



# Nursing and Midwifery Conference 2024

HSE Dublin and Midlands

**Connect, Collaborate, Change**

Wednesday June 5th 2024

[#HSEDubMidlandsNursingMidwifery2024](https://twitter.com/HSEDubMidlandsNursingMidwifery2024)



# Welcome Note

We are delighted to welcome you to the Nursing and Midwifery Conference 2024, HSE Dublin and Midlands.

The theme of this year's conference is Connect, Collaborate, Change. This theme is aligned to the strategic priorities for our health service and focuses on the integrated care agenda, and the current environment of change and innovation. The organisation of the conference is a collaboration of nursing & midwifery colleagues from across the Dublin Midlands Hospital Group and Community Health Organisations 7 & 8 and included engagements with nurses and midwives from all specialties within the Dublin Midlands Region.

We are delighted that Kate Killeen White, Regional Executive Officer, HSE Dublin and Midlands is opening our conference this year. The implementation of health regions, as part of the Sláintecare Programme, will facilitate a comprehensive integrated, person-led, community-first health and social care agenda for people living within the region. As we transition into our health region, working collaboratively on an integrated approach will provide better person-centred care services and outcomes across the HSE Dublin and Midlands region.

We are pleased to welcome Rachel Kenna, Chief Nursing Officer (CNO) Department of Health as a keynote speaker. The recently launched Strategy for the Office of the Chief Nursing Officer 2024-2026 provides a comprehensive roadmap designed to guide, and inform the future of nursing and midwifery policy. For this year's conference, abstracts were invited from nursing and midwifery colleagues across HSE Dublin and Midlands based on the CNO's five strategic priorities and these priorities provide the themes for today's parallel sessions. In these sessions, colleagues will highlight and showcase the remarkable patient focused initiatives and improvements across our services. Moreover, senior nursing, midwifery and academic colleagues will provide an insight and outline the future priorities and direction of services as we progress to an integrated care approach based on national and international evidence based research. These leaders demonstrate the drive for improving quality and safety care for service users and the quality of the work environment for our staff who deliver these services.

In improving services, a supportive culture that promotes and honours the beliefs and foundations of person-centredness and person-centred planning is the centre of the health reform. Service users personal lived experience guide us to continuously improve and deliver. Barbara Egan from ICUsteps will share her personal journey and highlight the support needed to patients following a critical illness. Barbara will then join senior colleagues for a panel discussion on "Connect, Collaborate, Change – Enhancing an Integrated Approach for our Population".

Our second keynote speaker, Professor Ian Robertson, Clinical Psychologist and Neuroscientist focuses on confidence and how it can contribute in preventing stress and burn out. For the path ahead as we transition to HSE Dublin and Midlands, confidence can nurture a collaborative mindset for us to scale and spread transformative change and to ensure sustainability of change.

Finally, we thank you for taking the time to attend the event. The conference is an opportunity to support further enhancement and progression for integrated-led care for service users and will provide the environment for collaboration and innovation and a platform for future success for all staff within the newly formed region.

Nursing and Midwifery Conference 2024 Planning Committee  
HSE Dublin and Midlands

# HSE Dublin and Midlands

The HSE has reorganised service delivery into 6 operational health regions with responsibility for providing both health and social care services within their respective defined geographies.

The changes in healthcare governance arrangements are being designed to

- make our services easier to navigate for people
- facilitate more integrated care
- stronger accountability and greater transparency across the sector

This in turn aims to foster change and innovation at a local level to deliver high-quality services to populations based on their needs, making our service a better place to work for our staff.

The move to a regionalised approach, represents a major shift in the approach to the planning, funding and delivery of health and social care services. In line with international best practice, the new arrangements will support a population-based approach to the planning and resourcing of the geographic delivery of services to improve health outcomes people in Ireland.

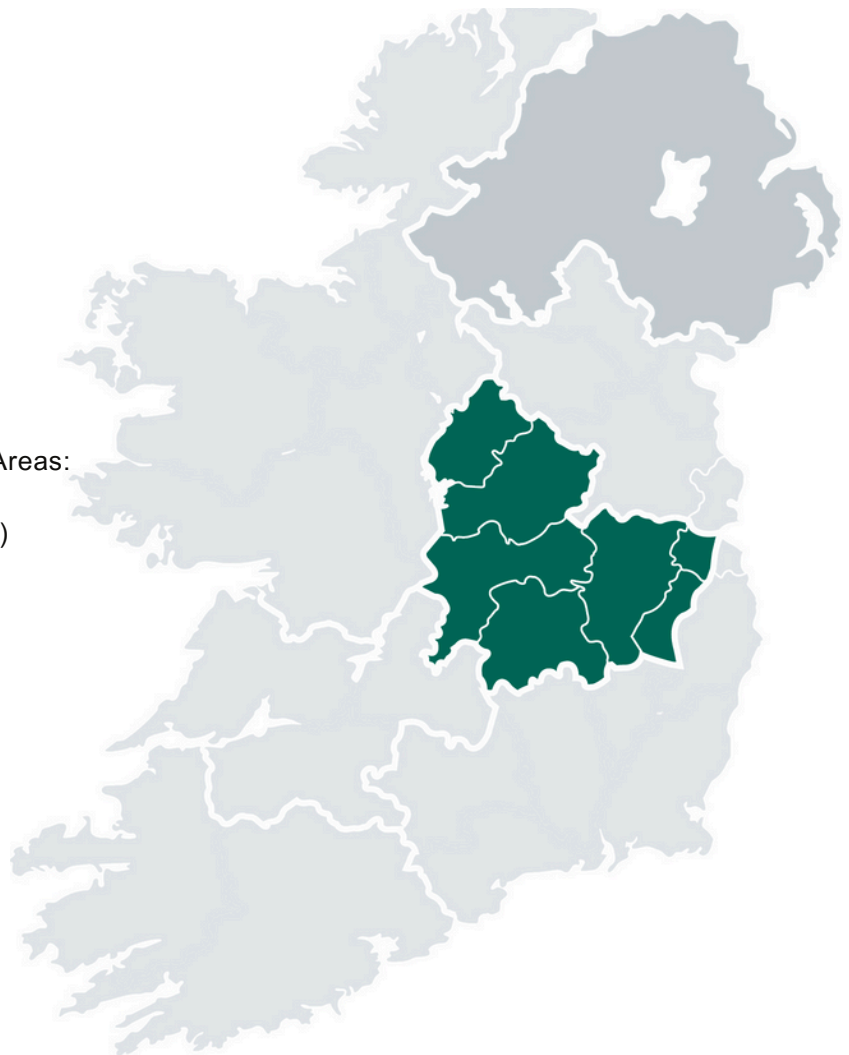
HSE Dublin and Midlands will manage and deliver all health and social care services in:

- Laois
- Longford
- Offaly
- Dublin South West
- Dublin West Dublin
- Dublin South City
- Kildare
- West Wicklow
- Westmeath

More than one million people live in this region.

HSE Dublin Midlands has four Integrated Health Areas:

- Dublin South City & West (population 343,616)
- Dublin South West (population 208,621)
- Kildare & West Wicklow (population 207,403)
- Midlands (population 317,999).



# Conference Programme

8:00	<b>Registration</b> Poster viewing and opportunity to connect with colleagues
9:00	<b>Welcome Address</b> Eileen Whelan, Chief Director of Nursing & Midwifery, Dublin Midlands Hospital Group
	<b>Morning Session</b> Chair: Dr. Anne Gallen, Area Director, Nursing & Midwifery Planning & Development Dublin Mid-Leinster
9:05	<b>Opening Address</b> Kate Killeen White, Regional Executive Officer, HSE Dublin and Midlands
9:15	<b>Keynote Speaker</b> Rachel Kenna, Chief Nursing Officer, Department of Health
9:30	<b>The Importance of the Community General Nursing Role in Future Development of Public Health Nursing Services in the Republic of Ireland</b> Neil Dunne, Director of Public Health Nursing, Dublin South City
9:45	<b>Mental Health Nursing: Integrated Care in Action</b> Oliver Mernagh, Area Director of Nursing, Dublin South Central Mental Health
10:00	<b>Safe Nurse Staffing: The Impact on Patients, Staff and Organisational Outcomes</b> Professor Jonathan Drennan, Professor of Nursing, University College Dublin
10:15	<b>Tea/Coffee</b> Poster viewing and opportunity to connect with colleagues
	<b>Mid-Morning Session</b> Chair: Carolyn Donohoe, Interim CEO, Nursing & Midwifery Board of Ireland
10:45	<b>Barbara's Story</b> Barbara Egan, ICU Steps

11:00

**Panel Discussion**

**Connect, Collaborate, Change – Enhancing an Integrated Approach for our Population**

Kate Killeen White, Regional Executive Officer, HSE Dublin & Midlands  
Rachel Kenna, Chief Nursing Officer, Department of Health  
Prof Richard Greene, Professor of Clinical Obstetrics & Chief Information Officer, HSE  
Eileen Whelan, Chief Director of Nursing & Midwifery, Dublin Midlands Hospital Group  
Neil Dunne, Director of Public Health Nursing, Dublin South City  
Kasia Nolan, Area Director of Mental Health Nursing  
Barbara Egan, Patient Representative

Facilitated by Professor Martina Hennessy, Chief Academic Officer, Dublin Midlands Hospital Group

12:00

**Parallel Sessions**

**Education, Research, Evidence & Regulation**

(Main Room)

Chair: Ger McGoldrick, Director of Public Health Nursing, Dublin South West

**Digital Healthcare**

(Ainsworth Suite)

Chair: Katherine Kenny, Director of Nursing, Regional Hospital Mullingar

12:00

**A Quality Improvement Project at St. James's Hospital, Dublin - '100% Refer' Organ Donation Model**

Nikki Phillips, CNM3 Organ Donation Nurse Manager, Dublin Midlands Hospital Group  
Brenda Cullinane, CNM2, St James's Hospital

**Helping patients live well with Chronic Disease: The Smart CP mobile App for Chronic Pancreatitis**

Suzanne Marie Egan, cANP  
Tallaght University Hospital

12:15

**A community based collaborative approach to wound care for homeless clients**

Caitriona Doyle, CNSp Tissue Viability CHO Dublin North West  
Ciara Cotter, CNM2  
The Dublin Simon Community

**Exploring the requirements of a digital portal for children and young adults with Hydrocephalus to enable care closer to home**

Dr. Mary Hughes, Associate Professor in Children's Nursing, Trinity College Dublin

12:30

**Leading the Development of an Age Friendly Hospital**

Gail Flynn, RANP Older Person  
Midland Regional Hospital Portlaoise

**Digitising an Infection Control Service**

Selina Ryan, ADoN Nurse Lead for Informatics, St. James's Hospital

12:45

**Midwifery students' and recent graduates' perception of skills and attitudes towards breastfeeding in Ireland and Spain**

Ander Santamarta, Enhanced Staff Midwife  
The Coombe Hospital

**Development of a Digital Skills and Digital Literacy Survey for Nursing in Tallaght University Hospital**

Amanda Bates, ADoN Nursing Clinical Information Lead, Tallaght University Hospital

1:00

**Lunch**

Poster viewing and opportunity to connect with colleagues

**Afternoon Session**

Chair: Dr. Des Cawley, Head of the Department of Nursing and Healthcare,  
Technological University of the Shannon: Midlands Midwest

2:00

**Keynote Speaker****Confidence: its role in reducing stress and preventing burnout**

Professor Ian Robertson

3:00

**Parallel Sessions****Education, Research, Evidence & Regulation**

(Main Room)

Chair: Deirdre Lang,  
Director of Nursing/Lead Older  
Persons Services

**Leadership & Governance Capacity**

(Thomson Suite)

Chair: Dawn Coyle,  
Nurse Practice Development  
Coordinator, St. Michael's House

**Workforce Stability & Wellbeing**

(Ainsworth Suite)

Chair: Michael Buckley,  
Acting Area Director of Nursing,  
Midlands Mental Health Service

3:00

**Growing Together - The establishment of Parent Education in Midland Regional Hospital, Portlaoise**

Siobhán Flynn, CMM2  
Midland Regional Hospital  
Portlaoise

**Community Haematology Oral Anticancer Medication clinic - creating more value with fewer resources.**

Mary Kelly, RANP  
Midland Regional Hospital  
Tullamore

**Barriers and facilitators to the Advanced Nurse Practitioner Mental Health role in Ireland.**

Sinead Frain, RANP Home Based  
Treatment, Dublin South Central  
Mental Health Service  
Daniel McTiernan, NPDC, Dublin  
North City Mental Health Service

3:15

**Birth After Caesarean Section Support at Regional Hospital Mullingar Maternity Unit**

Caroline Earley, RAMP  
Regional Hospital Mullingar

**Inclusion Mental Health - Advanced Nurse Practitioner**

Michael Hevey, RANP Inclusion  
Mental Health Dublin South City

**Adaptation Nurses Peer Support Programme**

Resmi Sreekanth, Clinical Practice  
Facilitator, St. James's Hospital

3:30

**Falls Prevention – A Quality Improvement Project**

Maureen Maguire,  
CNM2 Quality Lead,  
Naas General Hospital

**Extending the reach of integrated care: ANP collaboration breaking new boundaries.**

Sarah Fall, RANP Heart Efficiency  
Michelle Carey, RANP Heart  
Efficiency Dublin South, Kildare &  
West Wicklow Community  
Healthcare

**The Introduction of Multi-Family Therapy for Eating Disorders to CAMHS**

Ivanna Lyons, cANP Eating  
Disorders; Nathalie Deans, CNS  
Eating Disorders  
Linn Dara Child & Adolescent  
Mental Health Services Dublin  
South, Kildare & West Wicklow  
Community Healthcare

3:45

**An evaluation of self-administration of medications for older adults during their elective admission to the ANP-led Community Rehabilitation Inpatient Specialist Program (CRISP)**

Mary Doyle, RANP Older  
Person,  
Peamount Healthcare

**Developing a Professional Practice Model for Nursing**

Julie O'Grady, ADoN in Evidence  
Based Research Practice &  
Innovation  
Ciara Naughton, Staff Nurse  
St. James's Hospital

**Community dispensed Hepatitis C Virus treatment for 'Hard To Reach' opiate substitution treatment (OST) service users in Dublin: an intervention to address HCV infection eradication with a hub spoke model of care.**

Gillian Farrell, RANP  
The GUIDE Clinic  
St. James's Hospital

4:00

**Closing Address and Presentations**

Eileen Whelan, Chief Director of Nursing & Midwifery, Dublin Midlands Hospital Group

# Conference Speaker Biographies

## **Kate Killeen White, Regional Executive Officer, HSE Dublin and Midlands**



Kate Killeen White took up her role as Regional Executive Officer, HSE Dublin and Midlands on March 1st 2024. Kate has joined HSE Dublin and Midlands from her role as Chief Officer for South East Community Healthcare where, since 2019, she had operational responsibility for delivery of all HSE community services in Carlow, Kilkenny, South Tipperary, Waterford and Wexford, leading a workforce of nearly 5000 staff. She was previously Head of Service for Social Care in South East Community Healthcare, Chief Executive Officer of St. Catherine's Association disability service, and practised as a Barrister from 2008 to 2013.

Kate has more than 16 years senior operational experience across health, regulatory and legal environments. With a strong academic background including Barrister-at-Law degree, Masters in Law, Executive Diploma in Governance and an Executive Diploma in Coaching, she brings a specialist knowledge of Health Law and Policy, Public Administration, Corporate Governance, Corporate and Commercial Law including corporate re-structuring and reform and change management strategies and principles, to this important new post.

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## **Keynote Speaker Rachel Kenna, Chief Nursing Officer, Department of Health**

Rachel Kenna is the Chief Nursing Officer (CNO) for Ireland and was appointed to the post in June 2020. Rachel was formerly a Deputy Chief Nursing Officer leading on nursing and midwifery policy for patient systems, safety, and governance. She is a Registered Children's and General Nurse (RCN/RGN) and has extensive clinical and managerial experience, spanning 30 years in Ireland and the UK across a wide variety of clinical areas. Prior to her roles in the Department of Health, Rachel was Director of Nursing in Ireland's largest Children's teaching Hospital with national responsibility for the provision of quaternary and tertiary healthcare services.

The Chief Nursing Officer role is an important strategic leadership and influencing role providing professional policy direction and evidence-based expert advice for Government on nursing, midwifery, and general health policy development. Rachel has a real interest in health policy and brings a knowledgeable clinical practice, patient, system and governance perspective to its development and implementation. The development of flexible nursing and midwifery policy to ensure the professions are in the best position to meet population need is a particular focus for Rachel and includes a real passion about nurturing the next generation of healthcare leaders. As an Assistant Secretary in the Department of Health, the CNO in addition to Nursing and Midwifery policy has a wide health policy portfolio. These include professional regulation oversight (medical council, CORU and NMBI), strategic workforce planning across the health service, population health screening and the National Patient Safety Office.

Rachel's interest in global health policy includes active membership of the WHO European region Government Chief Nursing and Midwifery Officers Hub contributing to strengthening the nursing and midwifery workforce to improve health outcomes.

She is educated in a wide range of areas to support her in her role and holds an MSc in Child Protection and Welfare and a BSc in Nursing Management. Rachel's other educational qualifications includes a Higher Diploma in Professional Practice, Critical Care Nursing, Leadership and Quality in Healthcare, a Diploma in Human Rights and Equality and a Professional Diploma in Governance. Rachel is also a Florence Nightingale Leadership graduate.



## **Neil Dunne, Director of Public Health Nursing, Dublin South City, Dublin South, Kildare & West Wicklow CHO**



Neil is a Registered General Nurse, Registered Midwife, Registered Children's Nurse, Registered Public Health Nurse, Registered Advanced Nurse Practitioner and has an MSc in Advanced Practice. Neil has worked as a Director of Public Health Nursing services based in primary care Dublin South City, CHO7 since 2015. He provides clinical leadership and management support to various specialist community nursing teams such as the Community Intervention Team (Southside CIT), Continence Promotion Unit, Integrated Care Chronic Disease, Older Persons Teams/ICPOP and the development of community CNS/ ANP roles. Neil is a scholarship graduate on the Florence Nightingale Foundation "Senior Leaders Program" 2019-2020. He is currently the chair of the National Directors of Public Health Nurse Forum. Completing the FNF scholarship in 2019 afforded Neil the opportunity to critically look at his leadership role within public health nursing.

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## **Oliver Mernagh, Area Director of Nursing, Dublin South Central Mental Health**

Oliver Mernagh has worked in the health services since the 1980s and is in the role of Area Director of Nursing since 2018. He has worked in a wide variety of national and international settings and that experience has shaped his approach to fostering high standards of care and leading on innovation and patient centred care. His responsibilities include development and coordination of the mental health services with overall responsibility for nursing and related services. He takes a lead role in the strategic planning, development and continuous improvement of services in line with evidence based best practice and legislative requirements. Oliver is a registered general and psychiatric nurse and holds post graduate qualifications in management and leadership. He is a strong advocate for advancing nursing practice and research.



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## **Professor Jonathan Drennan, Professor of Nursing, School of Nursing, Midwifery and Health Systems, University College Dublin**



Professor Jonathan Drennan is Professor of Nursing at the School of Nursing, Midwifery and Health Systems, University College Dublin. He previously held professorships at University College Cork and the University of Southampton. Professor Drennan has undertaken research in Ireland and the UK on nurse and midwife prescribing, cancer information services, research priorities for nursing and midwifery, safe nurse staffing and advanced practice. He presented to and advised the National Institute for Health and Care Excellence (NICE) Safe Staffing Advisory Committees on staffing in medical and surgical wards and accident and emergency departments in the UK. This was part of the development process of the NICE guidelines on safe staffing.

Professor Drennan is currently a member of the Department of Health taskforce involved in the development of guidelines for safe nurse staffing and skill mix in the healthcare sector. He is currently leading a Health Research Board and Department of Health funded study on safe staffing in medical, surgical, emergency and older person's settings in Ireland. Professor Drennan is also part of a European and US research team that have been awarded a grant from the EU Horizon 2020 research programme. The title of the research, Magnet4Europe, develops and implements a theory-based organizational redesign in 64 hospitals in six European countries and involves one-to-one twinning between hospitals in Europe and hospitals in the US with the aim of improving the health and wellbeing of healthcare staff and enhancing the working environment. Professor Drennan was also appointed to the Expert Review Body on Nursing and Midwifery by the Minister of Health, Stephen Donnelly and is one of the authors of the Report that was launched in January 2022.



## Barbara Egan, ICUsteps

Barbara is Chairperson of ICUsteps Dublin. Her experience of being critically ill prompted her to establish this group in 2015 along with her husband Jimmy, ICU nurses, former ICU patients and relatives. ICUsteps Dublin is affiliated with ICUsteps.org and they acknowledge the need for ongoing support to patients and family members following critical illness. Their monthly support group meetings began in March 2015 and transitioned from face to face meetings to zoom in March 2020 due to the COVID pandemic. Their support is extended countrywide. There are patient/relative information leaflets in every ICU in Ireland. Barbara is PPI on the ICU Audit Governance Committee with NOCA (National Office of Clinical Audit), ICSI council (Intensive Care Society of Ireland) and ICC-CTN (Irish Critical Care-Clinical Trials Network). Barbara is an advocate for ICU aftercare. Barbara is mother to two grown up sons. She works as a Psychotherapist. She enjoys sea swimming and walking in nature, practising mindfulness and connecting with people.



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## Professor Richard Greene Chief Clinical Information Officer, HSE



Professor Richard Greene, a graduate of Trinity College Dublin, gained much of his clinical experience at the Coombe Women's and Infants' University Hospital, Dublin and as a Fellow in Maternal-Fetal Medicine in Thomas Jefferson University Hospital, Philadelphia, USA. He is a Consultant in Obstetrics and Gynaecology; Director of the National Perinatal Epidemiology Centre (NPEC) and Professor of Clinical Obstetrics, UCC. He is the HSE's CCIO working between the office of the Chief Information Officer and the Office of the Chief Clinical officer, assisting the multidisciplinary working for a digital health future.

His digital health experience includes concept to go-live of a national electronic health record for maternity services and he remains centrally involved in the Maternal Newborn Clinical Management System project team; development of the business case for a national eHR, the Covid Care tracker system in March 2020 and various other projects in digital health over the last 2 years. He believes digital data and information flow between patients/service users and healthcare staff is the key enabler for healthcare transformation in Ireland.

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## Kasia Nolan, Area Director of Mental Health Nursing, Waterford/Wexford Mental Health Services

Kasia has over 33 years of nursing experience, with 23 years of these in nursing management and leadership with particular expertise in developing clinical capacity in senior nurse leaders and driving strategic change management in integrated mental health service delivery. Since taking up her current role in 2016, Kasia has led a range of change, crisis and service transformation programmes across mental health nursing services in Waterford and Wexford with key outcomes including Nurse led excellence as part of the senior leadership team in Mental Health Commission regulatory compliance, implementation of nursing assignments to National Clinical Care Programmes and National Models of Care and advanced and specialist psychiatric nursing role development in line with national health priorities. Kasia graduated with a Bachelor of Nursing Studies from Trinity College Dublin, a Post-graduate Diploma in Public Management and MA in Health Service Management-Institute of Public Administration. Kasia has completed further courses in areas of Executive Leadership and has a great interest in the area of Nurse Leadership in Mental Health Services.



## **Eileen Whelan, Chief Director of Nursing & Midwifery, Dublin Midlands Hospital Group**

Eileen was appointed Chief Director of Nursing & Midwifery in 2015 and was simultaneously appointed Director of Quality and Patient Safety (2015 – 2020). She provided leadership at both Hospital Group and national level during the COVID-19 pandemic, and was appointed interim National Director for the COVID-19 Vaccination, Test and Contact Tracing Programme from June 2022 to November 2023.

Eileen is accountable for professional practice and standards of the Nursing & Midwifery workforce and is dedicated to driving the quality & safety agenda for patients, service users and their families. Eileen is committed to the reform agenda set out in the Sláintecare Strategy and she is a member of the Regional Health Advisory Group leading on the future integration of health services in Ireland.

Eileen is an adjunct Professor at the School of Nursing and Midwifery Trinity College Dublin and a Fellow of the Faculty of Nursing & Midwifery, RCSI. She is a MBA graduate from the Smurfit School of Business, UCD (2003), and is a Fellow of the NHS Education for Scotland, Scottish Patient Safety Fellowship Programme (2013 - 2014). She was the first registered nurse in Ireland to receive the prestigious award of a Florence Nightingale Scholarship in March 2018. Eileen completed her undergraduate nursing studies in University Hospital Limerick and gained postgraduate qualifications and experience in both the UK and Australia.

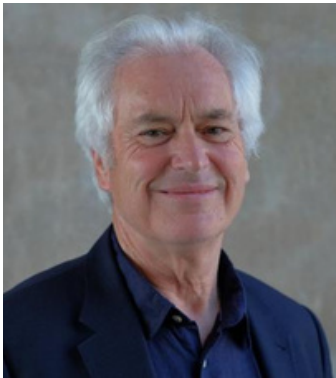
Eileen is a “retired snowboarder” and enjoys skiing, cycling, hill walking and GAA (Limerick Hurling & Kerry Football).



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### **Keynote Speaker**

## **Professor Ian Robertson, Clinical Psychologist and Neuroscientist, Trinity College Dublin**



Ian Robertson is Emeritus Professor of Psychology at Trinity College Dublin and Co-Director of the Global Brain Health Institute. He is also the T Boone Pickens Distinguished Scientist at the Center for BrainHealth at University of Texas at Dallas and is a Member of Academia Europaea. A trained clinical psychologist as well as a neuroscientist, he is widely known internationally for his research on cognitive neuroscience and psychology, with over 400 highly cited scientific papers. His popular science writing has included five books aimed at the general reader: *Mind Sculpture* (2000), *The Mind's Eye* (2003), *Stay Sharp* (2005), *The Winner Effect* (2012) and *The Stress Test* (2016), and most recently *How Confidence Works* (2021) all of which have been widely translated. As a highly accomplished clinical psychologist and neuroscientist, few areas of human behaviour are beyond the understanding or scrutiny of renowned professor and speaker, Professor Ian Robertson. His remarkable agility means that he can offer fascinating insights into almost any subject, from the positives of stress, the role of feedback as a leader, to the power of confidence, beating 'impostor syndrome' and the neuroscience of leadership. But it's his experience, empathy and knowledge, combined with humour and his infectious curiosity, that make him such a compelling and entertaining speaker.

# Parallel Session

## Education, Research, Evidence & Regulation

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### **A Quality Improvement Project at St. James's Hospital, Dublin - '100% Refer' Organ Donation Model**

Nikki Phillips, CNM3 Organ Donation Nurse Manager, Dublin Midlands Hospital Group

Nikki is the Organ Donation Nurse Manager based in St James's Hospital and covering the HSE Dublin and Midlands Region. She qualified as a General Nurse in 2006, Postgraduate Diploma in Intensive Care Nursing 2010, International Masters in Organ Donation and Transplantation with the University of Barcelona 2021. She completed many training courses in Spain on Organ Donation as they are leading worldwide in Organ Donation. She has hosted National Organ Donation Conferences. She has designed and facilitated the First Donation after Circulatory Death simulation in Ireland. As part of a QI initiative, she has created a Donation after Circulatory Death video to aid in education on units around the health regions. She loves to attend rugby matches, she has followed Ireland to the World Cup in France, and hopes to attend the next World Cup in Australia.

Brenda Cullinane, CNM2 Intensive Care Unit, St James's Hospital

Brenda is a Registered General Nurse and has a postgraduate Diploma in Critical Care Nursing. She has experience in multiple ICU's both nationally and internationally and for the last 20 years held the position of CNM 2 in SJH. She also has had previous experience of Acting CNM 3. Brenda takes pride in her role as Lead nurse for Organ Donation link group. She was heavily involved in implementing, leading and driving the introduction of the 100% Referral policy. Brenda trains and competes in Hyrox events and finished 3rd in the recent event in Malaga.

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### **A community based collaborative approach to wound care for homeless clients**

Caitriona Doyle, RGN, BSc, Hdip, MSc. CNSp Tissue Viability, CHO Dublin North West

Catriona worked as a renal wound care nurse in a dialysis unit for ten years and she developed the first ever renal specific wound care policy and guidelines within a leading national hospital. She has been working as a Community Tissue Viability Nurse (TVN) now for a year and a half. Alongside the practice development coordinator, she developed a wound care education pack for nurses transitioning from acute care to the community in Dublin North West. TVN lead in national webinar on continence- collaboration with the RCNME Dublin North. When her husband bought a motorbike she secretly took bike lessons to surprise (and quite possibly annoy) him.

Ciara Cotter, CNM2, The Dublin Simon Community

Ciara worked in inpatient adult psychiatry and CAMHS services after graduating from Trinity College Dublin. She worked in drug and alcohol services for 6 months when she moved to Sydney Australia, before being offered a job with The Victorian Institute for Forensic Mental Health Nursing. Ciara's CPD includes Childhood loss and bereavement from RCSI and Forensic mental health nursing from Swinburne university, Melbourne. Ciara has worked with the Dublin Simon Community (DSC) since her return from Australia two and a half years ago. She was recruited in the initial stages of trialling primary care nurses services in homeless accommodation with DSC and since then the team has doubled in size while integrating with inclusion healthcare. She is extremely proud of the work they do and hopes to continue her work reducing barriers to care for homeless clients. Ciara also has experience in other 'fields', she worked with cattle in the outback!

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### **Leading the Development of an Age Friendly Hospital**

Gail Flynn, RANP Older Person, Midland Regional Hospital Portlaoise

Gail holds a First class honours degree in General Nursing from TUS, Post Graduate Diploma in Emergency Nursing, Masters in Nursing, RANP, She was a carer for 10 years with both nursing home and private carer experience, before as a mature student, she attended TUS and received a first class honours degree in 2011. She has gained valuable experience in a variety of areas including 1 year in Midlands Regional Hospital Tullamore in Orthopaedics and 6 years in the Emergency Department in St. James Hospital. She spent 3 years as staff nurse and completed the Foundation level ED course and 2 years as CNM 1 with the rollout of the Hip Fracture Pathway. Gail registered as an ANP Older Persons & Nurse Prescriber from TCD on 31/12/2024 with distinction. Since commencing the role she places a significant focus on improving the recognition & treatment of Delirium for all patients presenting, particularly those over the age of 75. She is still raging that 4 people over 70 bet her in a recent 5k race.

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### **Midwifery students' and recent graduates' perception of skills and attitudes towards breastfeeding in Ireland and Spain**

Ander Santamarta, Enhanced Staff Midwife, The Coombe Hospital

Ander is a Registered Nurse, Registered Midwife and holds a Master of Public Health. He has experience in Emergency Nursing and currently a Midwife in the Operating Theatre at the Coombe Hospital. Anders' research interests include Sexual and Reproductive Health and Epidemiology. Ander has always had a massive fear of public speaking and still somehow ended up here!

# Digital Healthcare

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## Helping patients live well with Chronic Disease: The Smart CP Mobile App for Chronic Pancreatitis

Suzanne Marie Egan, cANP, Tallaght University Hospital

Marie has over 20 years' experience in Tallaght University Hospital in pancreas and adrenal services. Her presentation details The SMART CP mobile App which won the best Innovation Project in the 2024 European association of hospital managers. The Type3c diabetic clinic was the 1st in Ireland. Marie is also a Nurse prescriber, and is currently finished year 1 of the 2 year masters in Advance Nurse Practice Trinity College Dublin.

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## A Patient Portal for Children and Young People with Hydrocephalus: results of a scoping review and evidence synthesis

Dr. Mary Hughes, PhD Medicine and Health, MSc Nursing (Advanced Practice), BSc Nursing (Hons) hDip Nursing (Children's), PGDip T&L Higher Ed, RCN, RGN.

Associate Professor in Children's Nursing, Trinity College Dublin

Dr. Mary Hughes is a nursing educator and researcher who has dedicated her career to advancing the field of Children's Nursing through her research, teaching, and clinical practice. Dr. Hughes has a special research interest in the Health and Wellbeing of children and young people, Advanced Practice, and Digital Health innovation, and is currently engaged in funded research projects centred on child safeguarding in community care, in the development of innovative digital health services in Advanced Nursing Practice in Children's Healthcare in Ireland (CHI/NMPD Dublin North), Gravitare Digital Information Provision for Medication Safety (IMI/EU), and Digital Health Provision in the new Regional Health Areas (HSE). She has published numerous articles in high impact factor nursing and healthcare journals and has presented her research at conferences. She is supervising BSc, MSc and PhD students on programmes of research related to child health, and innovation in healthcare practice, and is mentoring clinical and academic colleagues in their research projects. She is passionate about empowering the next generation of nurses to make a positive impact in the healthcare industry, and child health in particular nationally and around the world. Mary is the mother of 4 children and spends most of her free time involved in some sporting activity or on the side of pitches and is a proud Meath woman!

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## Digitising an Infection Prevention and Control Service

Selina Ryan, RGN, BNS, MSc, Nurse Lead in Informatics in St James's Hospital

Selina completed her Diploma in Nursing programme in St James's Hospital Dublin and Trinity College Dublin. She was awarded a Bachelor in Nursing Science from Trinity College Dublin, and a Masters in Quality & Safety in HealthCare Management from the Royal College of Surgeons Ireland Institute of Leadership. She also received a PDip in Innovation through Design Thinking in University College Cork. She has worked in Nursing for 18 years. She was the Electronic Patient Record Nurse Lead on the Project Oak team in St James's Hospital and worked on developing and implementing the Electronic Patient Records which went live in October 2018. She worked as part of a team involved in organisational projects within the hospital. She was the Falls Nurse Coordinator for two years a post which she developed. She is passionate about information technology solutions and data and the impact it can have on standardising and improving patient care delivery and outcomes. She enjoys swimming in the sea whatever the weather, long forest walks and still watches One Tree Hill and Dawsons Creek.

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## Development of a Digital Skills and Digital Literacy Survey for Nursing in Tallaght University Hospital

Amanda Bates, ADoN Nursing Clinical Information Lead, Tallaght University Hospital

Having gained nursing qualifications in Sydney, Australia as a new graduate Amanda worked in a 1100 bed, Trauma and spinal centre and progressed on to complete the Postgraduate in Cardiothoracic Nursing. She moved to Ireland to take a position in Critical Care. She has since completed the MSc in Nursing Science and MSc in Digital Health Transformation and worked in Nursing leadership roles in both the Public and private sectors. She has supported Nurses competency and knowledge development within this speciality area within the National Centre for Cardio-Thoracic Surgery. Amanda co-developed Irelands first Cardiothoracic Nursing Continual Professional Development programme which was accredited by the academic partner, UCD. This 6 month programme was nominated and a finalist in the Irish Health Care awards under the heading, "Nurturing Nurses Knowledge". As Project Lead, facilitated large scale change for Nursing through the implementation of a Professional Practice Model, embedding the values of Nursing alongside the practice dimension of Practicing competence and excellence. As part of this a new way of working supported over 1200 Nurses at all grades in the development of a systemised Nursing assessment and care planning methodology. She has a strong sense of adventure and enjoys travelling around the world I have studied photography and enjoy the many pictures I have taken as memories from those adventures.

# Afternoon Parallel Session

## Education, Research, Evidence & Regulation

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### **Growing Together - The establishment of Parent Education in Midland Regional Hospital Portlaoise**

Siobhán Flynn, MSc in Midwifery Practice, CMM2 Parentcraft, Midland Regional Hospital Portlaoise

Siobhán worked as a Nurse for 4 years prior to working as a Midwife for 9 years in the National Maternity Hospital and Midlands. She is passionate about education and empowerment for pregnant women and their support person. She has implemented the Antenatal and Postnatal Education in Portlaoise Hospital. She is a driver of the smoking cessation in the perinatal period and is invested in teaching women about their matrescence and the importance of care in the postnatal period. Siobhán had her first baby during the pandemic and it changed her perspective of midwives. When nobody could be with her, the incredible midwives were there, working tirelessly, guiding her and showing unwavering compassion. She hopes to continue her practice with influence from their leadership and guidance, to all women and families she meets.

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### **Birth After Caesarean Section Support at Regional Hospital Mullingar Maternity Unit**

Caroline Earley, Advanced Midwife Practitioner, RMP, RM, RGN

Supported Care at the Regional Hospital Mullingar (RHM) Maternity Unit

Caroline is a registered general nurse, a registered midwife and a registered midwife prescriber who works clinically developing services for normal risk mothers and their families. Caroline completed her Nursing Diploma at Thames Valley University in 2001 and her BSc Hons Midwifery in 2005. She remained in the UK for a further ten years developing her midwifery skills and experience before moving home to Ireland to work at the RHM in 2015. She is passionate about woman centred, compassionate, kind care and aims to promote and facilitate informed choice for women and their families within the maternity care setting. Caroline completed a Masters in Midwifery Practice with UCD in 2021 and secured the position of candidate Advanced Midwife Practitioner in January 2021. She registered as an Advanced Midwife Practitioner in August 2022 where she is committed to developing maternity services locally in line with recommendations from the National maternity Strategy (2021). Caroline loves spinning and spending time with family and friends.

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### **Falls Prevention - A Quality Improvement Project**

Maureen Maguire, RGN, BSc in Nursing, PGrad in Infection Control, Quality Improvement Skills Development, CNM2 Quality Lead, Naas General Hospital (NGH)

As part of Maureen's current role, one of her key focuses is driving quality Improvement in clinical areas and she recognizes staff engagement as one of the key drivers in quality improvement. Maureen is the NGH representative as part of the DMHG falls and pressure ulcer collaboration. Maureen's presentation 'Falls Prevention – A Quality Improvement Project' details 2023 service user falls reduction of >20% compared to 2022 data. Maureen loves to walk whenever she has free time.

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### **An evaluation of self - administration of medications for older adults during their elective admission to the ANP - led Community Rehabilitation Inpatient Specialist Program (CRISP)**

Mary Doyle RGN, RPN, ANP, RANP, MSc Dementia Care, PG Dip in Gerontology and Advanced Practice

RANP Older person care working in Rehabilitation in Peamount Healthcare

Mary has established, and is the ANP lead on the Community Rehabilitation inpatient Specialist Programme Peamount (CRISP). CRISP was shortlisted for the HSE Awards in 2022 and selected for presentation at the ICN 2023 Congress in Montreal. Mary's special interest area is the impact of Covid-19 on residents and staff in residential care. She has recently completed the data collection for her next study to add to her two publications last year. She is one of the 9% of females worldwide that are left handed.

## Leadership & Governance Capacity

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### **Community Haematology Oral Anticancer Medication clinic - creating more value with fewer resources.**

Mary Kelly, RANP, Midland Regional Hospital Tullamore

Mary has worked in haematology nursing for over 25 years in the UK and Ireland, having worked in the Midlands Regional Hospital Tullamore since 2006. Mary holds qualifications which include FFNMRC SI, MSc Advanced Practice, RANP, RNP, BSc Oncology Nursing, Haematology Cert, Higher Diploma Project Management, and a BSc in Adult Nursing. Mary has published over 20 articles on haematology related nursing topics, co-founded Multiple Myeloma Ireland and is passionate about making changes for the benefit of haematology and patient and advancing haematology nursing practice locally and nationally. Mary is learning the piano and loves to travel, she has recently returned from Cuba.

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### **Inclusion Mental Health - Advanced Nurse Practitioner**

Michael Hevey, RANP, Inclusion Mental Health Dublin South City

Michael holds a Masters of Science (Nursing), Graduate Certificate in Advance Nursing Practice, Professional Diploma in Nurse Prescribing, Bachelor's of Arts (Hons) in Industrial Relations and Personnel Management, Registered Psychiatric Nurse, Registered Nurse Prescriber, Registered Advanced Nurse Practitioner. Michael is currently undertaking a PhD, having been awarded a scholarship from University College Dublin, School of Nursing Midwifery and Health Systems. He is the first Advanced Nurse Practitioner in Inclusion Mental Health in Ireland. He was the first Nurse Prescriber in the Mental Health Service where he worked (Dublin South City Mental Health Service). He was also the first Nurse to take on the role of Authorised Officer of the Health Service Executive, under the Mental Health Act, 2001 in my mental health service (Dublin South City Mental Health Service). He is definitely a cat person.

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### **Extending the reach of integrated care: ANP collaboration breaking new boundaries.**

Sarah Fall, RGN; RCN; MSc

RANP Heart Efficiency, Dublin South, Kildare & West Wicklow Community Healthcare

Sarah is a Registered Advanced Nurse Practitioner in Heart Failure and a Registered Nurse Prescriber. Sarah has over 30 years clinical experience in cardiology nursing ranging from paediatric cardiology ICU, adult coronary care, cardiac rehabilitation and her true passion Heart Failure. She pioneered the establishment of the Heart Efficiency service in Tallaght University Hospital in 2003. Sarah was involved in the development and roll-out the Sláintecare Integrated Care Heart Efficiency Service across CHO 7 moving the care of the heart failure patient to the community and closer to home in Naas General Hospital. This service was mainstreamed into the Enhanced Community Care Hub in Russell Building, Tallaght and was recognised as a category winner for Integrated Care at recent Staff recognition awards for CHO7. Sarah is also the co-founder and vice president of the Irish Association of Heart Failure Nurses. She loves the outdoors and is happiest when she is camping by the sea.

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### **Developing a Professional Practice Model for Nursing**

Julie O'Grady, ADoN in Evidence Based Research Practice & Innovation, St. James's Hospital

Julie holds a Bachelor of Nursing Studies, Diploma in Healthcare Management, MSc Health Services Management and a Post Grad Diploma Healthcare Innovation. Julie started nurse training in St James's 30 years ago and have since progressed as a staff nurse, CNM 1, CNM II, CNM 3, Programme Manager in Research & Innovation Office, Head of Learning & Development for 2 years and her current role is as the ADON for Nursing in Evidence Based Research Practice & Innovation since July 2023. Most of her experience is in Nursing Practice Development with expertise in Nursing Research, Innovation and Evidence Based Practice. She is a proud Galwegian!

Ciara Naughton, Staff Nurse, St. James's Hospital

Ciara has gained invaluable experience working on the Anne Young surgical ward in St. James's Hospital which specialises in Maxillofacial and Plastics Surgery, prior to this Ciara completed a rotation program in St. James's Hospital for newly qualified nurses which included experience in the Emergency Department. She is a member of St James's Staff Nurse/DoN Council. Ciara is a DAISY award winner and has presented at the St. James's Hospital Cancer Nurse Council on the impact of staff recognition. Ciara was a recent panellist with other award winners in conversation with Miriam O'Callaghan as part of St. James's Hospital International Nurses Day celebrations. Ciara was a member of the winning team at the recent "old school" sports event in St. James's Hospital for International Nurses Day.

## Workforce Stability & Wellbeing

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### **Barriers and facilitators to the Advanced Nurse Practitioner Mental Health role in Ireland.**

Sinead Frain, RANP Home Based Treatment, Dublin South Central Mental Health Service

Sinead is a Registered Psychiatric Nurse, Nurse Prescriber and Registered Advanced Nurse Practitioner. She received the Fellowship (By examination) of the Faculty of Nursing and Midwifery in the Royal College of Surgeons Ireland in 2017. She is an Adjunct Teaching Fellow in the School of Nursing and Midwifery Trinity College. Sinead has nearly 30 years of mental health nursing experience, 24 of those years have been community based as part of a Home Based Treatment Team. She was one of the first mental health nurse prescribers in the country and she established the role as ANP in Home Based Treatment of Complex cases. Sinead has a keen interest in the psychosocial dimension of mental health care and incorporates this approach into her practice. She thoroughly enjoys her roles as an Adjunct Teaching Fellow in the School of Nursing and Midwifery TCD, where she contributes to the Nurse Prescribing and ANP modules and, she regularly contributes to the P.G. Dip in Community Mental Health nursing in St. Angela's College in Sligo. Sinead has a strong desire to provide the best evidenced based services to the patients her care and to improve the patients and their families' journey as they navigate the mental health services. Sinead has hit a max speed of 47km per hour on her (push) bike - albeit going downhill!

Daniel McTiernan, Nurse Practice Development Co-Ordinator, Dublin North City Mental Health Service

Daniel is a registered psychiatric nurse, children's nurse, nurse prescriber and advanced nurse practitioner with the Nursing and Midwifery Board of Ireland. He received the Fellowship of the Faculty of Nursing and Midwifery in the Royal College of Surgeons Ireland (FFNMRCIS) in December 2019, and a postgraduate diploma in advanced leadership in 2022. Daniel has over 20 years of clinical and nurse management experience working in numerous inpatient and community mental health settings with both adults and children / adolescents.

Daniel established the Advanced Nurse Practitioner (ANP) role in a specialist CAMHS Attention Deficit Hyperactivity Disorder (ADHD) service, called "ADMIRE" in 2019. He has a strong interest in mental health research, care standards and quality improvement. He is committed to improving the services provided to nursing students, staff and those presenting with mental health difficulties. He has been told that he cooks a great fillet steak!

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### **Adaptation Nurses Peer Support Programme**

Resmi Sreekanth, Clinical Practice Facilitator, St. James's Hospital

Resmi has 22 years of experience in Nursing Field in various roles in India & Ireland She holds a BSc and an MSc in Nursing. She is one of the co-organisers of 'Fundamentals in Cancer Surgery Course', which is the only comprehensive Cancer Surgery course in Ireland covering all surgical specialities and won the "Catherine Deegan Nursing Research and Innovation Memorial Award 2022" in St James's hospital. She has presented posters at various conferences within St. James's Hospital and externally. She is the co-organiser of various Quality Improvement events, including a recent event in January 2024 called 'Reeling in the year 2023' which showcased 21 quality initiatives in surgical wards. She is very passionate about education, training and research in her role and enjoys traditional Indian dancing in her free time.

# Global Partnerships & Global Health

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## **The Introduction of Multi-Family Therapy for Eating Disorders to CAMHS**

Ivanna Lyons, cANP Eating Disorders,

Linn Dara Child & Adolescent Mental Health Services Dublin South, Kildare & West Wicklow Community Healthcare

Ivanna's qualifications include a certificate in Advanced Nursing Practice an Msc in Child & Adolescent Family Strand in Mental Health, Nurse prescribing and Bsc in Mental Health. She has worked for CAMHS for 10 years and is a core member of the Multi Family Therapy team. She is an experienced trainer as part of the Nasogastric (NG) introductory team training nursing staff to become competent in NG tube placement and feeding. Ivanna is also an adjunct lecturer in Trinity College Dublin on the undergraduate and post graduate programme. Her role in TCD includes providing a brief introduction to understanding Eating Disorder covering topics like MEED guidelines, meal coaching and supporting families. Her specialist interest is working with families that present with more complex needs such as presenting with comorbidities and social disharmony. She loves teddy bears and leopard print.

Nathalie Deans, CNS Eating Disorders,

Linn Dara Child & Adolescent Mental Health Services Dublin South, Kildare & West Wicklow Community Healthcare

Nathalie has spent 7 years working in CAMHS, as key part of her role is supporting the nursing staff with the process of nasogastric feeding on an ongoing basis. She is a core member of the Multi Family Therapy team. She worked with young people with a diagnosis of Autism and learning difficulties in Canada over a 12 month period. She provided structure for the young people in a school environment with their activities of daily living and was also involved in empowering the families to care for their child at home. Her specialist interest is supporting nursing students and new staff to enhance their confidence with working with eating disorder presentations. She is Westlife's number 1 fan.

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## **Community dispensed Hepatitis C Virus treatment for 'Hard To Reach' opiate substitution treatment (OST) service users in Dublin: an intervention to address HCV infection eradication with a hub spoke model of care**

Gillian Farrell, RANP, The GUIDE Clinic, St. James's Hospital

Gillian commenced her nurse training in St James's Hospital 30 years ago and has worked in the GUIDE Clinic for more than 20 years. She registered as ANP in Clinical Virology in 2023. She manages a cohort of patients living with HIV and/or Hepatitis B or C. She has a particular interest in providing care to those who struggle to engage in traditional models of care and strives to ensure equitable health outcomes for all her patients. She has made it her life's work to eradicate Hep C in people living with HIV (PLWH) attending the GUIDE Clinic. She loves swimming and has a swim coming up next month in Lake Windermere....which she is very nervous about!!



# Poster Presentations

Poster	Author/s	Work Location	Title
1	Sheeja Chacko	Tallaght University Hospital	No Risk, No Gloves' Campaign
2	Emma Louise Dunne	Older Persons, DSKWW Community Healthcare	A case study review of an alternative care pathway in collaboration with acute, community and Older Person Services within Dublin South, Kildare West Wicklow Community Healthcare.
3	Jheannie Vicedo Linda Murphy- Ekhuemelo	St. James's Hospital	Embracing Well-being: Finding Peace and Healing in the Hospital Garden
4	Wendy Fitzpatrick	Midland Regional Hospital Tullamore	Vital Signs Automation (VSA) system
5	Seamus Scott Yolanda Cummins	Longford/Westmeath Community Mental Health	Single Session Therapy (SST) Initiative (Connect, Collaborate, Change)
6	Evelyn Reilly	Tallaght University Hospital	Accelerated Ageing and the Complexity of Dementia Diagnosis in adults with Down Syndrome: An innovative approach to care provision.
7	Sharon Peers	St. James's Hospital	Have a cup of Positivi-Tea
8	Rebecca Moylan	Regional Hospital Mullingar	Nurses' Knowledge of the Early Recognition and Early Management of Acute Kidney Injury; A Descriptive Cross-Sectional Study.
9	Una O'Neill Dawn Healy	St. Marys Community Services, Naas	Empowering Practice Nurse: An Integrated Chronic Disease Care Study Day
10	Rachel Griffith	St. James's Hospital	Empowering Interaction Through Scenario Based Learning
11	Lynn Casey	Tallaght University Hospital	Introduction of an Advanced Nurse Practitioner (ANP) led Non-muscle invasive bladder cancer (NMIBC) treatment and surveillance clinic in Tallaght University Hospital (TUH)
12	Lynn Muldowney Elaine Harris	Naas General Hospital	Introduction of Discharge Information Packs – Quality Improvement Project
13	Aoife Bradley	Peamount Healthcare	Transitioning from Results to Treatment: The role of a Candidate Advanced Nurse Practitioner (cANP) in Expediting the Management of Sleep Study Outcomes: A Quality Improvement Initiative.
14	Sharon Maher Jill Cummins	Midland Regional Hospital Tullamore	Effects of entresto on ejection fraction, and the effects of selected demographic and clinical variables, and the effects of titrated entresto dose on ejection fraction.
15	Mae Marcojos Helen Connaughton	Tallaght University Hospital	Clinical audit on Psychological support and ICD Concerns of patients with post implant in CRY-P
16	Lorraine Costello	St. James's Hospital	Learning Platform for Keith Shaw Unit
17	Olivia Lynch Geraldine O'Mahony	Older Persons, Laois Offaly	Findings from an evaluation of Community Nursing Day Care Services in Laois and Offaly.
18	Maree Healy Dr. Mary Costello	Midland Regional Hospital Tullamore	A collaborative patient education program in the prevention of recurrence of VLU - Legs 11
19	Sinead Whelan Elaine Harris	Naas General Hospital	Standardisation of Suprapubic Catheter Care in an acute hospital setting
20	Leanne Hynes	Mental Health, DSKWW Community Healthcare	An Exploration of the Factors that Enable Student Nurses in becoming Reflective Practitioners - The Journey from Novice Student Nurse to Competent Nurse Reflective Practitioner: A Systematic Review.
21	Deborah Cross Resmi Sreekanth	St. James's Hospital	"Bringing Nurse Managers Together" - CNM1, CNM2 and Senior Nurse Councils, Surgical Inpatients, St. James's Hospital.

Poster	Author/s	Work Location	Title
22	Judith Maxwell Alanah Quinsey	Tallaght University Hospital	The use of remote digital monitoring in COPD Patients. A proof of concept project with COPD Outreach, Tallaght University Hospital and Care Connect.
23	Deepa Soloman	Midland Regional Hospital Portlaoise	Video-Enabled Care (VEC) for reducing waiting times and missed visits for post-discharge adult outpatient services in conjunction with the patients clinical requirements & stability
24	Margaret Tuohy Doireann Deay	Naas General Hospital	Introduction of 'Maternity Sepsis Guidelines' into a non-Maternity Hospital
25	Siobhan Part	St. James's Hospital	How staff collaboration, creativity and teamwork raised Falls Awareness
26	Laura Hutchinson Neil Perry	Midland Regional Hospital Tullamore	Introducing Simulated Patient Assessment Training for Adaptation Nurses in The Midland Regional Hospital Tullamore Emergency Department
27	Joan Mannion	Psychiatry of Later Life, Portlaoise	Role of ANP in Cognitive Assessment & Dementia Care
28	Aoife Bohan Seamus Scott	Community Mental Health Team, Mullingar PCC	Digital Care Pathway for people with Psychosis
29	Deepthi Chakkittakandy	Tallaght University Hospital	Implementing and sustaining a delirium quality improvement project
30	Colette Doran Marieven Budiongan	St. James's Hospital	Toby – The therapy dog
31	Catriona Brennan Gail Flynn Claire Walsh	Midland Regional Hospital Portlaoise	Networking to Promote Change: Implementing a Standardised Screening Tool to support The Frailty Agenda
32	Sinead Hickey Caitriona Walsh	Tallaght University Hospital	Mastering Medication Management: A Masterclass for New Graduate Nurses
33	Triona Yearsley	St. James's Hospital	Transition of care from ICU to the ward, a quality improvement project
34	Edel Mooney Claire Stuart	Midland Regional Hospital Tullamore	Introduction of a Deteriorating Patient Workshop in Midland Regional Hospital Tullamore
35	Ann Marie Burke Karen Moran	Older Persons Residential Services, Longford Westmeath	Think Drink! – The Coloured Jug Hydration project
36	Susan O'Callaghan	Midland Regional Hospital Portlaoise	From Booking to Birth and Beyond... Midland Regional Hospital Portlaoise Journey to Midwifery-Led Care
37	Aine Boyle Ciara Parthiban	Tallaght University Hospital	Cancer Care, a Hospital Without Walls
38	Deirdre Gorman	St. James's Hospital	Introduction of an outpatient pathway for ankle arthrodesis surgery for people with severe haemophilia
39	Caroline Ryall	Naas General Hospital	Transfer Checklist: A Quality Initiative
40	Rachel McCluskey	Dublin South West PHN Service DSKWW Community Healthcare	Let's Breastfeed DSW
	Sarah Glennon	Community Intervention Team South Dublin & Tallaght University Hospital	
41	Barbara Cawley	ADMIRE, DSKWW Community Healthcare	User Satisfaction with the new CAMHS practice of emailing prescriptions for patients via Healthmail
42	Diane O'Toole Marian Bracken Alice Farrelly Mary Berry	Midland Regional Hospital Tullamore	Raising staff awareness of and improving detection and treatment of delirium in Older People in acute care
43	Sandra Hartigan	Tallaght University Hospital	The introduction of multidisciplinary simulation training in Obstetric Emergencies

Poster	Author/s	Work Location	Title
44	Peter Laurent	St. James's Hospital	Room to Bloom: Cultivating Wellbeing in St James Hospital
45	Elaine O'Brien Doyle Fiona O'Loughlin	Midland Regional Hospital Portlaoise CHI Crumlin	An overview of the Paediatric Shared Care Oncology Service at MRHP in collaboration with CHI
46	Susie Doyle	Naas General Hospital	A Shared Competency Model for Frailty Care in the Emergency Department
47	Cathy McHale Graham Knight	Tallaght University Hospital	Profiling Depressive Symptoms and Distress in Patients Diagnosed with Alzheimer's Dementia and Their Family-Experiences from a Regional Specialist Memory Clinic'
48	Niamh Rosney	St. James's Hospital	Ways of driving Wellbeing in ICU: A Wholesome Week of activities
49	Andrea Collins Andrew Walls Niamh Carroll	Public Health CHO9 DNC	Implementation of the Clinical Skills Nurse Facilitator role in the community nursing service
50	Siobhan Keane Louise Butler	Peamount Healthcare	Utilising the evidence - based practice process to implement an annual assessment tool within Intellectual Disability services
51	Paul Mckenna	Regional Hospital Mullingar	Audit of Heart Failure Referrals
52	Cara Synnott	St. James's Hospital	An integrated approach to provision of advanced Nurse Practice in a community care pathway for epilepsy care to vulnerable populations in an urban setting - the homeless person with Epilepsy.
53	Alice Farrelly Mary Berry Diane O'Toole Marian Bracken	Midland Regional Hospital Tullamore	The Implementation of a Comprehensive Geriatric Assessment Tool for Older person
54	Rachel Pierpoint Caroline Gallagher	Tallaght University Hospital	Falls Management Simulation
55	Claire Delaney	Midland Regional Hospital Portlaoise	The implementation of the Neonatal Hyperbilirubinemia Policy in MRHP using the PDSA Cycle
56	Carolyn McCrory	Regional Hospital Mullingar	Women's Experience Disclosing Substance Use in Pregnancy
57	Dr. John Larkin	TUS Midlands Midwest	Young People's Alcohol Related Discussions on Facebook (Meta): An Observational Study.
58	Carol Delaney Amber Mitchell	Laois & Offaly Mental Health Services Longford & Westmeath Mental Health Services	Advanced Nurse Practitioner in Anxiety Disorders in CAMHS
59	Paul Phelan	Midland Regional Hospital Tullamore	Making safe surgery safer
60	Sindhu Cheriyan Darina McCarthy	Tallaght University Hospital	Quality improvement project on "preventing and management of falls in William Stokes unit, TUH"
61	Noelle Cullen	St. James's Hospital	Impact of a Nurse led Metabolic Dysfunction - Associated Steatotic Liver Disease (MASLD) Clinic - Five Years on
62	Lisa Egan	Midland Regional Hospital Portlaoise	Home - based introduction of egg protein in paediatric IgE- mediated Egg allergy- a review of treatment strategy 2011-2021 at Midland Regional Hospital, Portlaoise.
63	Maria Flaherty Aisling Kehoe	Nursing and Midwifery Planning and Development Unit	Evaluation of the Clinical Skills Nurse Facilitator Role Community Nursing Service CHO 6, 7 & 9
64	Orla O'Keeffe Doireann Deay	Tallaght University Hospital	Introduction of an Advanced Nurse Practitioner delivered ambulatory care service in an Irish Emergency Department

# General Information

**WiFi Access:** KILLASHEE\_WIFI 

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A person attending who does not wish to have their image recorded for distribution should make their wishes known on the day to one of the Conference Committee members.

## Conference Evaluation

We would appreciate if you could complete an evaluation following your attendance at today's conference. All feedback is much appreciated.

[Click Here](#) to complete the survey.

# Acknowledgments

I would like to express my sincere thanks to the very significant number of people within the region and in national roles who have advised and contributed to the planning and development of this conference. The scope of the conference has been enabled by the leadership and support from Directors of Nursing and Midwifery across all services, and by partners in academia and Nursing & Midwifery Planning and Development Units.

With thanks to:

Invited guests, all conference participants and staff who submitted abstracts for the Nursing & Midwifery Conference 2024

Kate Killeen White, REO, HSE Dublin and Midlands

Trevor O'Callaghan, Hospital Group CEO, Mary O'Kelly, Chief Officer CHO 7 & Carole Broadbank, Chief Officer CHO 8

## Session Chairpersons

- Dr. Anne Gallen, Area Director, NMPD Dublin Mid-Leinster (Representing Dr. Geraldine Shaw, ONMSD)
- Carolyn Donohoe, Interim CEO, NMBI
- Professor Martina Hennessy, Chief Academic Officer, DMHG
- Ger McGoldrick, Director of Public Health Nursing, Dublin South West
- Katherine Kenny, Director of Nursing, Regional Hospital Mullingar
- Dr. Des Cawley, Head of Department of Nursing and Healthcare, TUS Midlands Midwest
- Deirdre Lang, Director of Nursing/Lead Older Person Services
- Dawn Coyle, Nurse Practice Development Coordinator, St Michael's House
- Michael Buckley, Area Director of Nursing, Midlands Mental Health Services

## Adjudicators for Presentations

- Sandra McCarthy, Director of Nursing, Nurse Lead Integrated Care Programmes for Chronic Disease
- Maura Loftus, Director of Regional Centre of Nursing and Midwifery Education, Midlands
- Sinead Lawlor, National Practice Development Coordinator for Public Health Nursing

## Session Monitors

- Anna Smyth, ADoN, Tallaght University Hospital
- Fionola Dill, Nursing & Midwifery Planning & Development Unit
- Deirdre Halford, Nursing & Midwifery Planning & Development Unit
- Aisling Kehoe, Nursing & Midwifery Planning & Development Unit
- Anne Bursnell, Nursing & Midwifery Planning & Development Unit
- Emer McTiernan, Nursing & Midwifery Planning & Development Unit
- Collette Twomey, Nursing & Midwifery Planning & Development Unit
- Jerry Nally, Nursing & Midwifery Planning & Development Unit

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## Nursing and Midwifery Conference 2024 Planning Committee Members

- Eileen Whelan, Chief Director Of Nursing & Midwifery DMHG (Chairperson)
- Oliver Mernagh, Area Director of Nursing, Dublin South Central Mental Health
- Anne Lynott, Director of Public Health Nursing, Dublin South
- Michael Buckley, Area Director of Nursing, Midlands Mental Health Services
- Anna Smyth, ADoN, Tallaght University Hospital
- Fiona Burke, Communications and Digital Officer, DMHG
- Cora Flynn, Nursing and Midwifery Information Officer –eHealth Director of Nursing
- Tommy Flatley, General Manager for Vaccination and Influenza Lead
- Karen Davis Holden, ADoN Sepsis, Deteriorating Lead and SSI Lead
- Susan O'Reilly, ADoN Dementia Quality Improvement
- Rebecca Westman, Personal Assistant to CDONM
- Louise Peppard, Administration Officer
- Aoife Coss, Assistant Business Manager
- Claire Foley, Nursing and Midwifery Planning and Performance Manager

Go raibh míle maith agaibh go léir,  
Eileen Whelan