



What is New Directions?



New Directions is a way to support adults with disabilities who use day services.



New Directions is about the supports you need to do the things you want to do every day.

There are 12 personal supports to help you to make choices, plan, learn, work, and have fun.



New Directions is about the supports you need to use services in your community.



New Directions says that day services and supports should be person-centred.

This means they should be set up to suit you and your needs.



New Directions says day services and supports should help you to be part of your community.



They should support you to take up important roles in your community and country.
For example, voting, being a neighbour, working, being part of community groups.



New Directions says that day services and supports should be of good quality.



You can watch our video on New Directions for more information:

<https://vimeo.com/404984113>