

Recurrent UTI in Adult, Non-Pregnant Females:

Treatment table

Recommended Prophylaxis (N.B. check patient's recent susceptibility results before choosing antibiotic)	Single dose following exposure to trigger	Continuous prophylaxis dose (Duration: 3- 6 months)
1st choice options		
Nitrofurantoin <i>contraindicated in patients with eGFR <45ml/min</i>	100 mg	50- 100 mg at night
Trimethoprim	200 mg	100 mg at night
2nd choice options		
Amoxicillin	500mg	250mg at night
Cefalexin	500mg	125mg at night