

Finding out if person-centred planning is working for you



This is an Easy to Read booklet.

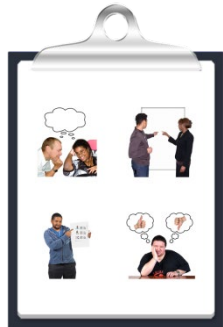
How is person-centred planning working for you?



This booklet will help you find out how person-centred planning is working for you.



It will help you see what is going well and what could be better.



There are four stages in person-centred planning. You should fill out this booklet after each stage.

You could ask the person supporting you to put your person-centred plan together to help you.



Name:



Date – Stage 1: Getting ready to do a person-centred plan



Date – Stage 2: Putting a person-centred plan together



Date – Stage 3: Putting a person-centred plan into action



Date – Stage 4: Finding out if person-centred planning is working

**Here are big copies of the symbols in the booklet.
You might want to print and cut these out if it makes them easier to use.**



Yes



No



Sometimes

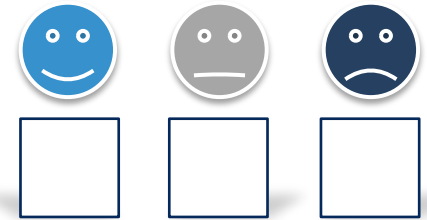


Stage 1

Getting ready to do a person-centred plan



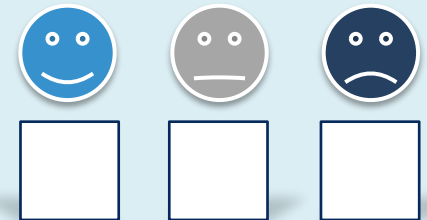
I have the chance to learn about making choices.



Yes Sometimes No



I have the chance to learn about person-centred planning.



Yes Sometimes No



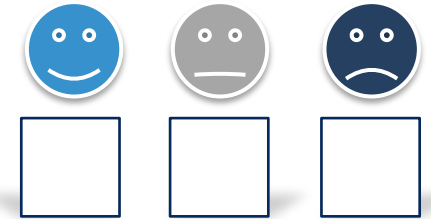
I have the chance to learn about advocacy.



Yes Sometimes No



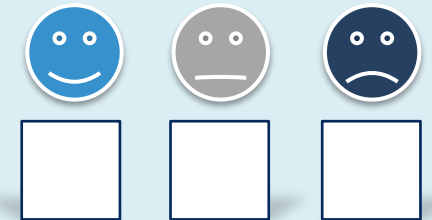
I have information on person-centred planning in a way I can understand.



Yes Sometimes No



I decide if I want a person-centred plan.



Yes Sometimes No



I understand how person-centred planning can bring good changes in my life.



Yes



No



I have the right supports to communicate my needs and choices.



Yes



Sometimes



No



I can use technology to help me put my person-centred plan together.



Yes



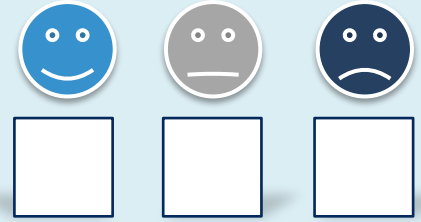
Sometimes



No



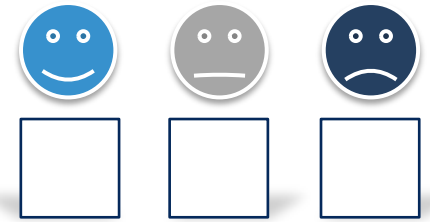
I am supported and encouraged to have a person-centred plan.



Yes Sometimes No



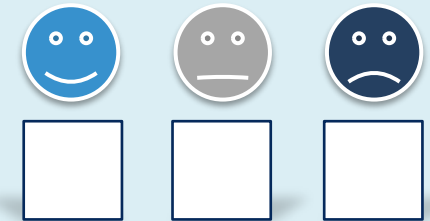
I have a Planning Team to support me with my person-centred plan.



Yes Sometimes No



I am part of the Planning Team from the very beginning.



Yes Sometimes No



I decide who is on my Planning Team.



Yes



No



There is one person who supports me to put my person-centred plan together.



Yes



No



There is one main person who supports me to put my person-centred plan into action.



Yes



No



These people have spent time getting to know me.



Yes

No



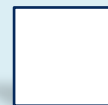
I decide if I want my family to support me with my person-centred plan.



Yes Sometimes No



I have a circle of support.
There are people from my community in my circle.



Yes Sometimes No



What is working well?



What worked well when you got ready to do your person-centred plan?

How did this happen?



What is not working well?



What did not work well when you got ready to do your person-centred plan?




What needs to change to make it better next time?



Stage 2 Putting a person-centred plan together






I collect information and work on my person-centred plan all through the year.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






I collect information about different things, like my routines, activities, my community, learning and jobs.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






I decide if I want to have a person-centred planning meeting.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






If I decide to have a meeting, I choose when and where to have the meeting.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






If I decide to have a meeting, I choose who to invite to my meeting and send out invitations.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






If I decide to have a meeting, I get the time and support I need to get ready for my meeting.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






If I decide to have a meeting, I set the agenda for the meeting.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No

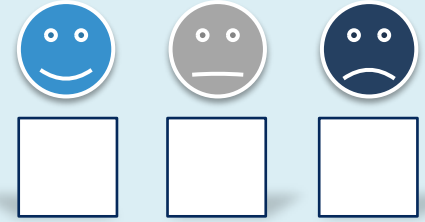


I am supported to take part in any meetings about me.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No



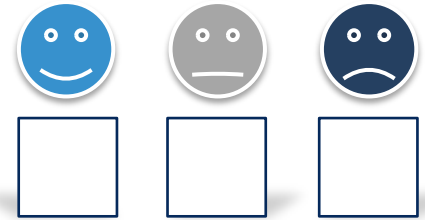
I feel comfortable and relaxed at these meetings.



Yes Sometimes No



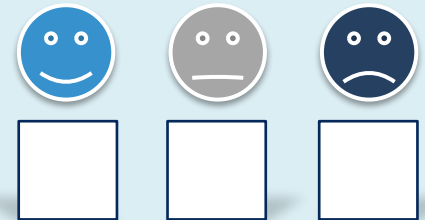
I have a chance to say what I think and want, and to make choices and decisions.



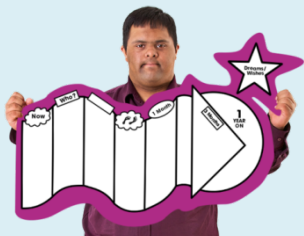
Yes Sometimes No





I set the goals I want to achieve.



Yes Sometimes No






My person-centred plan is about the things that are important to me.
It is about my choices, dreams and wishes.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






My person-centred plan says what is important to me now and in the future.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No



I have the main copy of my person-centred plan in a way I can understand.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No



What is working well?



What worked well when you put your person-centred plan together?

How did this happen?



What is not working well?



What did not work well when you put your person-centred plan together?

What needs to change to make it better next time?



Stage 3

Putting a person-centred plan into action



I have an action plan which I can understand.



Yes

No



The action plan says what my goals and outcomes are.





Yes

No






The action plan says who will support me with my goals and when they will happen.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






I get support to look back over my person-centred plan when I need to.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






I talk to the main person who supports me to put my person-centred plan into action.
We check how things are going.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






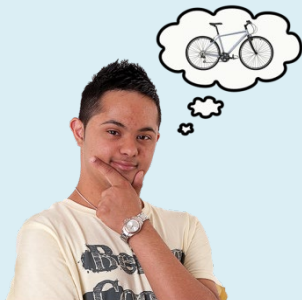
My Planning Team or Circle of Support help me to get over barriers that stop me reaching my goals.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






My person-centred plan supports me to be independent and do things for myself.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






I get the support I need to try new things and take risks.

		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yes	Sometimes	No






My person-centred plan supports me to be part of my community.

		
<input data-bbox="1425 201 1528 301" type="checkbox"/>	<input data-bbox="1580 201 1682 301" type="checkbox"/>	<input data-bbox="1734 201 1837 301" type="checkbox"/>
Yes	Sometimes	No






My person-centred plan supports me to take on important roles in my community.

		
<input data-bbox="1425 654 1528 753" type="checkbox"/>	<input data-bbox="1580 654 1682 753" type="checkbox"/>	<input data-bbox="1734 654 1837 753" type="checkbox"/>
Yes	Sometimes	No



I keep a record of how I am doing with my goals and outcomes.

		
<input data-bbox="1431 1093 1534 1193" type="checkbox"/>	<input data-bbox="1586 1093 1688 1193" type="checkbox"/>	<input data-bbox="1740 1093 1843 1193" type="checkbox"/>
Yes	Sometimes	No



What is working well?



What worked well when you put your person-centred plan into action?

How did this happen?



What is not working well?



What did not work well when you put your person-centred plan into action?

What needs to change to make it better next time?

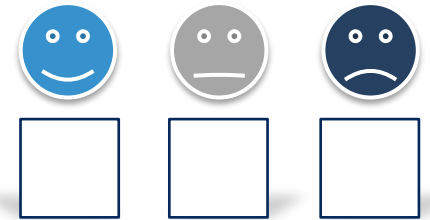


Stage 4

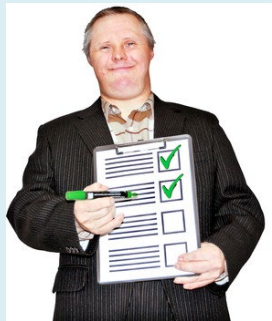
Finding out if person-centred planning is working



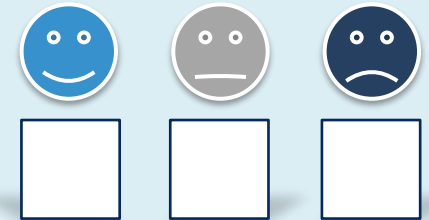
I can talk at any time about my person-centred plan and if it is working.



Yes Sometimes No






My person-centred plan is checked at least once a year to make sure everything is going well.



Yes Sometimes No






I can make changes to my person-centred plan if I am not happy with it.

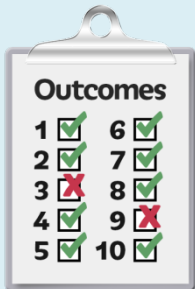
 Yes Sometimes No






I take part in all reviews of my person-centred plan.

 Yes Sometimes No



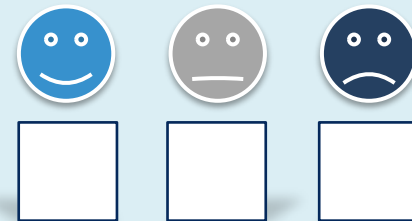
There have been good changes in my life. These are called outcomes.

 Yes Sometimes No



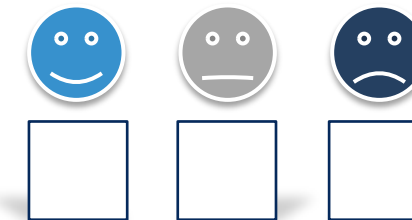
If I am not happy with my person-centred plan or how things are going, I know there is someone I can talk to.



Yes Sometimes No



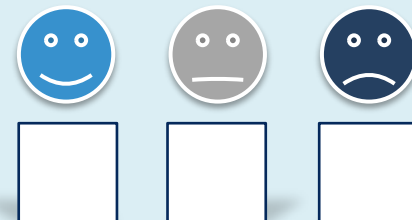
If I am still not happy, I know how to make a complaint.



Yes Sometimes No



I can get advocacy supports if I need them.



Yes Sometimes No



Staff answer any questions I have about my person-centred plan or my supports.



Yes Sometimes No



My person-centred plan helps guide the way I get services and supports.



Yes Sometimes No



I can celebrate my achievements and the good changes in my life.



Yes Sometimes No



What is working well?



What went well when you checked if person-centred planning was working?

How did this happen?



What is not working well?



What did not go well when you checked if person-centred planning was working?

What needs to change to make it better next time?