

Community **Healthcare West**

serving Galway, Mayo and Roscommon

Head of Mental Health Services

Community Healthcare West, St. Mary's Headquarters, Castlebar, Co. Mayo, F23 HP58.

Tel: 094 9049242 Email: Mentalhealth.cho2@hse.ie

Ceannasaí na Seirbhísí Meabhairshláinte

Cúram Sláinte Phobail, Iarthar, Ceanncheathrú N. Muire, Caisleán an Bharraigh, Co. Mhaigh Eo, F23 HP58. T: 094 9049242 R: Mentalhealth.cho2@hse.ie

> katrina.cusack@hse.ie 094 9049241 cathy.kennedy@hse.ie 094 9049242 laura.costello@hse.ie 090 6637543

8th May 2024

Ms Claire Kerrane Leinster House Kildare Street Dublin 2

PQ ref 17655/24

* To ask the Minister for Health to provide a list of services and supports currently available in a service (E-Mental Health Hub, Castlerea, Co. Roscommon) for young people and for older people under psychiatry of later life; the operating days and times of these services; and the number of people being supported to date in all services.; and if he will make a statement on the matter*

Dear Deputy Kerrane,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position;

POLL Day Hospital will be opened on a phased basis from next month. The Assertive Outreach Team is focusing on the Castlerea catchment area at the moment with a multidisciplinary team providing care to POLL patients who require more intensive input, as an alternative to Inpatient admission. Medical and nursing clinics carry out assessments of new patients, and review existing service users and the Health and Social Care staff provide one to one and group therapy sessions.

CAMHS Connect is a CAMHS Day Hospital/ Assertive Outreach Team operating from the eHub in Castlerea, Roscommon with a multidisciplinary team providing care to Children and Adolescents who require more intensive input as an alternative to Inpatient admission.

CAMHS Connect service consists of:

- Operating Anxiety Management programme (6 week programme with young people and parents) Cognitive Behaviour Therapy based.
- Music intervention-Music Instruments for day programme (continuance subject to funding).
- Physical Health Monitoring-Lithium added to schedule.
- CAMH Wave Programme (7 week programme with young people and parents) Dialectical Behaviour Thearpy and Decider skills.
- Regari-school education- preventative programme with young people-coping skills and mental health awareness.
- Traveller Liaison Officer- community outreach programme.

• Technology Integration-online resources, Webex, Teams, live real time assessment.

Young people availing of this service remain under the Clinical responsibility of their referring CAMHS Community Mental Health Team. As such all routine reporting relating to the care of these young people, including CAMHS Connect activities, are incorporated within the overall reports of their Community Mental Health Team.

I trust this information is of assistance to you, but should you have any further queries, please contact me.

Yours sincerely,

Steve Jackson

A/Head of Mental Health Services Community Healthcare West