



Deputy Brophy,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

25.11.2024

PQ Number: 45949/24

PQ Question: To ask the Minister for Health the estimated cost of establishing one eating disorder team. –Deputy Brophy

Dear Deputy Brophy,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

In January 2018, the HSE published a National Model of Care for Eating Disorders (MOC) in partnership with College of Psychiatrists' of Ireland and Bodywhys. In the absence of a pre-existing dedicated eating disorder infrastructure or strategy, this Model of Care document has been developed in order to guide the provision of high quality, accessible and value for money eating disorder services in Ireland. Key recommendations include:

- The development of a national network of dedicated eating disorder teams embedded within the mental health service.
- A stepped model of outpatient, day patient and inpatient care provision based on clinical need.
- The development of a skilled, trained workforce.

The National Clinical Programme for Eating disorders (NCPED) aims to establish an ED network (8 adult teams and 8 CAMHS teams) in accordance with the agreed Model of Care 2018. These consultant led multidisciplinary teams provide specialist eating disorder assessment and treatment in the community and are the foundations of delivering quality eating disorder care across the stepped model of care. Today (November, 2024) there are 5 CAMHS teams and 6 adult ED teams at various stages of development across the HSE, with an additional adult team currently being established. As part of Budget 2025, funding is approved for a new CAMHS team and new adult team.

The breakdown of costs of an Adult Eating Disorder Team serving a population of 500,000 is detailed in Table (1). The current full year cost for a new team is **€ 1,819,047**. This does not include capital costs to house a team in a suitable premises.

Table 1 Posts and full year cost to establish a new adult ED team based on 2024 data

Full Year Costs Per WTE per Grade Pay Costs Only - All other ancillary costs to be calculated separately				Adjustments to arrive at latest full year staff cost for 2024		
Grade Code	Grade Code Description	Staff Category	Total WTE for Grade Code	Total Pay	Non Pay (10% Non pay Allowance for posts)	Total full year cost
OVERALL TOTAL			15.3	1,653,679	165,368	1,819,047
143Y	Consultant General Adult Psychiatrist	Medical & Dental	1.00	308,086	30,809	338,894
1627	Registrar, Senior	Medical & Dental	2.00	305,632	30,563	336,196
3395	Dietitian, Senior	Health & Social Care Professionals	1.00	75,059	7,506	82,565
367Y	Psychologist, Senior Clinical	Health & Social Care Professionals	1.00	116,715	11,672	128,387
2625	Clinical Nurse Specialist (Mental Health)	Nursing & Midwifery	3.00	262,366	26,237	288,602
3037	Social Worker, Psychiatric Senior	Health & Social Care Professionals	1.00	84,518	8,452	92,970
3070	Clinical Coordinator	Health & Social Care Professionals	1.00	82,260	8,226	90,486
143Y	Consultant General Adult Psychiatrist	Medical & Dental	0.30	92,426	9,243	101,668
3301	Occupational Therapist, Senior	Health & Social Care Professionals	1.00	75,103	7,510	82,613
0558	Grade IV	Management & Administrative	1.00	51,025	5,102	56,127
0609	Clerical Officer	Management & Administrative	1.00	43,077	4,308	47,385
3715	Dietitian, Clinical Specialist	Health & Social Care Professionals	1.00	82,310	8,231	90,541
3301	Occupational Therapist, Senior	Health & Social Care Professionals	1.00	75,103	7,510	82,613

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,



Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
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