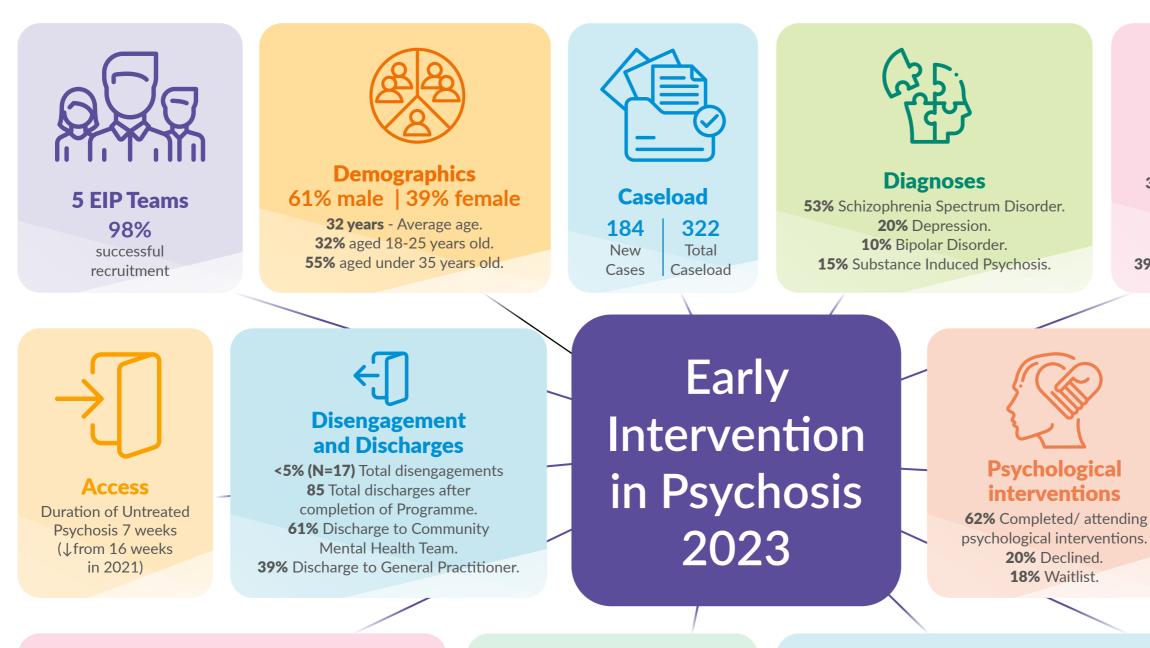
# **National Clinical Programme for Early Intervention in Psychosis**





### **Family Interventions**

619 Family members attended a family intervention in 2023.
44% Attended/ Attending Behavioural Family Therapy (BFT).
24% Completed a Family Psychoeducation Programme.
23% Attended individual family meetings with family interventions clinicians.
3% Systemic Family Therapy.



#### **Physical Health**

76% Physical health screening completed (↑ 26% on 2023).
Point of Contact Testing Devices introduced to all EIP teams- allows for testing and results of blood glucose and lipids to be completed in one visit.



### **Employment**

45% Not in education or employment at first presentation
251 Number of job applications made with IPS
91 Number of job interviews attended
57 Number of people on EIP caseload who found new work with IPS support in 2023



#### **Substance Use**

31% In 4 weeks before first presentation.21% Substance addiction.11% Engaged with addiction services.

#### Smoking

39% Smoker | 6% Vaping | 55% Non-smoker.

## Types of Psychological therapies attended

50% Cognitive Behavioural Therapy for psychosis.
22% Compassion focussed therapy.
14% Trauma informed therapy.
12% Assessment.



#### **Skilled Workforce**

4 Webinar events with >150 attendees/ webinar. Supervision structures for EIP keyworkers, CBTp & BFT. 3 EIP Teams network days.