

Check out the HSE YouTube video  
'8 Top Tips for helping a child who stammers'  
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## 18. Eight Top Tips

for helping a child who stammers (summary)

1. Wait for them to finish their sentences

2. Talk back in a natural & relaxed way



3. Use more comments & fewer questions

4. Put aside five minutes every day where you give the child  
your undivided attention



5. Make it clear that everyone needs to take turns

6. Let them know that it is OK to stammer



7. Praise the things they can control

8. Talk about their talking if they are upset or annoyed