

Drug	Dose	Duration	+/- Notes
<b>1st choice options</b>			
Nitrofurantoin <b>Immediate Release</b> Capsules OR	50 mg every 6 hours	7 days	Immediate/ Prolonged Release should be stated on the prescription to reduce risk of dispensing errors. (See note below on formulation difference)
Nitrofurantoin <b>Prolonged Release</b> Capsules	100 mg every 12 hours	7 days	
<b>Alternative 1<sup>st</sup> choice options (if nitrofurantoin unsuitable)</b>			
Cefalexin	500 mg every 12 hours	7 days	
Trimethoprim	100 mg every 12 hours	7 days	Only use when nitrofurantoin is unsuitable and risk of resistance is low.