

Oifig an Chomhairleora Chliniciúil Náisiúnta agus Ceannaire Grúpa do Mheabhairshláinte

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Deputy Aidan Farrelly, Dail Eireann, Leinster House, Kildare Street, Dublin 2.

Date: 10th Feb 2025

PQ Number: 1475/25

PQ Question: To ask the Minister for Health the budget allocation towards National Clinical Programme for Eating Disorders in 2023, 2024 and 2025, in tabular form. -Aidan Farrelly

Dear Deputy Farrelly,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

In January 2018 the HSE published a National Model of Care for Eating Disorders (MOC) in partnership with College of Psychiatrists' of Ireland and Bodywhys. In the absence of a pre-existing dedicated eating disorder infrastructure or strategy, this Model of Care document has been developed in order to guide the provision of high quality, accessible and value for money eating disorder services in Ireland.

Key recommendations include the development of a national network of dedicated eating disorder teams embedded within the mental health service, a stepped model of outpatient, day patient and inpatient care provision based on clinical need, and the development of a skilled, trained workforce. In the context of the significant physical morbidity associated with eating disorders, this Model of Care also recommends a strong integration between primary care, mental health services and medical teams, including the bridging of the acute hospital and mental health service divide through mutual clinical commitments and shared pathways.

The HSE National Clinical Programme (NCP) for Eating Disorders aims to establish an eating disorder network of eight adult teams and eight CAMHS teams, in accordance with the agreed <u>Model of Care</u> (2018). There are currently five of these specialist CAMHS teams and six adult teams at various stages of development across the HSE. These consultant-led teams provide specialist eating disorder assessment and treatment in the community and are the foundations of quality eating disorder care. The table below sets out the location of these teams.

 Adult Eating D 	oisorder Teams •	•	CAMHS Eating Disorder Teams
Sligo/Leitrim (CHO)	1)	•	Galway (CHO 2)
Cavan/Monaghan	(CHO 1) •	•	CAREDS – Cork (CHO 4)
• Cork (CHO 4)	•	•	Dublin South East and Wicklow (CHO 6)
Kilkenny (CHO 5)	•	•	Linn Dara community ED service – South West
Dublin South East a	and Wicklow (CHO 6)		Dublin and Kildare (CHO 7)
North Dublin (CHO	9)	•	North Dublin (CHO 9)

Budget 2024 announced the funding of 5 WTEs for CHO7 to commence an adult eating disorders team and 2 additional WTEs for CHO6 CAMHS team. As a National Clinical Programme we welcome the additional investment in eating disorder teams across the country by Minister Butler in 2025 budget. We have prioritised a number of CHOs and posts in order to maximise the investment and ensure that services are safe, of high quality and in CHOs that are ready to establish a service. This will deliver 2 new teams: CAMHS ED team in CHO 3 and Adult ED team in CHO 8. It will also enable adult ED Teams in CHO 5 and CHO 7 to deliver a service across their large catchment area and avoid a postcode lottery within these CHOs. Fully resourced teams across full catchment areas are necessary to ensure early intervention and to ultimately improve clinical outcomes and reduce costs in the long term.

There has been a significant investment by Government in the development of specialist Eating Disorders Team as per table below since 2016 – recurring budget. In addition the Department of Health has funded a number of physician and pediatric consultant posts through Women's Health Fund to improve integrated care between acute hospitals and community eating disorders teams.

Eating Disorders	Full Budget €
PFG 2016	1,641,470
PFG 2017	955,673
PFG 2018	1,502,359
PFG 2019	1,758,980
PFG 2022	2,256,426
PFG 2023	Nil
PFG 2024	286,000
PFG 2025	2.4M

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

jsoilm

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