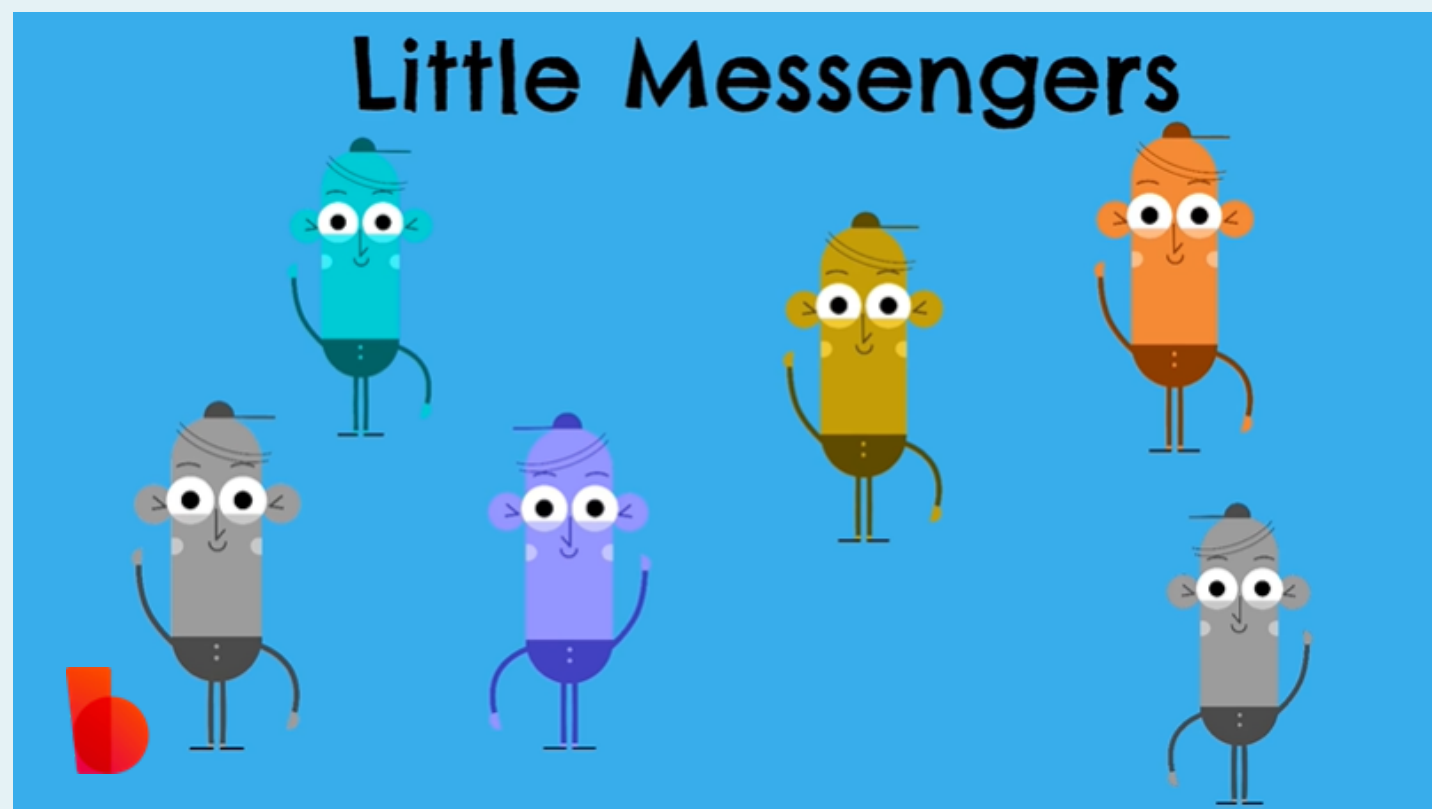


Check out the YouTube video  
'Little Messengers story: Explaining stammering to young children'  
(scan QR code)



# 19. Little Messengers Story

A way of explaining stammering to young children

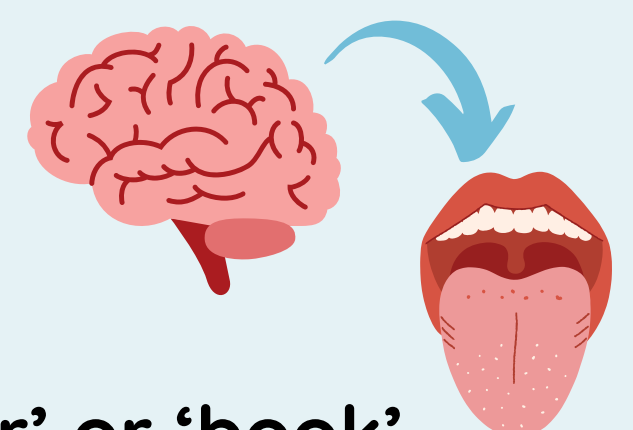


When you go to kick a football, there are these little messengers that travel all the way down from your brain to tell your foot to kick the ball, and how to do it.

Sometimes the little messengers get it just right & the ball goes exactly where it should. Other times they get a little mixed up & you might miss the ball completely!



When you are talking, the same thing happens. The little messengers go from your brain all the way down to your mouth to tell your lips, your tongue & all the parts of your mouth how to move, so that they can make a word, like 'car' or 'book'



Sometimes those little messengers can get mixed up. Some of them might get held up along the way & the word might sound a little different when it comes out: It might be a bouncy word like 'c-c-c-car' or the start of the word might feel stuck like 'bbbbook'

The little messengers can't help if they get a little mixed up from time to time. Even if they take extra time, they will always get there eventually & help you to get the word out!

