policy

Not applicable as AMHU does not have a seclusion room
Staff are familiar to MHC Codes and Practices
No local policy as there is no seclusion room



Approved Centre Name:
Acute Mental Health Unit, Cork

Code of Practice on the Use of Physical Restraint

Issued Pursuant to Section 33(3)(e) of the Mental Health Act 2001-2018

The total number of persons who were physically restrained during the reporting period	35
The total number of episodes of physical restraint	65
The shortest episode of physical restraint	1min
The longest episode of physical restraint	15mins

A statement about the effectiveness of the approved centre's actions to eliminate, where possible, and reduce physical restraint

A detailed and comprehensive policy is in place in line the COP for use of Physical Restraint. A named person carries out training for AMHU staff members. Components of training and education, include trauma-informed care, rights- and gender-based approaches, positive behavioural support.
Local reducing restrictive practice involve service user in two day and five day MDT debrief.

A statement about the approved centre's compliance with the code of practice on the use of physical restraint

The AMHU was not compliant with the MHC Code of Practice on the Use of Physical Restraint in 2023.

A detailed policy was in place, outlining roles, responsibilities, and training. All episodes of physical restraint were reviewed by the MDT and the persons individual care plan was updated accordingly. All incidents of physical restraint were discussed at individual care plan meetings, local incident meetings.

All episodes of restraint are audited to ensure full compliance with the Code of practice. Each audit is then further cross referenced against the Code of Practice and the St Michael's Unit Policy on Restraint by the St. Michael's Unit Reduction in Restrictive Practice Multidisciplinary Review and Oversight Committee.

A statement about the compliance with the approved centre's own reduction policy

The AMHU have a Reduction in Restrictive Practice Policy.

The AMHU Reduction in Restrictive Practice Review and Oversight Committee meet quarterly to review all episodes of restraint to ensure compliance with both policy and Code of Practice.

Signed by Registered Proprietor Nominee: Deborah Harrington

**If you don't have a Digital Signature, typing your name will be accepted as your signature.*