## MONAGHAN GENERAL HOSPITAL

## DAY SURGICAL SERVICES

## **IMPORTANT INFORMATION**

When you are receiving a General Anesthetic you are requested to adhere to the following guidelines:

- Fast from 12 midnight, it is dangerous to eat or drink before a General Anesthetic.
- Please come at the time stated on your letter.
- Please bath or shower on the morning of your operation.
- > On arrival, report to the Admissions Office.
- If you are currently taking any medicines/inhalers etc please bring them with your or obtain a written list from your Doctor.
- You are advised to leave all jewellery and valuables at home as we do not accept responsibility for same.
- Make-up and nail varnish cannot be worn to theatre so we advise to remove same prior to surgery.
- Wear loose comfortable clothing which you can change into following your operation. You may wish to bring some toilet accessories to freshen up.
- Feel welcome to bring a book or magazine to occupy your time while you are waiting.
- Ensure you have a responsible adult to accompany you home and remain with you for 24 hours following surgery.

PLEASE NOTE: IF YOU ARE FEELING UNWELL, HAVE A COLD OR COUGH, PLEASE LET US KNOW PRIOR TO YOUR APPOINTMENT AS IT MAY LEAVE YOU UNFIT FOR SURGERY.

**Useful Telephone Numbers:**