

Practice Tool 10

Restorative Questions

The restorative questions underpin a restorative practice approach and can be usefully applied in all practice in social care. Their aim is to understand the person's perspective and to enable them to identify the resolution or solution.

These are prompt questions to promote working in a more restorative way.

The Restorative Questions

- What happened?
- What were you thinking and feeling at the time?
- What have your thoughts been since?
- How do you feel about it now?
- Who has been affected by this?
- How have they been affected?
- What has been the hardest thing?
- What needs to happen to put things right?
- What do you need now?