

Check patient's recent susceptibility results before choosing antibiotic – only prescribe agent with confirmed susceptibility.

Drug	Single Dose Following Exposure to Trigger	Continuous Prophylaxis Dose	+/- Notes
1st choice options			
Nitrofurantoin (contraindicated in patients with eGFR ≤ 45 mL/ min/ 1.73m^2)	100 mg	50 – 100 mg every 24 hours at night	All UTI prophylaxis should be reviewed after 3-6 months with a view to deprescribing.
Trimethoprim	200 mg	100 mg every 24 hours at night	
2nd choice options			
Amoxicillin	500 mg	250 mg every 24 hours at night	Cefalexin 125 mg is only available as a liquid formulation.
Cefalexin	500 mg	125 mg every 24 hours at night	