



Oifig an Chomhairleora Chliniciúil
Náisiúnta agus Ceannaire Grúpa do
Mheabhairshláinte

HSE, Ospidéal an Dr Stevens, Baile Átha
Cliath 8, DO8 W2A8

Office of the National Clinical
Advisor and Group Lead for Mental
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Deputy Holly Cairns,
Dail Eireann,
Leinster House,
Kildare Street,
Dublin 2.

Date: 14.03.2024

PQ Number: 52611/23

PQ Question: To ask the Minister for Health to provide clarity on the eating disorder treatment process; and to detail what treatments families are entitled to. -Holly Cairns

Dear Deputy Cairns,

The Health Service Executive has been requested to reply directly to you in the context of the above Parliamentary Question, which you submitted to the Minister for Health for response. I have examined the matter and the following outlines the position.

In January 2018, the HSE published a National Model of Care for Eating Disorders (MOC) in partnership with College of Psychiatrists' of Ireland and Bodywhys. In the absence of a pre-existing dedicated eating disorder infrastructure or strategy, this Model of Care document has been developed in order to guide the provision of high quality, accessible and value for money eating disorder services in Ireland. Key recommendations include:

- The development of a national network of dedicated eating disorder teams embedded within the mental health service
- A stepped model of outpatient, day patient and inpatient care provision based on clinical need
- The development of a skilled, trained workforce

The NCPED aims to establish an ED network (8 adult teams and 8 CAMHS teams) in accordance with the agreed Model of Care 2018. These consultant led multidisciplinary teams provide specialist eating disorder assessment and treatment in the community and are the foundations of delivering quality eating disorder care across the stepped model of care. Today (March 2023) there are 11 NCPED teams at various stages of development across the HSE 5 CAMHS and 6 Adult teams.

Each person referred to a specialist eating disorders team receives a full assessment. From this a treatment plan is agreed and evidence based interventions are offered based on individual need. Full details on the process and international best practice are detailed in Model of care.

This can be accessed at <https://www.hse.ie/eng/about/who/cspd/ncps/mental-health/eating-disorders/resources/>

I trust this information is of assistance to you. Please do not hesitate to contact me if you have any further queries.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Amir Niazi', is centered within a light gray rectangular box.

Dr Amir Niazi
National Clinical Advisor & Group Lead for Mental Health
Clinical Design and Innovation
Health Service Executive