



Ceann Seirbhíse, Meabhairshláinte  
Baile Átha Cliath Theas, Cill Dara & Iarthar Chill Mhantáin  
– Cúram Sláinte Pobail  
Teach Darach, Páirc na Mílaoise, An Nás, Co. Chill Dara, W91 KDC2

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**Catherine Murphy TD,  
Leinster House,  
Kildare Street  
Dublin 2,  
D02 XR20.**

**01<sup>st</sup> November 2024**

**PQ 40849/24**

**To ask the Minister for Health the mechanisms available in the public system for children and/or adults to be assessed by a psychiatrist for ADHD in CH07.**

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Dear Deputy Murphy,

I have examined the matter and the following outlines the position.

The new HSE Dublin South Central Adult Attention Deficit Hyperactivity Disorder (ADHD) Service is open in a limited capacity at this time. The HSE Mental Health Services are working with HSE Human Resources to recruit a full Adult ADHD Treatment Team.

As the Dublin South Central Adult ADHD Service does not have a full team at present, the referral criteria has been limited to young people transitioning from Child and Adolescent Mental Health Service (CAMHS) ADMiRE Service. The CAMHS ADMiRE service is an ADHD service for young people aged between 5 and 18, once a person reaches the age of 18 they transition to an Adult ADHD service to maintain their medication management.

I understand that there is a high demand for an Adult ADHD service in the area and I can assure you we are working to establish a full team of ADHD healthcare professionals, there is an Adult ADHD Service currently being developed in the Kildare area. The Consultant post has been filled and recruitment is underway for the remaining Multi-Disciplinary Team members, however I do not have a timeframe as to when this service will be fully operational.

There are also a number of websites and resources available in regard to ADHD, these include:

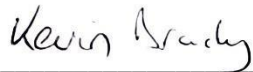
- <https://adhdireland.ie> where there is access to information and interventions  
<https://adhdireland.ie/umaap/>
- Sleep in particular can be an issue and further self-help on good sleep hygiene can be obtained from The Sleep Foundation on <https://www.sleepfoundation.org/sleep-hygiene>.
- Specialisterne Ireland on <https://www.specialisterne.ie>, is a specialist consultancy for neurodivergent people (autistic people, those on the autistic spectrum, with ADHD, Dyspraxia/DCD,

dyslexia and similar neurodiversities) supporting them into employment. A diagnosis is not required.

- The HSE Website <https://www2.hse.ie/mental-health/> offers advice and services available to manage and maintain your mental health and wellbeing.

I trust this information is of assistance to you.

Yours sincerely,



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Mr. Kevin Brady,  
Head of Service Mental Health,  
HSE Dublin South, Kildare West Wicklow