

Check out the YouTube video  
'Helping my child to talk: Follow their lead'  
(scan QR code)



# 1. Follow *Their* Lead

- To follow a child's lead show interest in their actions, words & ideas. If possible, get down to the child's level.
- Get into 'their world'. Allow the focus to be on their play & interests, not yours!



## Small world play (e.g. cars, farm)

Watch what your child is doing while they play & follow their lead. If they are making the horse eat, you could talk about that using simple comments like the horse is eating! Join in their play!



## Play dough

Comment on their actions & join in the fun. If your child is rolling the play dough, you could roll it too and say something like

"rolling the play dough...roll, roll, roll"



## Going for a walk/ adventure

Watch to see what they are looking at & pointing at. Follow their lead by showing interest in those same things!



Wow, a bird!

The bird is flying!

