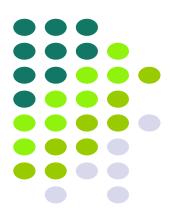
# Embedding Health and Wellbeing in Health Service Delivery



Dr. Stephanie O'Keeffe
National Director, Operations Planning

7<sup>th</sup> July 2023







## Political Mandate 2012 Launch – to 2023









# System Actualisation? Strategy, Implementation Planning, People, Teams, Process, Enablers, Energy



Hearts and Minds





# Planning, Performance & Programme Management



- Strategic and operational planning
- Performance Framework
- Design and implement systems and governance processes to support the effective delivery of objectives
- Performance Improvement Service and Operational Planning and monitoring
- Creativity and local innovation





### Embedding Strategic Priorities

STRATEGIC PRIORITY
Health Service
Reform

25 ACTIONS

Reducing the burden of Chronic Disease

embed our approach

Health Service Reform

Our greatest opportunity to

Our greatest challenge

STRATEGIC PRIORITY

Reducing the burden of Chronic Disease

80 ACTIONS

Improving Staff
Health & Wellbeing

11 ACTIONS

Improving Staff
Health & Wellbeing

Our greatest asset





Reducing the burden of Chronic Disease

80 ACTIONS

Reducing the burden of Chronic Disease

Our greatest challenge



Slaintecare Healthy Communities Programme











Who has decided to QUIT smoking for their New Year's Resolution? People QUIT smoking for lots of different reasons and we want to know your reason using the hashtag #WhylQuit







There's a minfall warning in place, but the weekend should be fine

Have ago 😝 3,000 Week. 🐞 7 Consissions The coming werest Endown, Martin Plant and Martin













tes Tools Help

ls Help

Ask our expert

Q



THINKING ABOUT GETTING STARTED FIRST FEW WEEKS AS BABY GROWS SUPPORT SEARCH RESOURCES













## Clinical Leadership & Models of Care



- Healthy Ireland goals reflected in all clinical programmes models of care underpinned with prevention
- "Promote primary and secondary prevention in Clinical Practice"
- "Ensure every contact counts"
- Prevention embedded in Enhanced Community Care Service Models and GP work to manage chronic disease in the community





## Model for Making Every Contact Count

#### Specialist Services

For those who require further support

#### **Extended Brief Intervention**

Longer than a brief intervention with the scope to explore ambivalence to change For those with significant health problems

#### **Brief Intervention**

An intervention that equips people with the tools to change attitudes and explore underlying problems For those with established lifestyle risk factors

#### **Brief Advice**

A short opportunistic intervention Everyone accessing the health service



All health
professionals and
healthcare
assistants will be
trained to a level
that enables them
to carry out a brief
intervention with
their patients



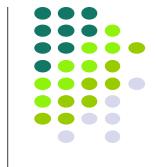
### The Power of Patient Voice - RCSI Hospitals Group HI Implementation Plan











Political embedding....and synergies..

Health Service/policy Chiefs...hearts and minds...

Teams of Health and Wellbeing in services

HSE funded services & partners

Clinical Leadership

Local Authorities, local community Groups,

Patient partners & public, active citizenship







## Persistence, taking opportunities, mainstreaming, holding each other up





