

Oifig an Chomhairleora Chliniciúil Náisiúnta agus Ceannaire Grúpa do Mheabhairshláinte

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Deputy Colm Burke, Leinster House, Kildare Street, Dublin 2.

Date: 11.06.2024

PQ Number: 15778/24

PQ Question: To ask the Minister for Health the current number of teams for each of the national clinical programmes in mental health, namely ADHD, dual diagnosis, early intervention in psychosis (EIP), eating disorders, perinatal mental health, self-harm/suicide, the current staffing levels of each of these teams and the shortfall in staff within each team as per the required number in the respective Models of Care; and if he will make a statement on the matter. Colm Burke

Dear Deputy Colm Burke,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

ADHD

There are seven teams in place across the HSE which consist of 5 full teams and 2 half teams. The model of care recommends each full team should consist of 5 WTE's

CHO Area	WTE's in place	Shortfall
CHO1 (half team)	2.5	1
CHO3	3	3
CHO4 Cork	4	1
CHO4 (Kerry/West Cork) (half team)	2.5	1.5
CHO6	5	1
CHO7	4	1
CHO8 – Midlands/Kildare/West Wicklow	4	1

Dual Diagnosis

Following the launch of the Model of Care for Dual Diagnosis in May 2023, two adult teams are currently being established Midwest/CHO3 region and in CHO5, Cork. Each team will consist of 13 WTE's in line with the Model of Care. Recruitment efforts are currently progressing. Two adolescent teams are currently in place in CHO9 (SASSY) and CHO7 (YoDA), each with 6 WTE's. Funding has been secured to add an additional 7 WTE's to each adolescent team, bringing the total to 13 WTE's per team, in line with the Model of Care with recruitment underway.

Early Intervention in Psychosis Teams

National Implementation of this clinical programme will require the development of approximately 25 EIP services in Ireland in line with Sharing the Vision recommendation 52. There are 5 adult EIP services in place across the HSE and one youth at risk service commencing in 2024 in CHO6. All are at various stages of development and resourcing when compared with the HSE EIP Model of Care. The 5 EIP teams are RISE, South Lee & EIST North Lee CHO4 (2 teams), Sligo/ Leitrim/ South Donegal CHO 1, DETECT- Dublin, North Wicklow CHO 6, Meath CHO8.

The model of care recommended 20WTEs per 200,000 population serving adult population and 5.7 WTEs per under 18 component.

EIP team		WTEs funded	Additional WTEs
		to date	required
South Lee Cork	200,000	15.6	4.4
North Lee Cork	100,000	7.0	3
	* This service is seeking to expand		
	and deliver care to 200,000		*13
CHO6	455,000	10.8	34.2
Meath	160,000	13.4	2.6
Sligo/Leitrim/South Donegal	115,000	8.2	3.3
Youth At Risk Mental State	455,000	3.5	9.3
Team – CHO6			
Total			56.8 or *66.8

Eating Disorders National Clinical Programme.

Eating Disorder teams are regional teams serving populations of 500,000. Of the 16 planned teams, 11 teams are at various stages of development across the HSE. Based on the Model of Care (2018) an adult team serving 500K requires at a minimum 13.4WTE and a CAMHS teams serving 500k requires 14.4 WTEs. The MOC is due for review to take into account the growth in population at the most recent census 2022. The new HSE Health Regions will impact on teams in CHO1, CHO8 and greater Dublin Areas.

Eating Disorders Regional specialist teams	Population	Funded WTEs	No. WTEs required
1. CAMHS ED CHO 2	453,109	10.2	4.2
2. CAMHS CHO4	690,575	13.4	3.4
3. CAMHS ED CHO6	549,531	6.0	8.4

4. CAMHS ED CHO7/Part CHO8	541,352	12.4	2.0
5. CAMHS ED CHO9/ part of CHO8 (Longford/Westmeath/Meath/Louth)	621,405	9.5	5.5
6. Adult ED CHO1 (Mini teams – Sligo/Leitrim/Donegal)	257,000	3.2	3
7.Adult ED CHO1 (Mini teams –Cavan/ Monaghan)	136,000	3.2	0
8. Adult CHO4	690,575	13.4	2
9. Adult ED CHO5	510,333	9.7	3.7
10. Adult ED CHO6	455,590	10.1	3.3
11. Adult ED CHO9 (part of CHO8)	621,405	10.9	3
Total			38.5

Specialist Perinatal Mental Health Services

The Specialist Perinatal Mental Health Services Programme's Model of Care was launched in November, 2017. There are 19 maternity services in Ireland. In each hospital group, the maternity service with the highest number of deliveries is the designated hub. In the smaller spoke maternity services, perinatal mental health midwives work with liaison mental health teams. The Programme was funded for 6 Hub Sites (MDT team) and 13 Spoke sites (PMH Midwife). Specific PMH services are now in place in all Hub and Spoke sites. The programmes consists of 76 WTEs in line with the Model of Care. Due to the current HSE recruitment pause, 6.5 WTEs remain vacant across 4 maternity hospitals.

National Clinical Programme for Self Harm and Suicide related Ideation

The programme is implemented in 26 emergency departments (ED) with 24 hour service including CHI Tallaght. To date the programme has funded 48.5 WTE Clinical Nurse Specialists posts. The MOC (2022) recommends one CNS post per 200 presentations of self-harm to the ED per annum and 0.2 WTE admin support per CNS. Based on full year data for 2022 an additional 4.2 WTEs at CNS grade are required and 9.6 Admin posts.

Name	WTE funded to	Additional CNS	Admin
	date	WTE required	support
		(Based on full	(0.2 wte per
		year data 2022)	CNS)
Beaumont Hospital	2.5	0.2	0.5
Cavan General Hospital	1.0	0.0	0.2
Connolly Hospital Blanchardstown	2.0	0.4	0.5
Cork University Hospital	2.0	0.2	0.4
Galway University Hospitals	2.0	0.4	0.5
Letterkenny University Hospital	3.0	0.0	0.6
Mater Misericordiae University Hospital	3.0	0.0	0.6
Mayo University Hospital	2.0	0.0	0.4
Mercy University Hospital Cork	2.0	0.3	0.5
Midland Regional Hospital Mullingar	1.0	0.0	0.2

Midland Regional Hospital Portlaoise	1.0	0.4	0.3
Midland Regional Hospital Tullamore	1.0	0.0	0.2
Naas General Hospital	2.0	0.0	0.4
Our Lady of Lourdes Hospital Drogheda	1.0	0.1	0.2
Our Lady's Hospital, Navan	1.0	0.0	0.2
Portiuncula University Hospital	1.0	0.1	0.2
Sligo University Hospital	2.0	0.0	0.4
South Tipperary General Hospital	1.0	0.0	0.2
St Luke Hospital Kilkenny	1.0	0.0	0.2
St Vincent's University Hospital	3.0	0.0	0.6
University Hospital Kerry	3.0	0.0	0.6
University Hospital Waterford	1.0	0.6	0.4
University Hospital, Limerick	1.0	1.2	0.5
Wexford General Hospital	1.0	0.3	0.2
CHI Tallaght	1.0	0.0	0.2
St. James' Hospital	2.0	0.0	0.4
Total		4.2	9.6

Suicide Crisis Assessment Nurse (SCAN)

There are currently 22 SCAN nurse posts at CNS grade across 13 counties – see table below. The model of care recommends one SCAN practitioner per 75,000 population and 0.2 Consultant Psychiatrist per 300,000 population. Based on a total population of 5.127M (2022 census) this equates to 17 Consultant posts and 68 nurses. At least 17 of the additional nurses posts required should be at Advanced Nurse Practitioner grade (one per 300,000 population) to allow for career progression, supervision at regional level and training and education. 0.2 WTE Admin support is required per nurse, this equates to 4.4WTEs for the current nurses in post and 13.6 WTEs for the remaining nurses to be recruited a total of 18 WTEs.

Suicide Crisis Assessment Nurse Service	
COUNTY	WTE CNS funded to date
Carlow	1.00
Cavan	1.00
Cork	4.00
Donegal	2.00
Dublin	1.00
Laois	1.00
Louth	1.00
Mayo	2.00
Meath	1.00
Monaghan	1.00
Offaly	1.00
Waterford	2.00
Wexford	2.00
Dublin CAMHS	2.00

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

Bailt

Dr Amir Niazi

National Clinical Advisor & Group Lead for Mental Health

Clinical Design and Innovation

Health Service Executive