

Check out the YouTube video
'Helping my child to talk: Create talking moments
(Scan QR code)



12. Create Talking Moments

When you know a child really well, you can often tell what they want & need without them having to tell you. It can be easy to skip chances for talking and interacting.

Here are 5 ideas for creating more talking moments!

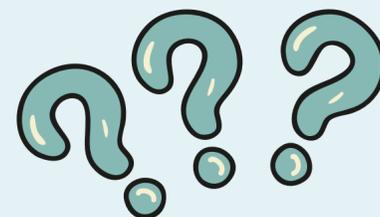


1. Pause before doing something your child is expecting

This encourages them to communicate what they want to happen! When blowing bubbles, pause when all the bubbles are popped. When standing by the fridge door, pause before opening it.

2. Be silly and forgetful

You could forget to give them their second shoe when getting dressed! You could give them a giant spoon for their yoghurt. Respond to their reaction with words & actions!



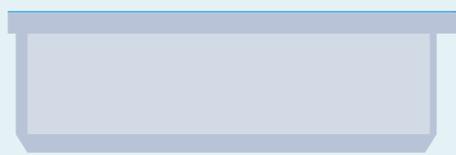
3. Out of reach

Put some of their favourite toys and books at a level they can see but can't reach.



4. Clear boxes

Put some favourite toys in clear boxes that are hard to open.



5. Pick your moments

Don't expect as much communication when they are tired, upset or annoyed. In these moments, keep your language simple & calm!

