

Closing the gaps



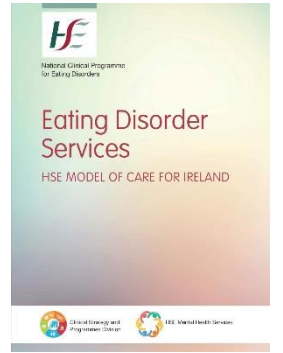
Integrated Care in safe quality Eating Disorder Services in Ireland

Dr. Michelle Clifford, Clinical Lead NCP Eating Disorders

HSE National Clinical Programmes Networking day Nov 29th 2023

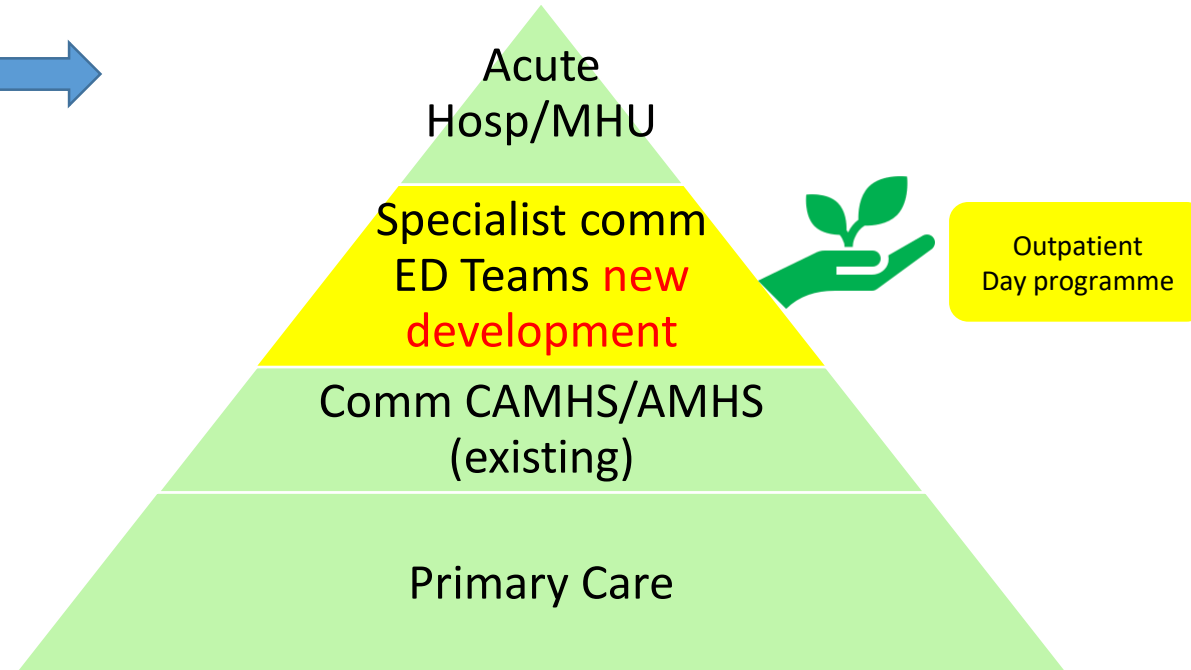


HSE Model of Care for Eating Disorder Services (2018)



Key Recommendations

1. Stepped Care Model
2. ED Hub Network
- 3. Integrated Care**
4. ED Training
5. Evaluation



- ✓ Quality
- ✓ Access
- ✓ Value

Eating Disorder Network

5 Adult ED Teams
5 CAMHS Teams
80+ ED clinicians

Team locations for the National Eating Disorder Network





National Clinical Programme for Eating Disorders



over € 8 million invested

60 new eating disorder staff
further 30+ in recruitment

Active Training & Education Programme



1370 referrals

unprecedented demand
peaked 2021

833 assessments

255 case consultations

3 in 4 under 18

1 in 10 males

2 in 3 (452) Anorexia Nervosa



Access Times

54% (456) assessed within 4 weeks

76% (634) assessed within 8 weeks

HSE Model of Care for Eating Disorders

2018 - 2022

742 started treatment

65% (482) within 4 weeks after assessment

76% (565) within 8 weeks after assessment

Self Care App

Almost 16K users since 2020

Over 230k page views

Refresh planned in 2023

Discharges

2 in 3 discharged to GP since 2020

51/833 admitted to inpatient mental health care (6%)

Mortality

2 deaths

Partnership with BodyWhys

3500+ families/carers have accessed support programmes

BODYWHYS

The Eating Disorders Association of Ireland

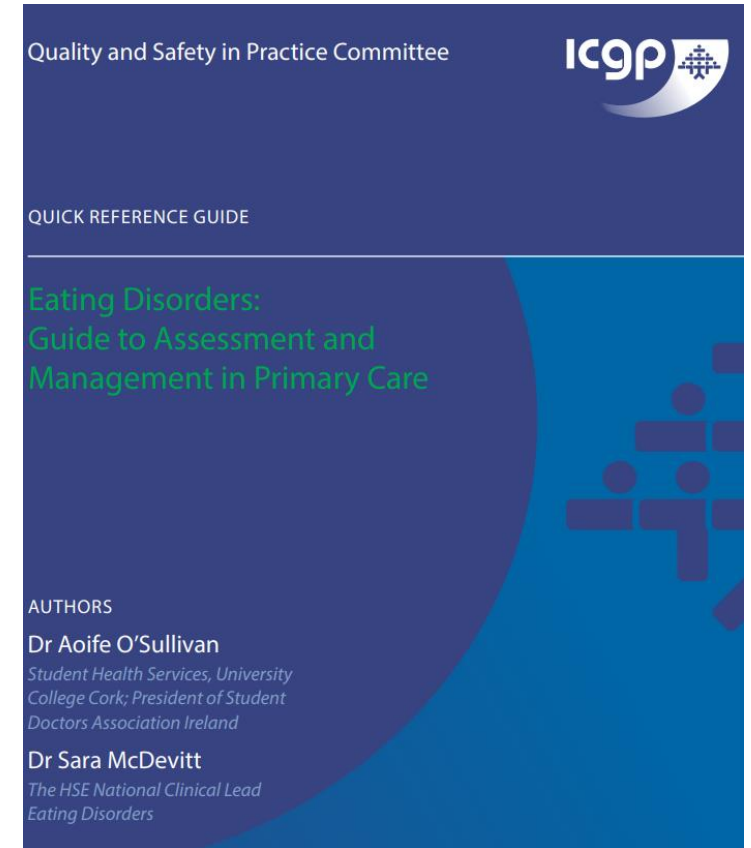
Bridging gap between mental and physical health settings

- Each Adult and CAMHS ED Team linked with an acute medical or paediatric hospital
- Consultant Paediatrician/ Physician and hospital dietitian as members of NCPED MDT
- Formal Care Pathways

ICGP Guidelines



- Eating Disorders: Guide to Assessment and Management in Primary Care
- March 2021
- GP representative as member of NCPED Implementation and Advisory Group
- Active wait list supports/resources



Emergency Department Guidelines



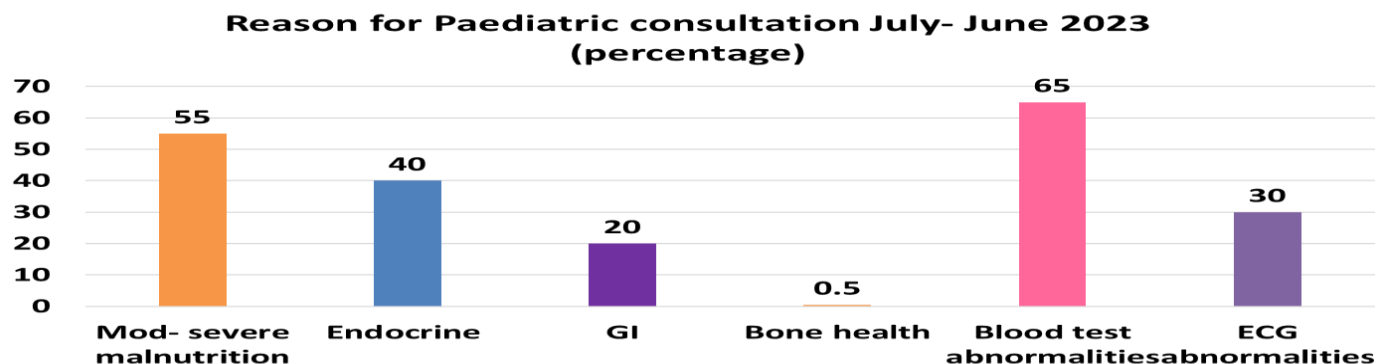
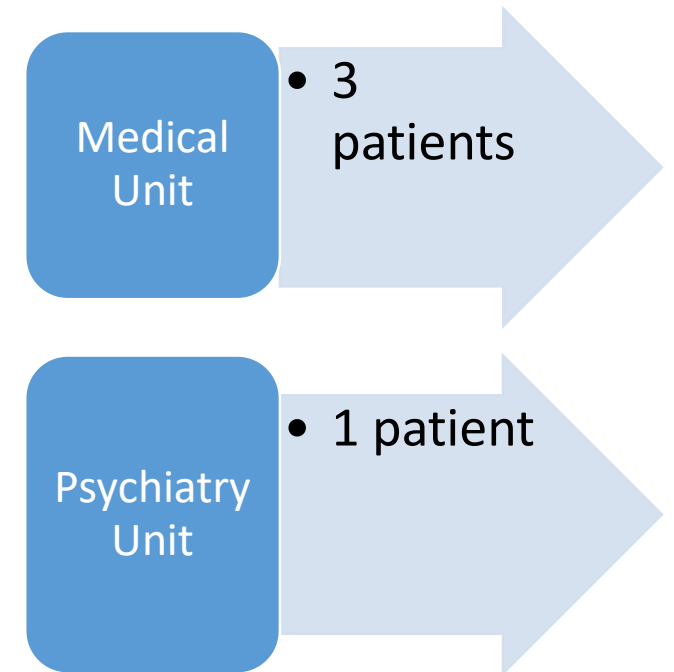
- Guideline for the Assessment and Management of Patients with Suspected or Confirmed Eating Disorders in the Emergency Department
- October 2023
- Collaboration with NCP Emergency Medicine
- Approved by Irish Association for Emergency Medicine
- MEED risk assessment framework



Integrated Care : Role of paediatrician

- CAMHS ED Team CHO 4
- WTE 0.5 consultant paediatrician Jan23
- To date 206 paed consultations

Patients transferred to in-patient Units



Paediatric Role in within outpatient CAMHS ED Teams:

- Conducting thorough medical assessments for early detection of at-risk patients.
- Providing medical psychoeducation to enhance treatment engagement.
- Implementing accelerated re-nourishment strategies by clinical and biochemical parameters.
- Integrating medical comorbidity monitoring into the overall treatment plan.
- Fostering interdisciplinary collaboration to enhance communication between medical and psychological teams.

Training and Education



- National Eating Disorder Webinar March 2022
 - Recognising and Managing Medical emergencies in eating Disorders
- 500+ attended across mental and physical healthcare settings
- Collaboration with NCP EM, Paediatrics and Acute Medicine

- Local Training and Education Initiatives

Thank You

