

Oifig an Stiúrthóir Náisiúnta Cúnta Rochtain agus Comhtháthú: Seirbhísí Meabhairshláinte FSS

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Deputy Paul McAuliffe.
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

08th November 2024

PQ Number: 35450/24

PQ Question: To ask the Minister for Health for update on funding to mental health services in

CHO9; and if there have been any improvements to services since 2020. -Paul McAuliffe

Dear Deputy McAuliffe,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

Having liaised with the Office of the Head of Service Mental Health, covering Integrated Health Areas, Dublin North County and Dublin North City and West, I can confirm that Integrated Health Areas of Dublin North County and Dublin North City & West received funding for an additional 53.8 Whole Time Equivalent (WTE) service development posts since 2020.

Funding has been approved for the following service developments and service improvements in this area.

## Eating Disorders-1 Adult and 1 Adolescent Teams (20.4 WTE)

Eating disorders have the highest mortality and morbidity all of the mental disorders. They affect a relatively young section of the population and have enormous socioeconomic cost. However, effective treatment can substantially improve clinical outcomes and promote sustainable recovery.

The HSE has prioritised eating disorder (ED) services as part of its National Clinical Programme for Eating Disorders (NCP-ED) which aims to develop high-quality, person-centred, integrated care through a clinician-led, evidence-based approach to service reform. The Model of Care launched in January 2018 focuses on outpatient and day programmes with early intervention as a core theme.

CHO DNCC received funding for 10.9 WTE, Adult Eating Disorders specialist team posts and 9.5 WTE Child and Adolescent Mental Health Services, CAMHS, posts.

Community Healthcare Organisation Dublin North City and County, (CHO DNCC) have made strong progress in the establishment of new Adult and Child and Adolescent Mental Health Service, CAMHS, multidisciplinary eating disorders teams. They provide specialist eating disorder assessment and treatment in the community. The CHO DNCC, Adult Eating Disorders Team is currently temporarily providing services from Maryfield Cottage, Swords and the CAMHS, Eating Disorder Team are



temporarily providing services from North Great Georges Street, Dublin 1. Mental Health Services in CHO DNCC are aware of the current limitations of the existing accommodation for both teams. However, due to the unmet need of an eating disorder service in this area, the priority was to establish recruitment and on boarding for the teams.

Currently, plans are in place for both CAMHS and Adult teams to relocate to a permanent location in Northwood Santry in February 2025. It is anticipated that this will address the accommodation requirements of the team. This is a significant development for CHO DNCC and will ensure a consolidated continuum of care with the establishment of the eating disorder hub in CHO DNCC.

Also in 2021, CHO DNCC received funding approval for 15 WTE posts to enhance services across adult and child Mental Health services.

In 2023, CHO DNCC received funding for 2.5 WTE Counsellor/Therapist posts for Mother and Baby Home and 1.9 WTE Family Support Worker post to enhance services in the Early Intervention Psychosis (EIP) team.

Further funding was received in 2024 for National Service Plan posts - 5 WTE for CAMHS and 7 WTE for the SASSY team in the Adolescent Dual Diagnosis hub team.

2 WTE Counsellor Therapist posts and 1 Senior Counsellor Therapist post were allocated to the National Counselling Services to provide a service for the family members impacted by the Stardust tragedy.

The table below outlines the funding increase allocated to CHO DNCC from 2020 to August 2024.

|                                  |      |      | 2020 to YTD |
|----------------------------------|------|------|-------------|
|                                  |      |      | August 2024 |
| Funding type:                    | Note | WTE  | €m          |
| Development posts recruited      | 1    | 53.8 | 4.5         |
|                                  |      |      |             |
| Pay restoration funding          | 2    |      | 21.7        |
|                                  |      |      |             |
| Pay ELS funding                  | 3    |      | 7.2         |
|                                  |      |      |             |
| Non pay ELS funding              | 4    |      | 8.9         |
|                                  |      |      |             |
| Total recurring funding increase |      |      | 42.4        |
|                                  |      |      |             |

Note 1 - Mental Health funded development posts recruited into CHO 9

Note 2 - Public sector pay agreement funding

Note 3 / Note 4 - existing level of service funding to cover demographic & price increases



I trust this information is of assistance to you.

Yours sincerely,

Tony McCusker General Manager

**Access & Integration: HSE Mental Health Services**