

GUIDELINES FOR CLIENTS LEAVING HOSPITAL FOLLOWING

OPERATION: LARYNGOSCOPY EXAMINATION OF THROAT UNDER ANESTHETIC

CONSULTANT: _____

NAMED NURSE: _____

ADVICE TO PATIENTS AFTER OPERATION (Anesthetic Department)

Going home after a General Anesthetic

For 24 hours after your operation

- Do not drive a car, ride a bicycle or go out unaccompanied
- Do not operate machinery or do anything requiring skill or judgement
- Do not do any cooking including make a cup of tea
- Do not return to work or school
- Do not sign legal documents or make vital decisions
- Do not take alcohol
- Do not take sleeping tablets
- Do observe any special precautions which the Anesthetist or Surgeon may advise
- Start with a light diet, if sickness or vomiting occur, lie down and take clear liquids only until settled
- If you are worried about your condition contact your GP first.

Laryngoscopy, Examination under Anesthetic of Throat and Removal of Foreign body :

It is sometimes necessary to have a general anesthetic to examine to Larynx and Throat and if a foreign body is seen, to remove the foreign body.

After examination has been performed under general anesthetic, you will not be allowed to eat or drink for 4 hours or until otherwise advised.

A mild painkilling drug such as Disprol or Co-codamol as prescribed by your doctor may be necessary for relieving discomfort.

You will need to rest your voice. No shouting, singing or whispering until reviewed by Doctor or other wise advised.

A discharge letter will be supplied. Please take this to your own Doctor. If a review appointment is required, you will be notified.

Useful Telephone Numbers: