Check out the YouTube video 'Helping my child to talk: Use gestures' (scan QR code)





• There is a strong link between young children's use of gestures & pointing, and their talking skills as they grow up.

Playing with vehicles (e.g. cars, boats, aeroplanes)
Use gestures when you say words during play.

If your child is pushing a car, you could do a 'driving' action when saying "car"

Songs and rhymes



Use simple actions when you sing key words from a song or rhyme, You could point to body parts during 'head, shoulders, knees & toes', make an 'incy wincy spider' with your fingers, & pretend to 'row, row, row' your boat!

Water play

If your child is pouring water, you could do a pouring action with your hand while saying "pour". If they make a splash you could do a splashing action with your hands and say "splashing"!

What other gestures could you use throughout the day?







