FOLFOX-6 Modified Chemoradiation Therapy-14 day

INDICATIONS FOR USE:

INDICATION	ICD10	Regimen Code	Reimbursement Status
Definitive squamous cell carcinoma (SCC) or adenocarcinoma of the oesophagus	C15	00509a	Hospital

TREATMENT:

The starting dose of the drugs detailed below may be adjusted downward by the prescribing clinician, using their independent medical judgement, to consider each patients individual clinical circumstances.

Chemotherapy is administered every 14 days for **six** cycles according to the treatment table below unless disease progression or unacceptable toxicity develops. The first three cycles (week 1-6) are administered concurrently with radiotherapy (week 1-6) and the final three cycles are given after radiotherapy.

Facilities to treat anaphylaxis MUST be present when systemic anti-cancer therapy (SACT) is administered.

Order of Admin	Day	Drug	Dose	Route	Diluent & Rate	Cycle
1	1	Oxaliplatin	85mg/m^2	IV infusion	500ml glucose 5% over 2hrs	Every 14 days
2	1	Folinic Acid (Calcium leucovorin)	200mg/m^2	IV infusion	250ml glucose 5% over 2hrs	Every 14 days
3	1	*5-Fluorouracil	400mg/m^2	IV BOLUS		Every 14 days
4	1	5-Fluorouracil	1600mg/m^2	Continuous IV infusion	Over 46h in 0.9% NaCl.	Every 14 days
Oxaliplatin is incompatible with 0.9% NaCl. Do not piggyback or flush lines with normal saline For oxaliplatin doses ≤ 104mg use 250ml glucose 5%. Increase infusion rate time to 4 – 6 hours in case of laryngopharyngeal dysaesthesia reaction Oxaliplatin administration must always precede the administration of 5-Fluorouracil. Oxaliplatin may be given at the same time as Folinic Acid *(Calcium Leucovorin)* using a Y connector.						
Folinic Acid *(Calcium Leucovorin)* must be administered prior to 5-Fluorouracil. It enhances the effects of 5-Fluorouracil by increasing 5-Fluorouracil binding to the target enzyme thymidylate synthetase. Acute neurotoxicity is common with oxaliplatin and can be precipitated on exposure to the cold therefore in this regimen patients should NOT suck on ice chips during the bolus injection of 5-Fluorouracil.						
* See dose modifications section for patients with identified partial dihydropyrimidine dehydrogenase (DPD) deficiency						

ELIGIBILITY:

- Indications as above
- ECOG 0-2
- Adequate haematological, renal and liver status

CAUTION:

Use with caution in patients with

- Previous pelvic radiotherapy
- Recent MI
- Uncontrolled angina, hypertension, cardiac arrhythmias, CHF
- In patients with baseline greater than 3 loose bowel movements (BM) per day (in patients without colostomy or ileostomy)
- Symptomatic peripheral neuropathy

EXCLUSIONS:

- Hypersensitivity to oxaliplatin, 5-Fluorouracil or any of the excipients
- Known complete dihydropyrimidine dehydrogenase (DPD) deficiency
- Severe renal impairment (creatinine clearance < 30ml/min)
- Breast feeding
- Peripheral neuropathy with functional impairment prior to first cycle

PRESCRIPTIVE AUTHORITY:

The treatment plan must be initiated by a Consultant Medical Oncologist.

TESTS:

Baseline tests:

- Blood, liver and renal profile
- ECG (if patient has compromised cardiac function)
- DPD testing prior to first treatment with 5-Fluorouracil using phenotype and/or genotype testing unless patient has been previously tested

Regular tests:

- Blood, liver and renal profile prior to each cycle
- Evaluate for peripheral neuropathy every 2 cycles

Disease monitoring:

Disease monitoring should be in line with the patient's treatment plan and any other test/s as directed by the supervising Consultant.

DOSE MODIFICATIONS:

- Consider a reduced starting dose in patients with identified partial DPD deficiency
  - Initial dose reduction may impact the efficacy of treatment
  - In the absence of serious toxicity, subsequent doses may be increased with careful monitoring
- Any dose modification should be discussed with a Consultant

Haematological:

Table 1: Dose Modifications for Haematological Toxicity

ANC (x 10^9/L)		**Platelets (x10^9/L)**	
≥ 1.5	and	≥ 75	100% Dose
<1.5	and/or	<75	Delay chemotherapy until recovery
<1	and/or	<50	Delay chemotherapy until recovery. Omit bolus 5-Fluorouracil and reduce dose of oxaliplatin to 65mg/m^2 for subsequent cycles
Febrile neutropenia			

Renal and Hepatic Impairment:

Table 2: Recommended dose modifications in patients with renal or hepatic impairment

Drug	**Renal impairment**		**Hepatic impairment**			
Oxaliplatin	**CrCl (ml/min)**	**Dose**	Little information available. Probably no dose reduction necessary Clinical decision			
	>30	Treat at normal dose and monitor renal function				
	<30	Contraindicated				
5-Fluorouracil	Consider dose reduction in severe renal impairment only		**Bilirubin (micromol/L)**		**AST**	**Dose**
			<85		<180	100%
			>85	or	>180	Contraindicated
			Clinical decision. Moderate hepatic impairment; reduce initial dose by 1/3. Severe hepatic impairment, reduce initial dose by 1/2. Increase dose if no toxicity.			

Management of adverse events:

Table 3: Dose modification schedule based on adverse events

Adverse reactions	Recommended dose modification
Peripheral neuropathy Grade 2 • Persistent between cycles Grade 3 • Duration >7 and <14 days • Persistent between cycles Grade 4	 Reduce oxaliplatin to 65mg/m^2 Reduce oxaliplatin to 65mg/m^2 Discontinue oxaliplatin Discontinue oxaliplatin
Laryngo-pharyngeal dysaesthesia	Increase infusion time from 2 to 6 hrs
Stomatitis or Diarrhoea Grade 3 Grade 4	 Delay treatment until toxicity has resolved to Grade 1 or less and reduce doses for subsequent cycles as follows: • 1st occurrence: Cease bolus 5-Fluorouracil • 2nd occurrence: Reduce oxaliplatin to 65mg/m^2 and infusional 5-Fluorouracil to 1200mg/m^2 • 3rd occurrence: Cease treatment Delay treatment until toxicity has resolved to Grade 1 or less and reduce doses of oxaliplatin to 65mg/m^2 and infusional 5-Fluorouracil to 1200mg/m^2 and cease bolus 5-Fluorouracil for subsequent cycles
Unexplained respiratory symptoms e.g. Non-productive cough, dyspnoea, crackles or radiological pulmonary infiltrates	Discontinue oxaliplatin until interstitial disease or pulmonary fibrosis excluded.

SUPPORTIVE CARE:

EMETOGENIC POTENTIAL:

Oxaliplatin: Moderate (**Refer to local policy).**
Fluorouracil: Low (**Refer to local policy).**

PREMEDICATIONS: Not usually required unless the patient has had a previous hypersensitivity.

OTHER SUPPORTIVE CARE:

Anti-diarrhoeal treatment **(Refer to local policy).**

ADVERSE EFFECTS / REGIMEN SPECIFIC COMPLICATIONS

The adverse effects listed are not exhaustive. Please refer to the relevant Summary of Product Characteristics for full details.

- **Laryngopharyngeal dysaesthesia:** An acute syndrome of laryngopharyngeal dysaesthesia occurs in 1% - 2% of patients and is characterised by subjective sensations of dysphagia or dyspnoea/feeling of suffocation, without any objective evidence of respiratory distress (no cyanosis or hypoxia) or of laryngospasm or bronchospasm. Symptoms are often precipitated by exposure to cold. Although antihistamines and bronchodilators have been administered in such cases, the symptoms are rapidly reversible even in the absence of treatment. Prolongation of the infusion helps to reduce the incidence of this syndrome.
- **Gastrointestinal toxicity:** Patients treated with 5-Fluorouracil should be closely monitored for diarrhoea and managed appropriately.
- **Neutropenia:** Fever or other evidence of infection must be assessed promptly and treated aggressively.
- **Myocardial ischaemia and angina:** Cardiotoxicity is a serious complication during treatment with 5-Fluorouracil. Patients, especially those with a prior history of cardiac disease or other risk factors, treated with 5-Fluorouracil, should be carefully monitored during therapy.
- **Dihydropyrimidine dehydrogenase (DPD) deficiency:** DPD is an enzyme encoded by the DPYD gene which is responsible for the breakdown of fluoropyrimidines. Patients with DPD deficiency are therefore at increased risk of fluoropyrimidine-related toxicity, including for example stomatitis, diarrhoea, mucosal inflammation, neutropenia and neurotoxicity. Treatment with 5-Fluorouracil, capecitabine or tegafur-containing medicinal products is contraindicated in patients with known complete DPD deficiency. Consider a reduced starting dose in patients with identified partial DPD deficiency. Initial dose reduction may impact the efficacy of treatment. In the absence of serious toxicity, subsequent doses may be increased with careful monitoring. Therapeutic drug monitoring (TDM) of 5-Fluorouracil may improve clinical outcomes in patients receiving continuous 5-Fluorouracil infusions.
- **Hand-foot syndrome (HFS),** also known as palmar-plantar erythrodysaesthesia (PPE) has been reported as an unusual complication of high dose bolus or protracted continuous therapy for 5-Fluorouracil.
- **Platinum Hypersensitivity**: Special surveillance should be ensured for patients with a history of allergic manifestations to other products containing platinum. In case of anaphylactic manifestations the infusion should be interrupted immediately and an appropriate symptomatic treatment started. Re-administration of oxaliplatin to such patients is contraindicated.
- **Extravasation:** Oxaliplatin causes irritation if extravasated (Refer to local policy).
- **Venous occlusive disease:** A rare but serious complications that has been reported in patients (0.02%) receiving oxaliplatin in combination with 5-Fluorouracil. This condition can lead to hepatomegaly, splenomegaly, portal hypertension and/or esophageal varices. Patients should be instructed to report any jaundice, ascites or hematemesis immediately.
- **Haemolytic Ureamic Syndrome (HUS):** Oxaliplatin therapy should be interrupted if HUS is suspected: hematocrit is less than 25%, platelets less than 100,000 and creatinine greater than or equal to 135 micromol/L. If HUS is confirmed, oxaliplatin should be permanently discontinued.

DRUG INTERACTIONS:

- Marked elevations of prothrombin time and INR have been reported in patients stabilized on warfarin therapy following initiation of 5-Fluorouracil regimes
- Concurrent administration of 5-Fluorouracil and phenytoin may result in increased serum levels of phenytoin
- 5-Fluorouracil is contraindicated in combination with brivudin, sorivudin and analogues as these are potent inhibitors of the 5-Fluorouracil-metabolising enzyme DPD
- Caution should be taken when using 5-Fluorouracil in conjunction with medications which may affect DPD
- Current drug interaction databases should be consulted for more information

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Version	Date	Amendment	Approved By
1	10/10/2018		Prof Maccon Keane
2	12/02/2020	Standardisation of treatment table. Updated exclusions and recommended dose modifications for oxaliplatin in renal impairment. Updated emetogenic potential and drug interactions.	Prof Maccon Keane
3	26/02/2020	Standardisation of treatment table.	Prof Maccon Keane
4	2/9/2020	Reviewed. Updated exclusion criteria, baseline testing, dose modifications and adverse events with respect to DPD deficiency as per DHPC from HPRA June 2020 Updated Adverse events regarding palmar-plantar erythrodysaesthesia	Prof Maccon Keane
5	3/2/2021	Updated indication	Prof Maccon Keane
5b	23/11/2023	Formatting changes and grammatical corrections.	NCCP

Comments and feedback welcome at oncologydrugs@cancercontrol.ie.