

**27<sup>th</sup> June 2024**

Mr Paul McAuliffe, TD,  
Dáil Éireann,  
Leinster House,  
Kildare St,  
Dublin 2

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**PQ 16168/24** "To ask the Minister for an update on the provision of adult ADHD services in CHO9; and if he will make a statement on the matter." **Deputy McAuliffe, TD**

Dear Deputy McAuliffe,

The Health Service Executive has been requested to reply directly to you with information in the context of the above Parliamentary Question which you submitted for response. I have examined the matter and the following outlines the position.

I wish to advise that Community Healthcare Organisation Dublin North City and County (CHODNCC) Mental Health Services (MHS) is not currently funded for delivery of an Adult Attention Deficit Hyperactivity Disorder (ADHD) Clinical Programme. We continue to correspond with the National Clinical Programmes Lead for ADHD and HSE Assistant National Director regarding funding for an Adult ADHD Service.

I would like to advise that the ADHD in Adults National Clinical Programme in partnership with ADHD Ireland and the UCD School of Psychology have developed an Adult ADHD App. The App provides specific information for adults who have ADHD or think they may have ADHD. It is available to download from apple and google app stores and through <https://adult.adhdirl.ie/download>. The app provides self-care and signposting information regarding adult ADHD. It is important to note that is not a treatment programme or a replacement for medical advice and care. Additional Supports and other support services are available through our voluntary partners in ADHD Ireland, see: <https://adhdireland.ie/for-adults/>. This provides an Adult Support group online to discuss concerns, issues and experiences of ADHD in relationships, education or work life. It is hosted online fortnightly and these peer-to-peer sessions enable those experiencing the daily challenges of living with ADHD.

Other useful information is also available from:

<https://adhdfoundation.org.uk>

<https://additudemag.com>

The HSE website, [www.yourmentalhealth.ie](http://www.yourmentalhealth.ie), is a 'one-stop-shop' portal for people seeking information on mental health supports and services, including information and trusted sources on accessing urgent help.

I trust this information is of assistance to you, but should you have any further queries please do not hesitate to contact me.

Yours sincerely,



**Anne Marie Donohue**  
Acting Head of Service Mental Health  
CHO Dublin North City and County