



Oifig an Stiúirthóra Náisiúnta Cúnta  
Oibríochtaí Meabhairshláinte

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Deputy Duncan Smith.  
Dail Eireann,  
Leinster House,  
Kildare Street,  
Dublin 2.

31st July 2024

**PQ Number: 31771/24**

**PQ Question: To ask the Minister for Health the number of people employed through HSE in Cognitive Behavioural Therapy in Tipperary. -Duncan Smith**

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Dear Deputy Smith,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

The HSE Strategic Workforce Planning and Intelligence (SWPI) Unit have confirmed that there is no dedicated grade code for Cognitive Behavioural Therapists within the HSE. Therefore, it is not possible to provide information on the number of people employed through HSE in Cognitive Behavioural Therapy (CBT).

However, I wish to advise that CBT is practiced by many professionals working within Mental Health Services and in 'face to face' and online HSE funded services.

I trust this information is of assistance to you.

Yours sincerely,

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**Tony McCusker**  
**General Manager**  
**National Mental Health Services**