



# What is Monitoring for Adult Day Services



Monitoring is a way to improve the quality of support you receive in Day Services.



Monitoring aims to make sure that you are supported to have a meaningful day and achieve your goals.



Before the visit you will be given an information pack which will tell you:

- Who the assessor will be
- The date of the visit.
- Other information about the visit.



You will be given the choice to take part or not.



When the assessors arrive at your day service, they will talk to you first.

They will ask you about your day service.



During a monitoring visit, the assessor will talk to you about your experiences.

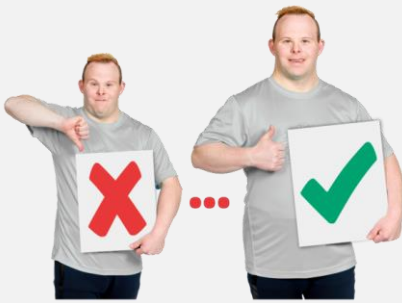
They will talk to you about the good things that come from attending your day service.



Then, they will talk to staff and management.



The assessor wants to find out what is working well and what can be improved.



Regular monitoring will make sure that services keep improving.  
It will make sure that everyone gets the support they deserve.



For more information, please email [newdirections@hse.ie](mailto:newdirections@hse.ie)  
Or see [www.hse.ie/NewDirections](http://www.hse.ie/NewDirections)