

Drug	Dose	Duration	+/- Notes
<b>Vulvovaginal candidiasis</b>			
<ul style="list-style-type: none"> <li>• Short-course topical formulations effectively treat uncomplicated vulvovaginal candidiasis.</li> <li>• A number of preparations are available over-the-counter (OTC) and choice will be influenced by personal preference and cost.</li> </ul>			
Clotrimazole 1% or 2% cream <b>Available OTC</b>	Apply to the affected area 2-3 times daily.	Until symptoms resolved. Up to 7 days.	Should be continued for external relief of symptoms in addition to intravaginal or systemic antifungal if required.  Use of 1% hydrocortisone in combination with azole cream may be required.  Canesten cream on its own is not reimbursable on GMS however it is reimbursable as part of Canesten duo-pack® containing 100mg pessaries and 1% cream)
Econazole (Gyno-Pevaryl®) pessary <b>Available OTC</b>	150mg PV	Single dose	Insert pessary using applicator or applicator with cream high into the vagina at night-time.  Use of an applicator into the vagina not recommended during pregnancy.
Clotrimazole (Canesten®) pessary/vaginal cream <b>Available OTC</b>	500mg pessary/ 5g applicatorful once daily at night OR 200mg once daily at night	Single dose  3 days	Canesten 500mg pessary is not reimbursable on GMS  Latex condoms and diaphragms can be damaged by vaginal creams and pessaries; extra precautions are advised.
Miconazole vaginal cream (Gyno-Daktarin®) with use of applicator <b>Prescription only</b>	Two applicators (10g) once daily at night OR One applicator (5g) once daily at night	7 days  14 days	
Fluconazole oral capsule <b>Prescription only</b>	150mg PO	Single dose	Avoid fluconazole (and all oral azoles) in pregnancy.
<b>Recurrent vulvovaginal candidiasis</b>			
Fluconazole	150mg PO	Days 1, 4 and 7 then weekly for 6 months	Avoid fluconazole (and all oral azoles) in pregnancy.  Pregnant women: Clotrimazole 200mg pessary for 6 nights. (Use of an applicator into the vagina not recommended during pregnancy)
<b>Candida balanitis</b>			
Clotrimazole 1% cream <b>Available OTC</b>	Apply twice daily topically	5-7 days	Oral treatment rarely indicated.