

# Community **Healthcare West**

serving Galway, Mayo

Head of Mental Health Services

Community Healthcare West, St. Mary's Headquarters, Castlebar, Co. Mayo, F23 HP58.

Tel: 094 9049242 Email: Mentalhealth.cho2@hse.ie

#### Ceannasaí na Seirbhísí Meabhairshláinte

Cúram Sláinte Phobail, Iarthar, Ceanncheathrú N. Muire, Caisleán an Bharraigh, Co. Mhaigh Eo, F23 HP58. T: 094 9049242 R: Mentalhealth.cho2@hse.ie

> katrina.cusack@hse.ie 094 9049241 cathy.kennedy@hse.ie 094 9049242 laura.costello@hse.ie 090 6637543

23rd July 2024

Ms Claire Kerrane Leinster House Kildare Street **Dublin 2** 

## PO ref 29426/24

\* To ask the Minister for Health to provide an update on the services being provided under CAMHS and POLL at a centre ((E-Mental Health Hub, Castlerea, Co. Roscommon) the operating hours for services; the number of staff; the number of staff vacancies; the length of time the positions have been vacant; and if he will make a statement on the matter\*

# Dear Deputy Kerrane,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position;

### **CAMHS Connect**

CAMHS Connect is a CAMHS Day Hospital/ Assertive Outreach Team operating from the eHub in Castlerea, Roscommon with a multidisciplinary team providing care to Children and Adolescents who require more intensive input as an alternative to Inpatient admission. There are eight staff assigned to this service, two of which are currently vacant (see below).

### CAMHS Connect service consists of:

- Operating Anxiety Management programme (6 week programme with young people and parents) Cognitive Behaviour Therapy based
- Music intervention-Music Instruments for day programme (continuance subject to funding)
- Physical Health Monitoring-Lithium added to schedule
- CAMH Wave Programme (7 week programme with young people and parents) Dialectical Behaviour Thearpy and Decider skills
- Discovery College linking with schools and other services and activities for young people
- Traveller Liaison Officer- community outreach programme
- Technology Integration-online resources, Webex, Teams, live real time assessment

- Child Art Psychotherapy
- Systemic Therapy
- Individual Psychotherapy including Cognitive Behavioural Therapy and Eye Movement Desensitization and Reprocessing Therapy
- Assertive Outreach

Young people availing of this service remain under the Clinical responsibility of their referring CAMHS Community Mental Health Team. As such all routine reporting relating to the care of these young people, including CAMHS Connect activities, are incorporated within the overall reports of their Community Mental Health Team.

Current Vacant Positions:		
Senior Clinical Psychologist	1.0	Vacant since November 2023
Senior Occupational Therapist	1.0	Vacant since November 2023

Both posts have been submitted for the routine summary replacement approval.

### **POLL**

The Multidisciplinary team provides care to the POLL service users within the catchment area who require more intensive input through one to one and group therapy sessions. Medical and nursing clinics are also carried out for initial assessment of new patients and review of existing service users. The operating hours of the service is 9am to 5pm Monday to Friday. There ae six staff assigned to this service.

<b>Current Vacant Positions:</b>		
Consultant General Adult Psychiatrist	1.0	Approved in 2021 but not filled to date
Social Worker	1.0	Vacant since Dec 2023. Approved for
		filling
Administrator	1.0	Vacant since August 2023
Occupational Therapist	1.0	Vacant since 11 <sup>th</sup> March, 2024

I trust this information is of assistance to you, but should you have any further queries, please contact me.

Yours sincerely,

Charlie Meehan Head of Mental Health Services Community Healthcare West