



Guidance Note 8

Guidance on Management of COVID-19 Vaccination for those requiring an alternative to the deltoid muscle site

Please refer to:

NIO [FAQs COVID-19 Vaccine - HSE.ie](#)

NIO Influenza FAQ <https://www.hse.ie/eng/health/immunisation/hcpinfo/fluinflinfo/flufaq/>

Process when a client cannot receive the vaccine in the deltoid muscle for clinical reasons (e.g. due to history of bilateral lymphedema, bilateral sentinel node biopsy or bilateral axillary node clearance) and therefore requires the alternative site of the vastus lateralis in the anterolateral thigh to be used:

- Client can be facilitated by a participating GP or Pharmacist with the requisite training in this injection technique.
- In the event that their healthcare provider is not administering vaccinations in the thigh then they can contact the HSELive team who will assist them to find an alternative provider (GP or Pharmacist) in their area.

For any queries or support in arranging vaccination:

- Client can contact HSELive on 1800 700 700 (Monday to Friday, 8am to 8pm, and Saturday, 9am to 5pm) to request vaccination in the thigh.

OR

- GP or Pharmacist can contact HSELive DQ support team on 01 240 8786 (Monday to Friday 9am to 5pm) on behalf of the client, providing client details (name and contact number for call back) where the client has provided permission.
- HSELive DQ team will follow up directly with the client, to facilitate suitable option for vaccination.