



Ceann Seirbhíse, Cúraim Príomhúil
Cúram Sláinte Pobail Cabhán Dún na nGall
Liatroim Muineachán, Sligeach
An Clochar, Sráid an Choláiste, Béal Átha
Seanaidh, Co Dhun na nGall, F94 TPX4

Head of Service, Primary Care
Community Healthcare Cavan Donegal
Leitrim Monaghan Sligo
HSE, An Clochar, College Street,
Ballyshannon, Co Donegal, F94 TPX4

www.hse.ie @hselive

t: 071 9834627 | 071 9834637

e: HOSPC.CHO1@hse.ie

13th February, 2024

Ms Niamh Smyth T.D.,
Dáil Éireann,
Leinster House,
Kildare Street,
Dublin 2

Re: PQ ref 50356/23 (9562GMPQ) “To ask the Minister for Health what measures/supports are in place for women in Cavan and Monaghan who suffer from post-natal depression; if there are any plans to enhance these services; and if he will make a statement on the matter.”

Dear Deputy Smyth

The Health Service Executive has been requested to reply directly to you in the context of the above Representation, which you submitted to the Chief Officer, Community Healthcare Cavan Donegal Leitrim Monaghan Sligo for response.

I have examined the matter, and the following outlines the position of Community Healthcare Cavan Donegal Leitrim Monaghan Sligo.

Primary Care Psychology accepts referrals for adults experiencing mild to moderate mental health needs such as mild-moderate postnatal depression and/or anxiety. The service provides psychological assessment and intervention for these needs in a stepped care model. Primary Care Psychology also liaises with other relevant services such as Adult Community Mental Health, Counselling in Primary Care (CIPC) and the mental health midwife in Cavan General Hospital when required, to support individual cases or direct referrals to a more appropriate service.

Kindly note this response was held due to Fórsa Action which has now been lifted.

I trust this information is of assistance to you, but should you have any further queries, please do not hesitate to contact me.

Yours sincerely,

Mandy Doyle
Ceannasaí Seirbhíse, Cúram Príomhúil
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