

**GUIDELINES FOR CLIENTS LEAVING HOSPITAL FOLLOWING**

**OPERATION: EXCISION OF SKIN LESIONS FROM NOSE, EAR, ETC**

**GENERAL ANAESTHETIC**

**CONSULTANT: \_\_\_\_\_**

**NAMED NURSE: \_\_\_\_\_**

**ADVICE TO PATIENTS AFTER OPERATION (Anesthetic Department)**

**Going home after a General Anesthetic**

**For 24 hours after your operation**

- Do not drive a car, ride a bicycle or go out unaccompanied
- Do not operate machinery or do anything requiring skill or judgement
- Do not do any cooking including make a cup of tea
- Do not return to work or school
- Do not sign legal documents or make vital decisions
- Do not take alcohol
- Do not take sleeping tablets
- Do observe any special precautions which the Anesthetist or Surgeon may advise
- Start with a light diet, if sickness or vomiting occur, lie down and take clear liquids only until settled
- If you are worried about your condition contact your GP first.

**Guidelines for patients leaving hospital following excision of skin lesions from nose, ear etc.**

The minor procedure to remove lesions for the nose, ear etc may require General Anesthetic.

You will probably have some stitches and a small dressing. You will be informed when these will be removed.

A specimen of the lesions may be sent to the Laboratory for closer examination. You will be notified of the results at a review appointment or by your own Doctor within 2 weeks.

A mild painkilling drug, such as Paracetamol or Co-codamol as prescribed by your Doctor may be necessary for relieving discomfort.

Useful Telephone Numbers: