

Drug	Dose	Duration	+/- Notes
Vulvovaginal candidiasis			
Topical azole creams are first line treatment for symptoms of genital candidiasis e.g. clotrimazole (Canesten®), miconazole (Gyno-Daktarin cream)			Continue with topical use if treatment with antifungal agent required. Treatment should be for at least 7 days. Use of 1% hydrocortisone in combination with azole cream may be required.
Econazole (Gyno-Pevaryl®) pessary	150mg stat PV	Stat dose	Oral and topical treatment have equal efficacy. Oral treatment is more expensive.
Clotrimazole (Canesten®) pessary/vaginal cream	500mg pessary/ 5g applicatorful for one night or 200mg pessary for 3 nights or 100mg pessary for 6 nights	Stat dose/ 3 days/ 6 days	Avoid fluconazole (and all oral azoles) in pregnancy. Insert pessary using applicator or applicator with cream high into the vagina at night-time. Use of an applicator to insert cream or pessary high into the vagina is not recommended during pregnancy. Consult individual product SPC for further information.
Miconazole vaginal cream(Gyno-Daktarin®)	Two applicators (10g of cream) at night for 7 days or one applicator (5g) at night for 14 days	7 days/ 14 days	Latex condoms and diaphragms can be damaged by vaginal creams and pessaries; extra precautions are advised.
Fluconazole oral capsule	150mg stat PO	Stat dose	
Recurrent vulvovaginal candidiasis			
Fluconazole	150mg PO on Days 1, 4 and 7 then weekly	6 months	Avoid fluconazole (and all oral azoles) in pregnancy.
Candida balanitis			
Clotrimazole 1% cream	Apply twice daily topically	5-7 days	Oral treatment rarely indicated.