*General Hospital and Community Consultation Liaison Service*

Psychiatry for the Elderly (PsychEL) provides a consultation liaison service to patients over the age of 65 admitted to St James’s Hospital. We also provide a service to Hollybrook Lodge Nursing home, the Community Rehabilitation Unit in Our Lady’s Hospice, to the Robert Mayne Day Hospital in St. James’s Hospital and to peripheral public rehabilitation and long stay units.

**rEFERRAL INFORMATION**

To be referred to the Old Age Psychiatry Service, your GP or other physicians will need to complete a letter of referral and send it to the below contact details.  If an urgent assessment is required, the letter should be emailed and accompanied by a phone call from the GP to the team.

Referrals to Liaison Psychiatry

All consultation liaison referrals are made by the treating teams in the relevant units.

**FIND US**

We are based in the Martha Whiteway Day Hospital (MWDH) which can be found on the Ground Floor of Mercer’s Institute for Successful Ageing (MISA) at St. James’s Hospital. The Conolly Norman Unit is located in the Jonathan Swift Clinic, St. James’s Hospital.

[*https://www.stjames.ie/aboutus/gettingtothehospital/*](https://www.stjames.ie/aboutus/gettingtothehospital/)

**CONTACT DETAILS**

Address for postal referrals;

Old Age Psychiatry Service  
Mercer’s Institute for Successful Ageing MISA,  
St. James’s Hospital  
James Street  
Dublin 8,

D08 NHY1

Phone: (01) 410 3186

Fax: (01) 410 3052

Email: [mentalhealthcn@stjames.ie](mailto:mentalhealthcn@stjames.ie)

***HSE***

***Dublin South Kildare West Wicklow (DSKWW)***

***Mental Health Services for Older People***

***Dublin South Central HSE***

***&***

***Psychiatry for the Elderly Liaison (PsychEL) Service.***

***Dept. of Old Age Psychiatry,***

***St. James’s Hospital.***

***Located in the***

***Martha Whiteway Day Hospital, MISA Building,***

***St James’s Hospital, Dublin 8, D08 NYH1.***





We provide comprehensive mental health services to those aged 65 years of age and over who live in the Dublin South Central area.

We also provide consultation and liaison services for all older people admitted to St. James’s Hospital or to the continuing care and rehabilitation units for older people which are located within our catchment area.

Our aim is to provide a service which is:

* *Comprehensive and person-centred* – We provide assessment and treatment in a range of settings including inpatient, day hospital, continuing care, nursing home and in the person’s own home and we take into account all aspects of the person’s needs, circumstances and wishes: physical, psychological and social;
* *Accessible and responsive* – Our goal is that older people with mental health challenges will be assessed in a timely fashion. Our service is flexible and can see patients at home when this is more appropriate to the individual’s needs;
* *Preventative* – We support people in their wish to live in their own homes and to avoid hospitalisation by proactive assessment and management in the community;
* *Team-based* – We manage all aspects of the problem by using the skills and expertise of a multidisciplinary team (MDT);
* *Family-based* – We provide support and help to family and caregivers as well as to patients;
* *Evidence-based* – We base our management on the best current evidence, and we conduct research to better understand the needs of our patients and the best means of treatment.

**SERVICES**

The Dept. of Old Age Psychiatry service provides both community and hospital services through our multidisciplinary mental health team (MDT). Our MDT includes psychiatrists, nurses, occupational therapists, social workers, psychologists and administration staff.

Our services include:

*Community Mental Health Team*

The Community Mental Health Team (CMHT) operates from the Martha Whiteway Day Hospital, providing assessment and treatment to patients living in their own homes.

*Outpatient Clinics*

Patients who require ongoing psychiatric review in a hospital setting can attend outpatient clinics located in the Outpatients Department of St. James’s Hospital.

*Martha Whiteway Day Hospital*

The Martha Whiteway Day Hospital provides an intensive level of support to individuals who are acutely unwell living in the community. These patients will benefit from a higher level of support than that provided by the outpatient department. Patients will attend on an appointments basis to be seen by members of the multi-disciplinary team

*Inpatient Clinical Care; Conolly Norman Unit (CNU)*

The Conolly Norman Unit is a nine-bedded unit on the ground floor of the Jonathan Swift Clinic located in St James’s hospital. Our multidisciplinary team provide acute inpatient care for the Dublin South Central Mental Health Services for older people.

*Nursing Home Liaison Service*

Our nursing home liaison service provides a service to long term care units located within the Dublin South Central catchment area.