

Safety Information

- ☞ Mobile Phones are prohibited in Birch Ward. They can either be sent home or handed up to nursing staff for safekeeping. If you need to make a call or wish to receive a call you can organize this with the nursing staff on the ward.
- ☞ While the ethos of the centre is to encourage family support and involvement in care, in the interest of health and safety special arrangements will be made for children to visit. Please speak to your named nurse.
- ☞ The use of alcohol and illegal substances are strictly prohibited on the premises of Phoenix Care Centre. If it is discovered that any patient has taken alcohol or illicit substances, a search of their person and property may be carried out in line with hospital policy.
- ☞ We wish to advise that inappropriate behaviour towards staff and residents (e.g abusive language, racism, threatening comments etc) will not be tolerated.

The Multidisciplinary Team

During your stay in Phoenix Care Centre you will be looked after by a number of different people, the Multidisciplinary Team. This team is made up of doctors, nurses, social workers, occupational therapists, psychologist and at times other people relevant to your care.

The team may vary at times because of staff changes but we encourage you to ask at any time “what are the names of the people who are looking after me”?

The names of your team are:

Consultant: _____

Registrar: _____

Nurse Manager: _____

Social Worker: _____

Occupational Therapist: _____

Psychologist: _____

Others: _____

If there are any questions you or your family have during your stay please do not hesitate to ask any member of staff.

Disclaimer: Phoenix Care Centre accepts no responsibility for damage, loss or theft of any money or valuables kept in residents' possession while in the Centre.

 Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

PHOENIX CARE CENTRE



Birch Ward

Tel: (01) 827 6550



Welcome to Birch Ward

Birch ward is a mixed 20 bed Rehabilitation Ward on the first floor, designed as sub-wards with 7 and 9 bedrooms with a further 4 bedrooms in between allowing flexibility for use by men and women. Birch has a shared dining room and sitting room opening onto an external terrace. An Activities and Daily Living (ADL) kitchen, an Art & Pottery Room and Therapy Room are also provided.

This rehabilitation service aims to support people with complex mental health problems to gain or regain cognitive, emotional, social, intellectual, and physical skills needed to live, learn, work and function as independently as possible in the community with the least interference by symptoms. Whilst the practice of rehabilitation empowers individuals with complex mental health problems to achieve their personal goals and move towards recovery, the principles provide the framework within which these practices are delivered.

Philosophy of Care

The philosophy of care is underpinned by the principles of patient-centred care, recovery, rehabilitation, risk assessment and risk management. Care and treatment offered is holistic, individualised, multidisciplinary, intensive, comprehensive, collaborative and must have an immediacy of response to critical situations. As an Approved Centre (Mental Health Act 2001) Phoenix Care Centre provides specialist tertiary intensive mental health care and treatment for adult patients with a mental disorder and difficult behaviour that cannot be managed safely in an open adult admission unit, Mental Health Services of the Dublin North Eastern Region, Dublin South and Wicklow.

Medication

Following an initial assessment by the doctor on duty a treatment plan will be put in place for you, this plan is to ensure that you receive the best care that you require at present. As part of this treatment plan you may be requested to take medication. Medications are used to treat the symptoms of mental disorders such as schizophrenia, depression, bi polar disorders and many more.

You can discuss all of this with your doctor, nurse or other members of your care team. You will be given verbal information about your medication and if you require written information this will also be given to you. If there are any questions that you or your family need to ask regarding your medication or other aspects of your care please ask any member of staff.

One to One Care

An aspect of care that may be initiated as part of your treatment plan is one to one special nursing care. Again this only happens if you're treating doctor feels that it is in your best interest and safety. What this means is that you will be in the direct care of a member of nursing staff continuously for an identified period of time.

Transfer to another Unit

At different times and in the interest of patient safety it may be necessary to transfer a patient from an open to a closed ward. If this happens it will be in your best interest and for the shortest time possible.

Ward Information

☞ No Smoking is permitted on this ward or in the Phoenix Care Centre-there are identified smoking areas. Residents are not permitted to have lighters or matches.

☞ Meal times are as follows:

9.15am	Breakfast
12.30pm	Dinner
17.00pm	Tea
20.30pm	Supper

The kitchen is closed from 18.00 for cleaning.

☞ In order for you to participate in your Care Plan and to attend Recreational activities the bedroom doors will be closed between 9.30am- 12.30pm and 14.30pm-17.30pm.

