

## Safety Information

- ☞ Mobile phones are prohibited on Oak Ward, they can either be sent home or handed up to nursing staff for safekeeping. If you need to make a call or wish to receive a call you can organise this with the nursing staff on the unit.
- ☞ All camera equipment, recording equipment and devices are prohibited.
- ☞ The use of alcohol and illegal substances are strictly prohibited on the premises of Phoenix Care Centre. If it is discovered that any patient has taken alcohol or illicit substances a search of their person and property may be carried out in line with hospital policy.
- ☞ We wish to advise that inappropriate behaviour towards staff and residents (e.g abusive language, racism, threatening comments etc) will not be tolerated.

## The Multidisciplinary Team

During your stay in Phoenix Care Centre you will be looked after by a number of different people, the Multidisciplinary Team. This team is made up of doctors, nurses, social workers, occupational therapists, psychologist and at times other people relevant to your care.

The team may vary at times because of staff changes but we encourage you to ask at any time “what are the names of the people who are looking after me”?

The names of your team are:

Consultant: \_\_\_\_\_

Registrar: \_\_\_\_\_

Nurse Manager: \_\_\_\_\_

Social Worker: \_\_\_\_\_

Occupational Therapist: \_\_\_\_\_

Psychologist: \_\_\_\_\_

Others: \_\_\_\_\_

If there are any questions you or your family have during your stay please do not hesitate to ask any member of staff.

**Disclaimer: Phoenix Care Centre accepts no responsibility for damage, loss or theft of any money or valuables kept in residents' possession while in the Centre.**



 Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

# PHOENIX CARE CENTRE



## Oak Ward

Tel: (01) 827 6530

## Welcome to Oak Ward

Oak ward is a male Psychiatric Intensive Care Ward on the ground floor next door to Alder Ward with a capacity for 12 residents. All bedrooms are single bedrooms and have a bathroom-en-suite. The bedrooms have been designed with built-in furniture including a wardrobe and a desk. Large windows have been provided with opening panels and black out curtains. The ward is locked at all times.

The aim is to provide proactive, specialist multidisciplinary treatment within a setting of low therapeutic security such that people may return to their acute units to complete their treatment and thereafter their homes. The ward has a dining room, an activities room and a quiet sitting room, which open off each other, and a further quiet area. Treatment and support rooms are located between the two wards.

## Philosophy of Care

The philosophy of care is underpinned by the principles of patient-centred care, recovery, rehabilitation, risk assessment and risk management. Care and treatment offered is holistic, individualised, multidisciplinary, intensive, comprehensive, collaborative and must have an immediacy of response to critical situations. As an Approved Centre (Mental Health Act 2001) Phoenix Care Centre provides specialist tertiary intensive mental health care and treatment for adult patients with a mental disorder and difficult behaviour that cannot be managed safely in an open adult admission unit, Mental Health Services of the Dublin North Eastern Region, Dublin South and Wicklow.

## Medication

Following an initial assessment by the doctor on duty a treatment plan will be put in place for you, this plan is to ensure that you receive the best care that you require at present. As part of this treatment plan you may be requested to take medication. Medications are used to treat the symptoms of mental disorders such as schizophrenia, depression, bi polar disorders and many more. In addition to medications, complimentary therapies such as social, behavioural and recreational activities may be used.

You can discuss all of this with your doctor, nurse or other members of your care team. You will be given verbal information about your medication and if you require written information this will also be given to you. If there are any questions that you or your family needs to ask regarding your medication or other aspects of your care please ask any member of staff.

## Seclusion

Seclusion is defined as “the placing or leaving of a person in any room alone, at any time, day or night, with the exit door locked or fastened or held in such a way as to prevent the person from leaving” (MHC 2006). If Seclusion is required it is in the best interest of the patient and only when a patient poses an immediate threat of serious harm to self or others and when all alternative interventions to manage the patient’s unsafe behaviour have been considered.

## Ward Information

- ☞ On admission, a record of your property will be made, and cash and other valuables will be placed in the ward safe and records maintained.
- ☞ Smoking is permitted only in the Courtyard Garden Area. Residents are not permitted to have lighters or matches.
- ☞ Visitors are not permitted in patient’s bedrooms.
- ☞ Meal times are as follows:

9.15am	Breakfast
12.30pm	Dinner
17.00pm	Tea
20.30pm	Supper

The kitchen is closed from 18.00 for cleaning.
- ☞ In order for you to participate in your Care Plan and to attend Recreational activities the bedroom doors will be closed between 9.30am- 12.30pm and 14.30pm-17.30pm.

