



Oifig na Seirbhísí Sláinte Meabhrach  
Cúram Sláinte Pobail Corcaigh & Ciarraí

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25<sup>th</sup> June 2024

Deputy Pat Buckley,  
Dáil Éireann,  
Dublin 2

**PQ ref 25930/24**

**“To ask the Minister for Health to provide an update for local waiting times for counselling and psychotherapy services for adult, children and adolescents in east Cork, in tabular form, detailing the numbers of people waiting over six months, 12 months, 18 months and 24 months respectively.”**

Dear Deputy Buckley,

The Health Service Executive have been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted for the Minister for Health for a response.

I have examined the matter and the following outlines the position.

Counselling in Primary Care (CiPC) Waiting List Figures for May 2024.

Site	Number of Clients Waiting For Initial Assessment			
	< 30 Days	30-89 Days	90-179 Days	>180 Days
	22	53	91	13
*Cobh	0	0	0	0
Glanmire	3	6	4	0
Faranree	0	0	0	0
Mayfield	4	7	6	1
Macroom PCC	5	0	2	0
Youghal	2	3	13	5
NICHE	0	0	0	0
**Midleton	0	0	0	0
Harbour Counselling	0	5	22	5
St Mary's PCC	4	16	18	1
Carrigtwohill PCCC	4	16	26	1

The figures for East Cork are included within the North Lee data.

\*Cobh –There is currently no counsellor/therapist available to provide a service in this location. The appointment of two Senior Counsellor/Therapists was stopped in November 2023 as a result of the HSE recruitment pause. These additional Senior Counsellor/Therapists are required to be in post prior to recruiting additional counsellor /therapists to ensure adequate clinical governance, safe practice and management of clinical risk.

\*\*CiPC does not have access to a premises in Middleton since Covid- 19. Clients from Middleton are diverted to Harbour Counselling base in Cork City, Carrigtwohill or to Glanmire.



Counselling and Psychotherapy for Abuse experienced by adults (CaPA) waiting List figures for May 2024.

Site	Number of clients waiting for Ongoing Counselling			
	>30 Days	30-89 Days	90-179 Days	<180
Cork North Lee	4	5	18	20
Carrigtwohill PCCC	0	0	0	0
Cobh	0	0	1	1
Glanmire	1	0	1	0
Harbour Counselling, City Centre.	1	2	4	18
Mayfield	0	0	2	0
Midelton	1	2	0	0
St Mary's PCC	0	1	8	0
Youghal	1	0	1	1

CaPA is a pathway which provides a Trauma Informed Model of counselling. This service is primarily provided from Harbour Counselling Service which is centrally based in Cork City.

I trust the above clarifies the queries raised. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

**Julie O' Neill**  
**Head of Service**  
**Mental Health Services**  
**Cork Kerry Community Healthcare**